

# CYCLING AT MOREDON

# Main Cycle Track

## Easter Holidays (30<sup>th</sup> March - 12<sup>th</sup> April)

	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30						
Mon 30th	Cycle 4 Fitness		Limitless Adults					Just for Fun		Family Cycling			Cycle 4 Fitness															
Tue 31st	Cycle 4 Fitness		Just for Fun			Lunchtime Learn to Cycle (adults)		Family Cycling			Kid's learn to Cycle Sessions				First Gear		Triathlon Club Night											
Wed 1st	Limitless Family		OK4U		Just for Fun			Family Cycling			Cycle 4 Fitness				Adult Club Night		Palmer Park											
	SEN learn to cycle							Kid's learn to Cycle Sessions																				
Thu 2nd	Cycle 4 Fitness		Limitless Adults		Just for Fun			Sanctuary Cycling		SEN Learn to Cycle		Cycle 4 Fitness		First Gear		Running Club		Cycle Stars										
Fri 3rd	Centre Closed - Good Friday																											
Sat 4th	British Triathlon Training Camp						Family Cycling			Limitless Family			Cycle 4 Fitness															
Sun 5th	Centre Closed - Easter Sunday																											
Mon 6th	Centre Closed - Easter Monday																											
Tue 7th	Cycle 4 Fitness		Just for Fun			Lunchtime Learn to Cycle (adults)		Family Cycling			Kid's learn to Cycle Sessions				First Gear		Triathlon Club Night											
Wed 8th	Pedal & Pastries		OK4U		Just for Fun		Cycle 4 Fitness										Adult Club Night		Palmer Park									
Thu 9th	Cycle 4 Fitness		Limitless Adults		Just for Fun		Just for Fun			Cycle 4 Fitness				First Gear		Running Club		Cycle Stars										
Fri 10th	Family Cycling			Limitless Cycle 4 Fitness			Just for Fun		Cycle 4 Fitness																			
Sat 11th	First Gear		Cycle 4 Fitness		South West Duathlon Event																							
Sun 12th	Cycle 4 Fitness		Cycle Improvers		Cycle 4 Fitness																							
	<table border="1"> <tr> <td>Bring your own bike</td> <td></td> </tr> <tr> <td>Facilitated or coached session - bikes available</td> <td></td> </tr> <tr> <td>Private group session</td> <td></td> </tr> </table>																						Bring your own bike		Facilitated or coached session - bikes available		Private group session	
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**Cyclocross Area**

Saturdays  
2-3.30pm  
Cotswold Veldrijden  
Mini Racers

**MSH Mini Roads**

Fox Cycling sessions  
1st, 7th, 11th &  
12th April

FREE to use any  
other time

**Pump Track**

BMXercise  
14th March 9-10am

Wingz  
14th March 10.15- 11am



For more information or to book a session see our website:  
[www.centrawindonnorth-pc.gov.uk/moredon-sporting-hub](http://www.centrawindonnorth-pc.gov.uk/moredon-sporting-hub)

Alternatively email via [moredon@centrawindonnorth-pc.gov.uk](mailto:moredon@centrawindonnorth-pc.gov.uk)  
or call us on **01793 466499**





### CYCLE 4 FITNESS

Enjoy cycling round our track.  
Adults - £5 Children - £4 Family - £16



### FIRST GEAR

Enjoy discounted track usage.  
Adult/Child - £2.50



### FAMILY CYCLING

Exclusive use of traffic-free track for kids and their families.  
Great time to practice.  
Children - £5.50 (1 Adult FREE), Extra Adult £5.50



### LUNCHTIME LEARN TO CYCLE AND RUSTY RIDERS

Learn to ride or develop your confidence.  
Adults - £6 Children - £5



### LIMITLESS ADULTS

Inclusive cycling with adapted cycles for people with disabilities and long-term health conditions.  
Adults - £5.50 - Support Workers - FREE



### LIMITLESS CYCLE 4 FITNESS

Non-supported inclusive cycling, adapted cycles available to people signed off to use them.  
Adults - £5.50 Support Workers - FREE



### LIMITLESS FAMILY

Inclusive cycling with adapted cycles for SEND families.  
Children - £4.50 (1 Adult Free), Extra Adult - £5.50  
Support Workers - FREE



### WINGZ BMX

Fun, friendly coached SEN BMX sessions for under 16's on the Pump Track.  
Children - £5.00



### BMXERCISE

Fun, friendly coached BMX sessions for women and teenage girls on the Pump Track.  
Adults/Children - £5.00



### KID'S LEARN TO CYCLE & SKILLS

Group sessions to help children learn to ride or develop their confidence. Dedicated SEN learn to ride sessions available.  
Children - £5.00



### KNOBBLY TYRES MTB

Mountain bike skills sessions for 6-16yr olds on the Cyclocross course. Mixed & Girl's only sessions available.  
FREE - £8



### JUNIOR DEVELOPMENT NIGHT

Coach led cycling skills sessions for 5-16yrs on the traffic-free cycle track.  
£3 - £6



### CV MINI RACERS

Cyclo-Cross coaching for 5-16yrs on the Cyclocross course.  
£3



### CYCLETOTS

Fun games on balance bikes for 2-5yrs.  
PAYG £8.50 Term - £42.50



### PEDAL READY ASSESSMENTS

1:1 session to find out how ready your child is to learn to cycle.  
£15.00



### BIKE SIZING

Help finding the right size bike for your child.  
FREE



### CYCLEKIDS

1:1 learn to cycle sessions for kids.  
£99.00



### CYCLE IMPROVERS

Fun group classes to help children improve their cycle skills.  
FREE