



Affordable Food Club

Do you live in Freshbrook or Grange Park and have a household income of £22,000 or less?
Struggling to make ends meet? Then, this could be for you.

Connect 3:16 based in Freshbrook Church have launched **Affordable Food Club**. It is open every Monday from 10am to 12 noon and every Thursday from 2pm to 4pm.

An Affordable Food Club provides access to nutritious food for a fraction of what items would cost in a regular supermarket. This should be seen as a top up shop as the variety of items available will be more limited than a regular supermarket and dependent upon supply.

There will be a six-month membership fee to join the 'AF' Club, at the minimal cost of between £1-£5 per household, dependent on size of family.

As a member each time you visit, you decide how much you want to spend and this money is exchanged for points. 1 point = 25p, 2 points = 50p etc. As a member, you will gain a discount of between one-third and two-thirds, compared with what you would pay in a regular supermarket. For example, a jar of coffee which would normally cost £3.00, would cost the member 4 points.

Any unused points can be carried over to your next visit. As a member, you could utilise this system to purchase points in bulk upon receipt of your benefits or wages and return to the Club throughout the month when required.

When available, additional items including fruit and vegetables and any items nearing their expiry date will be offered free of charge.

If you are interested in becoming a member, please email Laura connect316@freshbrook.org or call 01793 873050 and leave a message with your name and contact number.