



**MIDDLETON PARISH
CHURCH SCHOOL**

RSE at Middleton Parish Church School

Intent, Implementation and Impact

'Excellence, Truth and Grace'



MIDDLETON PARISH CHURCH SCHOOL

RSE Intent

RSE is “learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. Some aspects are taught in Science, and others are taught as part of personal, social, health and economic education (PSHE). A comprehensive programme of RSE provides accurate information about the body, reproduction, sex and sexual health. It also gives children and young people essential skills for building positive, enjoyable, respectful and non exploitative relationships and staying safe both on and offline”. (Brook, SEF, PSHE Association, 2014:3)

At Middleton Parish Church School, we aim to provide a safe place where discussions around sensitive subjects can take place. We aim to develop children’s self-respect, confidence and empathy. We provide children with an understanding of their personal physical development, we prepare pupils for puberty and give them an understanding of sexual development and the importance of health and hygiene. We teach children the correct vocabulary to describe themselves and their bodies.

RSE Implementation

For Organisation and delivery of RSE at Middleton Parish Church School see appendices A for subject content for each year group and when it will be taught throughout the year

At Middleton Parish Church School, we deliver RSE instantaneously within EYFS with a focus on making relationships: children will learn to play co-operatively and take turns with others. They will take account of one another’s ideas about how to organise their activity. They will show sensitivity to others’ needs and feelings, and form positive relationships with adults and other children. This learning continues through their journey at Middleton Parish Church School through a cross curricular approach; through the teaching of the Science National Curriculum and the ‘SCARF’ PSHE/RSE scheme. Six key themes are taught throughout the year to each age group. RSE is mainly explored within the themes: ‘Me and My Relationships’, ‘Valuing Difference’, ‘Keeping Myself Safe’ and ‘Growing and Changing.’

Where RSE is taught within the curriculum, it will be delivered by the class teacher and therefore usually within a mixed gender class. Whilst many aspects of RSE are taught throughout the year, some specific age-related aspects (puberty, reproduction and birth) are delivered at a pre-planned point during the year, in order that parents/carers are informed and can be involved in supporting their child. This content will be delivered for Years 4, 5 and 6 and will be taught in the summer term, discretely and in single-sex groups to allow children to discuss the lesson content in a safe environment where they will not feel embarrassed or anxious during discussions. This lesson may be delivered by a specialist trainer or the school nurse with the class teacher present.

Middleton Parish Church School recognises that parents are the first teachers of their children. It is their right and responsibility to inform and educate their children in matters relating to human relationships and sexual development. We help parents in this task and seek to work in partnership with them. Parents are given the opportunity to discuss

the content of any programme of RSE that will be delivered and view resources that are planned to be used. The teaching within the Science National Curriculum is biological, and is concerned with human reproduction. Parents/carers cannot withdraw their child from this work.

However, parents/carers do have the right to withdraw from the Year 6 lessons covering the content of conception taught in the summer term. Requests for withdrawal need to be addressed to the head teacher and completed on the attached form appendix B. Alternative work will be given to the pupils who are withdrawn from the lessons. Withdrawal could have detrimental social and emotional effects on the child as well as the likelihood of the child hearing their peers' version of what was said in classes, rather than what was said directly by the teacher. If the parent wishes to continue with the withdrawal, the head teacher will grant a request to withdraw the child from any sex education, other than that of the Science Curriculum. School will document this process to ensure a record is kept.

Pupils will learn from an early age that there are many different types of family. In KS2, pupils will be taught that the term relationship may refer to two people of the same or different: gender, ethnicity, religion/belief, or ability/disability. The promotion of any type of relationship shall not occur.

RSE will be accessible to all children at Middleton Parish Church School, therefore planning and resources will be differentiated where deemed necessary for children with special educational needs to equip them appropriately for adulthood outcomes.

