

Are you worried about rising household costs?



The Advice & Financial First Aid team from Citizens Advice, will be holding monthly drop-in advice sessions, at Freshbrook Church.

We are at Freshbrook Church the 1st Tuesday of every month. Our first session is 1st of November between 10 to 1pm.

Come and speak to one of our Financial First Aiders

Where possible, we can help you:

- Increase your income through unclaimed benefits or grants*
- Reduce your outgoings through budgeting, access to lower social tariffs and savvy shopping*
- Reduce energy usage*
- Access debt advice*
- Access emergency food or fuel vouchers*