



Key Stage 1&2 orders for primary schools
 Meals are FREE for key stage 1 pupils and Charged at £2.70 a meal for key stage 2 pupils.
 Cheques payable to KINGSMEAD SCHOOL.

PUPIL NAME.....CLASS..... Amount Enclosed £..... No. of Meals ordered.....

Week: 2 nd November 2020		Week: 9 th November 2020		Week: 16 th November 2020	
Monday		Monday		Monday	
Pork Meatballs in a Tomato & Vegetable Sauce with Wholemeal Pasta	1	Sausage & Mash with Peas, Carrots & Gravy	1	Chicken Goujons with Cube Potatoes & Peas	1
Quorn Meatballs in a Tomato & Vegetable Sauce with Wholemeal Pasta	V	Quorn Sausage & Mash with Peas, Carrots & Gravy	V	Cheese & Tomato Quiche with Cube Potatoes & Peas	V
Creamed Rice Pudding	A	Cheese & Crackers	A	Blueberry Muffin	A
Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B
Tuesday		Tuesday		Tuesday	
Chicken Curry served with Naan Bread & Wholemeal Rice	1	Cottage Pie with Swede & Green Beans	1	Beef & Vegetable Spaghetti Bolognese with Garlic Bread	1
Vegetable & Lentil Curry served with Naan Bread & Wholemeal Rice	V	Quorn Pie with Swede & Green Beans	V	Vegetable Spaghetti Bolognese with Garlic Bread	V
Apple Crumble & Custard	A	Peaches & Ice Cream	A	Chocolate Sponge with Custard	A
Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B
Wednesday		Wednesday		Wednesday	
Roast Pork with Roast Potatoes & a Selection of Vegetables	1	Roast Beef, & Yorkshire Pudding with Roast Potatoes & a Selection of Vegetables	1	Roast Chicken with Roast Potatoes & a Selection of Vegetables	1
Roast Quorn Fillet with Roast Potatoes & a Selection of Vegetables	V	Roast Quorn Fillet with Roast Potatoes & a Selection of Vegetables	V	Roast Quorn Fillet with Roast Potatoes & a Selection of Vegetables	V
Fruit Flapjack	A	Cookie	A	Shortbread	A
Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B
Thursday		Thursday		Thursday	
Beef & Tomato Lasagne with Peas, Sweetcorn & Garlic Bread	1	Chicken & Sweetcorn Pasta Bake with Crusty Bread Roll & Peas	1	Cheeseburger with Potato Rosti & Sweetcorn	1
Quorn & Vegetable Lasagne with Peas, Sweetcorn & Garlic Bread	V	Macaroni Cheese with Salad	V	Vegetable Bean Burger with Potato Rosti & Sweetcorn	V
Pineapple Upside Down Cake & Custard	A	Sponge with Custard	A	Fruit Salad & Jelly	A
Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B
Friday		Friday		Friday	
Fish Fingers with Potato Wedges & Baked Beans	1	Salmon Fish Cake with Potato Wedges & Baked Beans	1	Fish Fillet with Potato Wedges & Baked Beans	1
Margarita Pizza with Potato Wedges & Baked Beans	V	Vegetable Fingers with Potato Wedges & Baked Beans	V	Cheese & Tomato Panini with Salad & Potato Wedges	V
Rice Crispy Cake	A	Fruit Smoothie	A	Ice cream	A
Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B

Circle **O** your choice of either 1, V,2 and either A or B

Special dietary requirements can be catered for. Please contact your child's School in the first instance. **Allergy**

Advice: your child's School holds information on allergens contained within the Key Stage 1 & 2 menus.

50/50 bread is also made available daily.

For any cancellations, changes or feedback on meals please email: kitchen@kingsmead-school.com

Please return order forms by: Monday 12th October



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Week: 23 rd November 2020		Week: 30 th November 2020		Week: 7 th December 2020	
Monday		Monday		Monday	
Pork Meatballs in a Tomato & Vegetable Sauce with Wholemeal Pasta	1	Sausage & Mash with Peas, Carrots & Gravy	1	Chicken Goujons with Cube Potatoes & Peas	1
Quorn Meatballs in a Tomato & Vegetable Sauce with Wholemeal Pasta	V	Quorn Sausage & Mash with Peas, Carrots & Gravy	V	Cheese & Tomato Quiche with Cube Potatoes & Peas	V
Creamed Rice Pudding	A	Cheese & Crackers	A	Blueberry Muffin	A
Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B
Tuesday		Tuesday		Tuesday	
Chicken Curry served with Naan Bread & Wholemeal Rice	1	Cottage Pie with Swede & Green Beans	1	Beef & Vegetable Spaghetti Bolognese with Garlic Bread	1
Vegetable & Lentil Curry served with Naan Bread & Wholemeal Rice	V	Quorn Pie with Swede & Green Beans	V	Vegetable Spaghetti Bolognese with Garlic Bread	V
Apple Crumble & Custard	A	Peaches & Ice Cream	A	Chocolate Sponge with Custard	A
Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B
Wednesday		Wednesday		Wednesday	
Roast Pork with Roast Potatoes & a Selection of Vegetables	1	Roast Beef, & Yorkshire Pudding with Roast Potatoes & a Selection of Vegetables	1	Roast Chicken with Roast Potatoes & a Selection of Vegetables	1
Roast Quorn Fillet with Roast Potatoes & a Selection of Vegetables	V	Roast Quorn Fillet with Roast Potatoes & a Selection of Vegetables	V	Roast Quorn Fillet with Roast Potatoes & a Selection of Vegetables	V
Fruit Flapjack	A	Cookie	A	Shortbread	A
Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B
Thursday		Thursday		Thursday	
Beef & Tomato Lasagne with Peas, Sweetcorn & Garlic Bread	1	Chicken & Sweetcorn Pasta Bake with Crusty Bread Roll & Peas	1	Cheeseburger with Potato Rosti & Sweetcorn	1
Quorn & Vegetable Lasagne with Peas, Sweetcorn & Garlic Bread	V	Macaroni Cheese with Salad	V	Vegetable Bean Burger with Potato Rosti & Sweetcorn	V
Pineapple Upside Down Cake & Custard	A	Sponge with Custard	A	Fruit Salad & Jelly	A
Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B
Friday		Friday		Friday	
Fish Fingers with Potato Wedges & Baked Beans	1	Salmon Fish Cake with Potato Wedges & Baked Beans	1	Fish Fillet with Potato Wedges & Baked Beans	1
Margarita Pizza with Potato Wedges & Baked Beans	V	Vegetable Fingers with Potato Wedges & Baked Beans	V	Cheese & Tomato Panini with Salad & Potato Wedges	V
Rice Crispy Cake	A	Fruit Smoothie	A	Ice cream	A
Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B	Fresh Fruit or Yoghurt	B

Circle **O** your choice of either 1, V,2 and either A or B

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