

Year 1/2

Section A - Reactions to Risk

1. To identify a range of familiar situations which might entail risk and identify associated emotions. (MW)

Section B - Strategies in Risky Situations

2. To know basic personal information and know when they might need to give it. (BFA)
3. To understand the range of people who can help in an emergency and how to call them. (BFA)
4. To develop knowledge and skills to stay safer when they are lost. (BS)

Section C - Safety Contexts

5. To describe what makes a physically safer place to play. (MW)
6. To reflect on the benefits of being a road user, to identify some dangers and understand how to stay safer as a pedestrian and car passenger. (MW)
7. To describe the benefits of being outside and to know how to keep safer in the sun. (HP/MW)
8. To identify familiar places where they enjoy being near water and to know how to keep safer. (MW)

Section D - Basic First Aid and Preventing Accidents

9. To know how to reduce risk and keep myself safer in a variety of situations.
10. To recognise familiar situations where they can offer help. (BFA)

Managing Risk

Healthy & Safer Lifestyles

Managing Safety and Risk

- What are risky situations and how do they make me feel? MW
- **What is my name, address and phone number and when might I need to give them? BFA**
- **What is an emergency and who can help? BFA**
- What makes a place or activity safe for me? MW
- What are the benefits and risks for me when walking near the road, and how can I stay safer? MW
- **What are the benefits and risks for me in the sun and how can I stay safer? HP**
- What do I enjoy when I'm near water and how can I stay safer? MW
- **What are the risks for me if I am lost and how can I get help? BS**
- **How can I help to stop simple accidents from happening and how can I help if there is an accident? BFA**

- Risky situations
- Emotions associated with risk
- Basic personal information
- Asking for & giving help in an emergency
- Safety eyes & ears
- Road safety
- Travel to & from school
- Rules for keeping safer
- Sun safety
- Water safety
- Keeping safe from accidents