#### Year 1 TIMETABLE (8<sup>th</sup> June)

We loved our Zoom call with those of you who were able to make it! It was lovely to see your smiling faces. If anyone that was not on the call would like to organise one then please let us know and we will try to arrange this <sup>(2)</sup> This week quite a few of the activities are computer based. If you are struggling with this/don't have the devices to go around please don't worry. Mrs Atterton will put a bulk load of stories, with non-computer based activities to do, on her YouTube page!

We absolutely love hearing from you all via e-mail so please keep sending us messages, photos and videos, it keeps us connected. 😒



If you haven't already seen Mrs Atterton's message (from just before half-term) please do check it out at: https://www.youtube.com/watch?v=891uztkx01Q

# Keeping active is great for our bodies and our minds. Here are some new things you might like to try:

SASP athletics (see resources)

The iMovement https://imoves.com/the-imovement

GoNoodle https://www.gonoodle.com/

#### KEEP AN EYE ON MRS ATTERTON'S YOUTUBE CHANNEL FOR NEW STORIES TO LISTEN TO AND CHARLIE AND THE GREAT GLASS ELEVATOR! https://www.youtube.com/channel/UCcztW-wza6fuVkxeJUo\_MRA

For further reading opportunities explore Epic: <u>https://www.getepic.com/</u> (this is the site Mrs Atterton uses in class – the one that we all quiz on)

	<b>English (45 minutes – 1 hour)</b> This week we are going to practise some important Year 1 skills	Maths (45 minutes - 1 hour) This week we are going to look at numbers up to 100!	Other	Ongoing
Day 1	The days of the week are so important. They keep us on track and help us know what we need to do and when. In Year 1 we learn how to spell them and in what order they come. Have a go at: <u>https://www.bbc.co.uk/bitesize/articles/z</u> <u>m9hscw</u> There are lots of fun activities to have a go at.	To recognise, read and write numbers to 100 Have a look at: <u>https://www.thenational.academy</u> <u>/year-1/maths/to-recognise-read- and-write-numbers-to-100-year-1- wk3-1#slide-2</u> Work through the lesson.	Music Sit back, relax and listen to David Walliam's podcasts: <u>http://marvellousmusicalpodcast.com/</u> Have a go at one of the classroom quizzes to test your knowledge!	Spellings:   Monday   Tuesday   Wednesday   Thursday   Friday   Reading:   10 minutes to an adult   Phonics:   Take on Mrs Atterton's phonics   challenge:   https://www.youtubo.com/wate
				https://www.youtube.com/watc h?v=xalmSvYiUN8

	You are all getting very good at remembering	To explore the components of	Computing	Spellings:
Day 2	your phonics when you write. Keep up the	numbers within 100	Ever wanted to make a computer game?	Spelling challenge this week: Can
	practice here:			you show off your most creative
	https://www.bbc.co.uk/bitesize/articles/zd	Have a look at:	Have a look at:	way of making your spellings? Send
	<u>fr92p</u>	https://www.thenational.academy	https://www.bbc.co.uk/bitesize/articles/z	us photos to inspire us!
		/year-1/maths/to-explore-the-	<u>kxybdm</u>	Reading:
	There's a fun game to play!	components-of-numbers-within-	and have a go at the activities.	10 minutes to an adult
		<u>100-year-1-wk3-2</u>		
				Phonics:
		Work through the lesson.		Take on another of Mrs Atterton's
				phonics challenges:
				https://www.youtube.com/watc
				<u>h?v=9o4URhzt5tE</u>

