

# Aspire 2020 MA Taekwon-do CLASSES

Any age, gender  
or ability

Classes held at :  
West Swindon - Millbrook Primary School  
North Swindon - William Morris Primary  
School



## TAEKWON-DO CLASSES

- ✓ GAIN CONFIDENCE
- ✓ IMPROVE FITNESS
- ✓ ACHIEVE YOUR HIGHEST GOALS
- ✓ INCREASE SELF DISCIPLINE
- ✓ REDUCE STRESS
- ✓ BUILD A WINNING SPIRIT

Free trial session  
Free insurance for 1 month  
Free white uniform following registration  
No joining fee

MORE INFO:

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