



Milverton Community Primary and Pre-School EYFS Physical Activity Leaders and their Job Role.

Introduction:

Milverton Community Primary and Pre-school have identified Charlotte Pringle-Kosikowsky and Rachel Andrews as the pre-school physical activity leaders. This document details the roles and responsibilities of the physical activity leader at Milverton Community Primary and Pre-School.

Physical Activity Leader Responsibilities:



Keep an eye out for physical activity CPD opportunities for practitioners



Spread physical activity information on display boards or online platforms



Physical Activity Policy - complete and continually review the settings PA policy



Encourage equipment to be used as much as possible and stored safely



Take lead for the settings EYFS Physical Activity Audit



Engage with families to find out what PA opportunities they would enjoy

Additional responsibilities of a physical activity leader may include:

- Organise and be the point of contact for adult led physical activity sessions
- Ensure all staff are aware of the requirements
- Organise any physical activity interventions
- Keep up to date with relevant CPD training

Practitioner Responsibilities:

While our physical activity leaders support us with our physical activity at Milverton Pre-School, we understand that it is important for all practitioners to champion physical activity; we encourage this by asking all staff to:



Role model being active and set a positive example towards physical activity



Have an understanding of the recommended physical activity levels for EYFS



Encourage children to be active and less sedentary

Other roles and responsibilities for practitioners may include:

- Making families as aware as possible of activities when communicating.
- Run and be enthusiastic in daily adult led physical activities such as dough disco, squiggle while you wiggle and golden mile.
- Follow the planned activities as instructed on our planning.
- Complete physical interventions that are planned by the physical activity leaders.

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