Day 3	Today we're going to practise some of our reading skills. Pay close attention so that you can have a go at the activities: <u>https://www.bbc.co.uk/bitesize/articles/z7</u> <u>f2xyc</u>	To explore the components of numbers within 100 Have a look at: <u>https://www.thenational.academy</u> <u>/year-1/maths/to-explore-the-</u> <u>components-of-numbers-within-</u> <u>100-year-1-wk3-3</u> Work through the lesson.	Science/Geography What do we know about the weather? Find out here: https://www.thenational.academy/year- 1/foundation/what-do-we-know-about- the-weather-year-1-wk1-3#slide-3 Work through the lesson.	Spellings:Spelling challenge this week: Can you show off your most creative way of making your spellings? Send us photos to inspire us!Reading: 10 minutes to an adultPhonics: Take on another of Mrs Atterton's phonics challenges: https://www.youtube.com/watc h?v=kHUsJXY4m4k
Day 4	Today we're going to have some fun with exclamation marks! <u>https://www.bbc.co.uk/bitesize/articles/z7</u> <u>ms3dm</u>	To apply knowledge of number bonds: <u>https://www.thenational.academy</u> <u>/year-1/maths/to-apply-</u> <u>knowledge-of-number-bonds-year-</u> <u>1-wk3-4</u> Work through the lesson.	<b>PSHE</b> There is a lot in the world news at the moment about diversity and the importance of everybody embracing all religions, races and nationalities. Work through the PowerPoint on our class page with a grown up and share your views on the subject.	Spellings:Spelling challenge this week: Can you show off your most creative way of making your spellings? Send us photos to inspire us!Reading: 10 minutes to an adultPhonics: Take on another of Mrs Atterton's phonics challenges: https://www.youtube.com/watc h?v=PTxleAuKsrM
Day 5	Catch up day! Have a go at any activities you haven't done yet. Still need something to do? - Listen to Charlie and the Great Glass Elevator on Mrs A's YouTube channel - Set up a school and write the register	Catch up day! Have a go at the MyMaths task if you haven't yet.	Optional: - Set up an obstacle course in the garden - Try to find 'faces' in weird places around your house - Learn a dance routine (or make one up!) - Make your own board game	Spellings: Get a grown up to test you on your spellings <u>Reading:</u> 10 minutes to an adult

PE Resources:

# **Session 1: Athletics – Jumping for distance**



#### **Learning Outcomes**

To move confidently and creatively with balance and control

### **Introduction ideas**

- Introduce topic and theme for the session
- Introduce WALT and WILF
- Introduce FUN Agreement
- Reinforce social distancing rules, linked to safety part of the FUN Agreement.

Key words: Power, take-off, flight, landing



### **Activity Objectives**

Skills: Ways to jump, small and large movements, balance, control

**Understanding:** Performing actions with balance and its importance, why distance matters

#### **Cross-Curricular Links:**

English - Writing down and spelling of keywords.

Science - Different body parts, forces – gravity, power

Maths - Measuring own jump, adding scores together

WALT (We Are Learning To) – Jump and land with control

### **Preparation ideas**

#### Bean Game:

In their own area/ space, children will respond to the following instructions: Runner Bean - Run around safely Bouncing Bean - 2 Feet together Kidney Bean - Hop around holding 1 knee Baked Bean - Lay down Broad Bean - make yourself large String Bean - Walk on tiptoes



### **Development & challenge ideas – Social distancing modifications**

<b>S</b> - Space	<b>T</b> - Task	<b>E</b> - Equipment	P - People	S - Success
All pupils should be kept at least 2 metres apart.	Count how many jumps needed to get from start to finish, emphasising the less jumps the better.	Floor markings where appropriate.	Pupils work independently.	Pupils set their own personal best distance
Increase/decrease distance between start and finish lines for all, most or some	Pupils can also measure each jump doing this and comment on furthest	If cones required, must not be touched by any pupils.	Praise those in big spaces and demonstrate to others.	Pupils move confidently demonstrating balance and control

### **Performance ideas**

## Plenary & risk mitigation

#### Lily Pads:

Spot markers will be placed at the start of the 'pond' which children will jump onto, ensuring they do not land in the pond. Get the children to count how many lily pads it takes them to get from one end to the other by jumping. Ensure good interventions are happening so children are landing safely and jumping with control. Recap WALT & WILF, asking open questions on what they have learnt?

Follow school process for the passing over of the group to the next supervising adult.

Wipe down any cones used with anti-bacterial wipes/spray with anti-bacterial solution and wipe. Store in container and keep away from all on site.

#### Progressions: Extra Jumps:1 legged,1 step jump

Use different types of jumps (standing/ 2 step) & Change distance of the pond



