PGL Residential Kit List 2023

This list is a suggested kit list, please ensure you have plenty of **spare clothing** due to the nature of activities and the weather, clothes can get wet so it's important to bring enough to ensure a dry set is available for the evenings. **Weather** is unpredictable at the best of times, so please ensure you bring appropriate clothing for all weather.

- Sleeping bag and pillow (putting the pillow in a named plastic bag will protect it during transport on the coach)
- Small rucksack
- Named water bottle
- Suitcase or holdall
- Pyjamas
- At least 3 pairs of leggings/tracksuit bottoms/cut off or cargo trousers (absolutely no jeans) for activities
- T-shirts
- Plenty of socks and underwear
- Swim wear
- 2 pairs of trainers (1 old pair for wet activities)
- Daps/slippers/comfortable shoes for indoors
- Waterproof jacket
- 2 warm jumpers or fleeces
- Sun hat and sun cream
- Toiletries (toothpaste, toothbrush, soap/shower gel, shampoo, hairbrush, **roll-on deodorant**)
- 2 large towels
- Teddy and reading book/magazine/comic
- **Labelled plastic bag/bin liner to bring home wet/smelly washing**

- **Money:** there is a small shop on site, which sells souvenirs etc. Children should bring no more than £5 which should be kept in a named wallet/purse in your child's bag and is their responsibility.
- **Children should not bring mobile phones, i-pods or any other form of electronic equipment or games.** Of course cameras are allowed, but are the children's responsibility. We do not encourage children to contact home except in extreme circumstances. Daily updates are sent out by text.

- On the Friday, children will need a snack, packed lunch and drink (no fizzy drinks) in a carrier bag which they will carry in their rucksacks for the journey to Beam House