A safe, open and trusting environment is vital to ensure the successful teaching and learning of RSE. Children at Middleton Parish Church School will establish rules for PSHE/RSE lessons at the beginning of the year and refer to them at the start of each lesson. Children are always encouraged to ask questions within lessons, however to prevent children feeling anxious or embarrassed within particular RSE lessons, the opportunity to write questions down and pass to the teacher is promoted. This also allows the teacher time to respond honestly and with a degree of detail appropriate to the child's age and stage of development. If necessary the teacher will deal with questions on an individual basis after the lesson, or where questions require a response that goes beyond the prescribed programme of study for the year group, they are encouraged to ask the question at home. We are aware that this question and answer method could also potentially lead to a disclosure of a safeguarding issue therefore it is important for pupils to understand that staff cannot necessarily maintain absolute confidentiality. Children may be informed that confidential disclosures and secrets cannot necessarily be kept. When there is a disclosure by a child which carries Child Protection implications, staff are required to inform the Head teacher or DSLs who must then take appropriate action following the school's Safeguarding Policy.

RSE Impact

Through the delivery of RSE with the support of Scarf children will develop a good sense of self respect, confidence and empathy towards others. Our children will be able to establish good positive relationships with others and identify characteristics of bad relationships. Our children will have a good understanding of their physical development and be prepared for puberty. Our children will be aware of the correct vocabulary to describe themselves and their bodies. They will also understand the importance of personal health and hygiene.

Appendix A



Relationships Education Lesson Plan Grid inc. non-statutory Sex Education Map of SCARF lesson plans that ensure schools meet the requirements of the DfE draft Primary Relationships Education curriculum, and also National Curriculum Science.

Please note: the full SCARF resource provides further relevant lesson plans across all year groups, building the essential foundations of effective Relationships Education and Health Education including: communication skills, anti-bullying, assertiveness, managing risk etc.

SCARF units	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Me and My Relationships (DfE category: Families and people who care for me, Respectful relationships, Caring friendships)	Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends	How are you feeling today? Being a good friend Let's all be happy	My special pet Looking after our special people Friends are special	Ok or not ok (1) Ok or not ok (2) When feelings change Under pressure	How good a friend are you? Relationship cake recipe	Solve the friendship problem Assertiveness Don't force me Acting appropriately
Valuing Difference (DfE category: Respectful relationships)	Same or different? Who are our special people?	What makes us who we are? How do we make others feel? My special people	Family and friends Let's celebrate our differences Zeb	Islands Friend or Acquaintance That is such a stereotype	Qualities of friendship Happy being me Is it true?	Ok to be different We have more in common than not Advertising friendships! Boys will be boys? -challenging stereotypes
Keeping Myself Safe (DfE category: Being safe, Respectful relationships, Online relationships)	Who can help? (1) Harold loses Geoffrey Good or bad touches	How safe would you feel? What should Harold say? I don't like that Fun or not? Should I help? Some secrets should never be kept	None of your business! Raisin Challenge (1)	Keeping ourselves safe Raisin Challenge (2)	Decision dilemmas Would you...?	Traffic lights To share or not share? Joe's story (part 2)
Rights and responsibilities (DfE category: Being safe)		Feeling safe	I am fantastic!	Who helps us keep healthy and safe? What makes me ME!	Independence and Responsibility Star qualities	Facebook Friends What's the risk (2)
Being my best (DfE category: Being safe)						
Growing and changing (DfE categories: Respectful relationships, Online relationships, Being safe)	Taking care of a baby Then and now Surprises and secrets Keeping privates private	Haven't you grown! My body, your body Respecting privacy	Relationship Tree Body Space Secret or surprise? My changing body	My feelings are all over the place! All change! Period positive Secret or surprise Together	How are they feeling? Taking notice of our feelings Growing up and changing bodies Changing bodies and feelings Help I'm a teenager, get me out of here! Stop, start stereotypes	I look great! Media Manipulation Is this normal? Making babies What is HIV?

Appendix B Parent Form

To be completed by Parents and Carers

<u>Name of child</u>		<u>Class</u>	
<u>Name of parent</u>		<u>Date</u>	

Reason for withdrawing from RSE lessons

Any other information you would like the school to consider

