

## What is volunteering?

Volunteering is supporting an organisation or group unpaid, with the aim of benefiting your community or others.

Everyone has the right to volunteer. Volunteers can be any age and from any background. Volunteers are not employees and are not protected by employment laws.



## Contact us

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# Volunteering Swindon

A service by  Voluntary Action Swindon

Supporting you to  
find the right  
volunteering  
opportunity.

## Supporting you into Volunteering

We can help you find an organisation that will fit your volunteering needs, whether this is long or short-term.

Contact us by email or phone to chat about what you would like to undertake while volunteering, this can then be matched to an organisation that can support you.

## How can I find out what volunteer roles there are?

You can visit our website by scanning the QR code below with your phone to be taken to our website where there are lots of opportunities from organisations across Swindon.



Visit our website

## Voluntary work can offer:

- A structure to the day
- A change to a persons status
- A sense of identity
- Involvement in the community
- A sense of achievement
- A chance to build confidence
- A chance to gain new skills

## Voluntary work cannot offer:

- A paid job
- The promise of a job
- Money, other than reimbursement of out of pocket expenses

