



## Milverton Community Primary and Pre-School

### Nappy Changing

Policy written: January 2021

Review date: January 2022

#### Policy Statement

No child is excluded from participating in Pre-School who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### Procedures

- We have a list of personalised changing care for the children in our care who are in nappies or 'pull-ups'; and change nappies every 3 hours, or more frequently where necessary.
- We encourage children to wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes. There is an under the sea mural to grab the child's attention.
- Each child has their own basket to hand with their nappies or pull ups and changing wipes if they provide them for us to keep at Pre-School or kept in bags if parents prefer to bring them daily.
- Our staff put on gloves and aprons before changing starts and the areas are prepared. Gloves are not always required for a wet nappy where there is no risk of

infection, however, gloves are always available for those staff who choose to wear them. Gloves are always worn for a 'soiled' nappy.

- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. The soiled nappies are bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. It is stated in the 'non negotiables' of staff that they are to change nappies at least every 3 hours.