



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	All day breakfast	Cottage pie	Roast chicken served with roast potatoes and gravy	Savoury mince with Yorkshire pudding	Fish of the day with chips
JACKET POTATO	Jacket potato served	Jacket potato served	Jacket potato served	Jacket potato served	Jacket potato served
	with a variety of	with a variety of	with a variety of	with a variety of	with a variety of
	fillings	fillings	fillings	fillings	fillings
GRAB BAG	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection
	with fresh fruit and a	with fresh fruit and a	with fresh fruit and a	with fresh fruit and a	with fresh fruit and a
	choice of desert	choice of desert	choice of desert	choice of desert	choice of desert
DESSERT	Apple sponge served with custard	Carrot cake	Ginger biscuits	Fruit in jelly	Fruit scones
SERVED DAILY	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar





Ouench your thirst with free fresh drinking water available daily



-10F YOUR 5 A DAY



-HEALTHY OPTION