

PE TOPIC MAP



MIDDLETON PARISH
CHURCH SCHOOL

	FS1	FS2	Year 1	Year 2
Autumn 1	Stability 1 Sports Day practise Dance – Nursery Rhymes	Stability 2 (static and dynamic balance) Object manipulation 1	Invasion Games skills 2	Fundamental Movement Skills 2
Autumn 2	Gymnastics – parts high & parts low	Locomotion 2	Gymnastics – Balancing & spinning on Points & Patches Target games 2 (30 minute morning session in the hall in addition to your PE slot, Monday, Wednesday or Thursday)	Fundamental Movement Skills 3
Spring 1	Target Games 1 Dance – Jungle	Target Games 1 Gymnastics – Rocking & Rolling	Dance – Pirates Net & wall games skills 2 (30 minute morning session in the hall in addition to your PE slot, Wednesday or Friday am)	Gymnastics – Pathways, straight, zigzag & curving (Alternate) Net & Wall Game Skills 2
Spring 2	Fine motor skills Gymnastics – travelling, stopping & making shapes	Invasion Games Skills 1 Dance - seasons	Fundamental Movement Skills 2	Invasion games skills 3
Summer 1	Locomotion 1 Dance – The Circus	Movement Skills 1 Gymnastics - Flight, Bouncing, Jumping & Landing	Striking and Fielding Game Skills 1	Target Games 3 Dance – Fire of London (Alternate)
Summer 2	Yoga	Athletics 1 Net & Wall Games Skills 1	Athletics 2	Striking and Fielding Game Skills 2

	Year 3		Year 4		Year 5		Year 6	
Autumn 1	Basket	OAA	Gymnastics (Rolling & Travelling low)	Football	Dodgeball	Ultimate Frisbee	Netball	Tag Rugby
Autumn 2	Gymnastics (symmetry & asymmetry)	Hockey	Football	Gymnastics (Rolling & Travelling low)	Ultimate Frisbee	Dodgeball	Tag Rugby	Netball
Spring 1	Hockey	Gymnastics (symmetry & asymmetry)	Swimming	Swimming	Gymnastics – Synchronisation & Canon	Invasion Games Skills 4	Gymnastics – Counter balance and counter tension	Team Building and Problem Solving
Spring 2	Dance (Around the World)	Handball	Swimming	swimming	Invasion Games Skills 4	Gymnastics – Synchronisation & Canon	Team Building and Problem Solving	Gymnastics – Counter balance and counter tension
Summer 1	Handball	Dance (Around the World)	Dance - Vikings	Tri Golf	Rounder's	Tennis	Athletics	Cricket
Summer 2	OAA	Basketball	Tri Golf	Dance - Vikings	Tennis	Rounder's	Cricket Dance – Hakka (30 minute morning session in the hall in addition to your PE slot)	Athletics Dance – Hakka (30 minute morning session in the hall in addition to your PE slot)
	L	S	L	S	L	S	L	S

L and S classes will all complete the same units, however due to equipment and resource numbers, they will complete the units in opposing terms.

Hall slots	Monday	Tuesday	Wednesday	Thursday	Friday
Autumn 1		EYFS - am	Year 5 – pm		Year 4 - am
Autumn 2		EYFS – am Year 3 - pm	Year 5 – pm		Year 4 – am Year 1 – pm
Spring 1	Year 6 – am & pm	EYFS – am Year 3 - pm	Year 5 – pm	Year 2 - am	Year 1 -pm
Spring 2	Year 6 – am & pm	EYFS – am	Year 5 - pm		
Summer 1	Year 6 – am & pm	EYFS – am		Year 2 - am	Year 4 – am
Summer 2	Year 6 – am & pm	EYFS - am			Year 4 - am

Outdoor PE	Monday	Tuesday	Wednesday	Thursday	Friday
Autumn 1	Year 6 – pm	Year 3 - pm	Year 5 – 1 class pm	Year 2 – pm	Year 4 am – 1 class Year 1 - pm
Autumn 2	Year 6 – pm	Year 3 – 1 class pm	Year 5 – 1 class pm	Year 2 – pm	Year 4 am – 1 class Year 1 - pm
Spring 1		Year 3 – 1 class pm	Year 5 – 1 class pm	Year 2 – pm	Year 1 – pm
Spring 2		Year 3 – pm	Year 5 – 1 class pm	Year 2 – pm	Year 1 - pm
Summer 1	Year 6 – pm	Year 3 – pm	Year 5 – pm	Year 2 – pm	Year 4 am – 1 class Year 1 - pm
Summer 2	Year 6 - pm	Year 3 - pm	Year 5 - pm	Year 2 - pm	Year 4 am – 1 class Year 1 - pm