

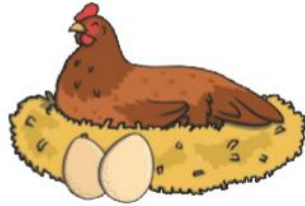
All living things **reproduce** and have **offspring**.

Some animals give birth to **live young**. Their offspring normally look like them when they are born.



Some animals lay eggs which hatch into live young. This **young** then develops into an **adult**.

When these eggs hatch, some animals look like their adult, e.g. birds and reptiles.

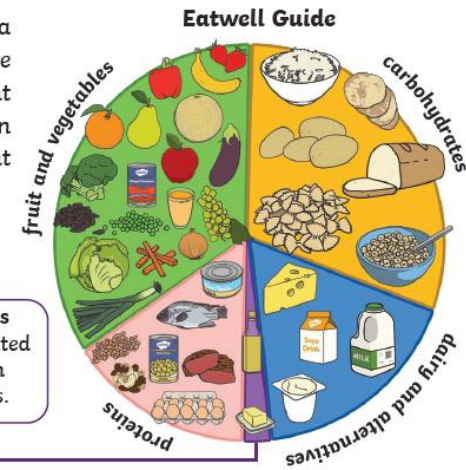


Other animals have offspring which do not look like them, e.g. fish and amphibians.



Y2 What do animals including humans need to grow and stay healthy?

To grow into a healthy adult, we must eat the right types of food in the right amount and **exercise**.

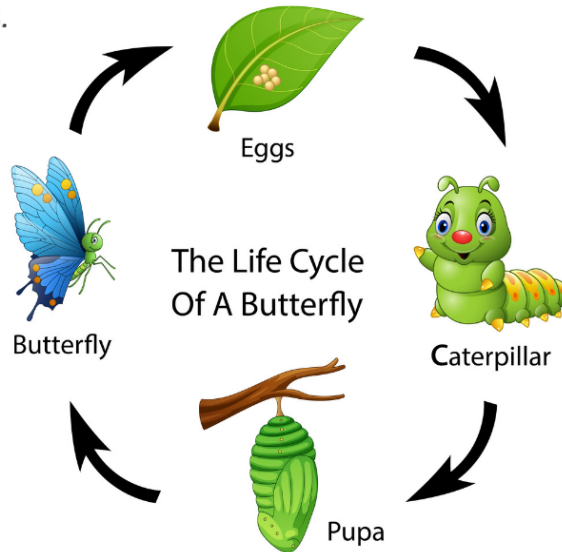
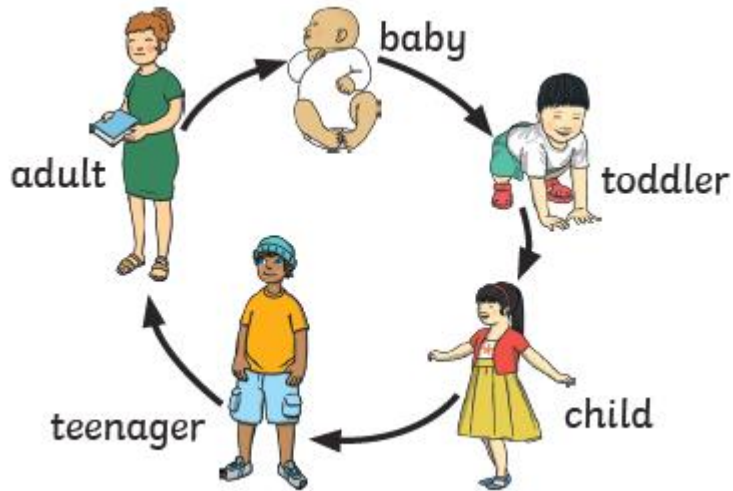


Water, lower fat milk, sugar-free drinks including tea and coffee all count. **6-8 a day**

Eat less often and in small amounts.



All young animals change at different stages as they grow into adults.



To stay alive, all animals have 3 basic needs:



Vocabulary Dozen

Fish	An animal that lives in water and has fins for swimming and gills for breathing.
Amphibians	A small animal that spends part of its life cycle in water and part of its life cycle on land, like a frog.
Reptiles	A cold-blooded animal with a skeleton inside its body and dry scales or hard plates on its skin, like a snake.
Birds	An animal with two wings, two feet, and a body covered with feathers. Most birds can fly.
Mammals	A warm-blooded animal with fur or hair on its skin and a skeleton inside its body. Humans are mammals.
Carnivores	An animal that eats the meat of other animals.
Herbivores	An animal that only feeds on plants.
Omnivores	An animal that lives on a diet of both plants and meat.
Healthy	Meaning you are well, fit and free from sickness.
Diet	The food and drink usually eaten and drunk by a person or animal.
Air	The gases that surrounds the earth.
Growth	The process of growing.