

PE Lesson coverage 2021-22

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>R</b>	REAL PE Unit 1	REAL PE Unit 2	REAL PE Unit 3	REAL PE Unit 4	REAL PE Unit 5	REAL PE Unit 6
During the year the following will be covered in EYFS	Multi skills including orienteering	Dance	Gymnastics	Gymnastics	Athletics/ strike & field skills Geared towards sports day	Skip 2BFit challenge
	Bikeability	Bikeability	Bikeability	Bikeability	Bikeability	Bikeability
<b>1</b>	REAL PE Unit 1	REAL PE Unit 2	REAL PE Unit 3	REAL PE Unit 4	REAL PE Unit 5	REAL PE Unit 6
	Multi skills including orienteering	Dance	Gymnastics	Gymnastics	Athletics/ strike & field skills Geared towards sports day	Athletics/ strike & field skills Geared towards sports day
<b>2</b>	REAL PE Unit 3	REAL PE Unit 4	REAL PE Unit 4/5	REAL PE Unit 5	REAL PE Unit 6	Skip 2BFit challenge
	Multi skills including orienteering	Dance	Dance/ Gymnastics	Gymnastics	Gymnastics/ Athletics	Athletics/ strike & field skills Geared towards sports day
<b>3</b>	swimming	swimming	REAL PE Unit 1	REAL PE Unit 2	Athletics Geared towards sports day	REAL PE Unit 3 & Skip 2BFit challenge
Premier Sport	Orienteering	Invasion games	Dance (Quest linked)	Gymnastics	Strike and field	Net and wall
<b>4</b>	REAL PE Unit 4	REAL PE Unit 5	Swimming – not done REAL PE Unit 6	swimming	swimming	Athletics Geared towards sports day Skip 2BFit challenge
Premier Sport	Orienteering	Invasion games	Dance (Quest linked)	Gymnastics	Strike and field	Net and wall
<b>5</b>	REAL PE Unit 1	REAL PE Unit 2	REAL PE Unit 3	Invasion Games	Athletics Geared towards sports day	Skip 2BFit challenge
Premier Sport	Orienteering	Invasion games	Dance (Quest linked)	Gymnastics	Strike and field	Net and wall
<b>6</b>	REAL PE Unit 4	REAL PE Unit 5	REAL PE Unit 6	Invasion Games	Athletics Geared towards sports day	Skip 2BFit challenge <i>Extra Swimming?</i>
Premier Sport	Orienteering	Invasion games	Dance (Quest linked)	Gymnastics	Strike and field	Net and wall

**REAL PE:** develops fundamental skills required to participate in other sports.

### **Inter-house competitions**

**Premier Sport KS2:** Christina will include a half termly inter-house competition within her lessons.

**KS1:** We can decide on which half termly inter-house competition we would like to do.

**Golden Mile:** Can all teachers ensure that the children have plenty of opportunity to do the GM. Christina will use a small group of Year 5 children to monitor the GM scores and put up a weekly class leader board on the school sports display. We will also be in competition with another school.

**Enrichment:** Christina is also being employed on Tuesday afternoons. Her time will be used for enrichment opportunities for the children.

Subject leaders will be given a Tuesday afternoon to focus on their subject. During this time their class will have the enrichment session by Christina for the whole afternoon. This session will include learning and practising the skills and ending with an inter-house competition. The amount of enrichment sessions your class will receive depends on the number of subjects you lead in. Any enrichment sessions will be reported on the Friday Flyer & Sports Board.

*Timetable tbc.*

### **Suggested enrichment activities:**

KS1 & EYFS: tri-golf, soft fencing, soft archery, gym & dance, curling & boccia

KS2: foil fencing, lacrosse, tri-golf, kinball, curling & boccia

**Club links:** Christina will sign post children to clubs linked to the enrichment sessions. We may also be able to invite people in from the clubs to do presentations or additional enrichment sessions to promote the clubs and make significant links. This information will be put on the Friday Flyer & Sports Board..

**School games day(s):** In the summer term a games day will be organised to include some of the enrichment sessions covered, adding the whole school inter-house competition element.

**Sports day:** A sports day will be organised for near the end of the summer term. This will be a house competition, where children from Year 6 – YR will compete in house teams. Parents are invited to attend. *Any suggestions on how/ what to do will be greatly received.*

**Lunchtimes:** We are still developing the idea of Christina running lunchtime clubs. She will continue with KS1 on Thursdays between 12.30 and 1.00. She is hoping to run a lunchtime club with Y5&6 during the two days she is timetabled on duty. She is going to select some Y6 Sports Leaders to help run the clubs & eventually they will take over the running of them completely.

**Sports board:** Christina has offered to help me oversee the Sports Board with the help of some Year 5 children. It will be divided into 4 sections:

**Golden mile, Inter-house, Enrichment & Out of school events**

**Golden mile** – this will include an up to date class leader board & the half termly results of competition with other local schools.

**Inter-house** – the results of any inter house competition will be posted here along with some photos.

**Enrichment** – Christina & I are planning on adding photos of the enrichment sessions that take place.

**Out of school events** – this section will include information, photos etc of any CVLs attended, club links (some linked to enrichment sessions), external events etc