

Year 1 TIMETABLE (15th June)

We absolutely love hearing from you all via e-mail so please keep sending us messages, photos and videos of your work, it keeps us connected.



Check out the following:

Joe Wicks <https://www.youtube.com/user/thebodycoach1>

Andy's Wild Workouts: <https://www.bbc.co.uk/programmes/p06tmmvz>

Oti Mabuse's Moana workout: <https://www.youtube.com/watch?v=LieVOtvZXe0>

Cosmic Yoga: <https://www.youtube.com/user/CosmicKidsYoga>

Kidz Bob Dance along: <https://www.youtube.com/playlist?list=PLMr-d2PLsO95ydptpBnsxdQNSKc9iUNU0>

KEEP AN EYE ON MRS ATTERTON'S YOUTUBE CHANNEL FOR NEW STORIES TO LISTEN TO AND CHARLIE AND THE GREAT GLASS ELEVATOR!

https://www.youtube.com/channel/UCcztW-wza6fuVkxeJUo_MRA

Reading opportunities

Explore Epic: <https://www.getepic.com/> (this is the site Mrs Atterton uses in class – the one that we all quiz on)

Or, Oxford Owls has lots of ebooks you can read. Parents can become a member for free. <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/>

Once logged in select ebooks. There are 100s of books to choose. Enjoy!

	English (45 minutes – 1 hour) This week you are being asked to keep a daily diary .	Maths (45 minutes - 1 hour) https://www.mymaths.co.uk/ for weekly task This week we are going to continue working with numbers up to 100!	Other PE SASP have planned a weekly timetable for keeping active during the week. Please take a look in the Class 1 resources	Ongoing
Day 1	Last week you practiced writing and ordering the days of the week. This week we would like you to keep a daily diary . You can present it in any way you like. Today, write about something about the previous weekend. You should include: <ul style="list-style-type: none"> Days of the week spelt correctly Writing in complete sentences using capital letters, full stops, finger spaces and neat handwriting Use your phonics knowledge to 	To compare numbers within 100 on a number line Have a look at: https://classroom.thenational.academy/lessons/to-compare-numbers-within-100-on-a-number-line Work through the lesson.	Keeping Active – see Class 1 resources for PE link Science Identify, name, draw and label the basic parts of the human body. <ol style="list-style-type: none"> How many body parts can you name? Ask an adult to point to various body parts and you name them and vice versa. Use the 'parts of the body' words below in Day 1 resources to match the words to the correct body part. 	Spellings: <i>Have a go at row 1. If you can spell them all, try row 2. If all numbers from one to twenty can be written in words then try row 3.</i> <ol style="list-style-type: none"> Writing numbers one to ten in order Writing numbers eleven to twenty in order Writing 'tens' numbers thirty to hundred in order. Reading: 10 minutes to an adult

	<p>attempt to spell words (<i>see phonics mat provided on Class 1 webpage</i>)</p> <p>You could include:</p> <ul style="list-style-type: none"> • Recount vocabulary first, next, after that, finally etc • Use and to join sentences together • Verbs and adjectives to add detail to your writing • Use exclamation marks for something exciting or a wow moment. • Add pictures or photos with labels or captions 		<p><i>This helps with reading the key words and will help support the next activity.</i></p> <p>3. Either, draw a body (around your own body if you have paper big enough) and label each body part OR print off one of the 'body part labelling activity' sheets below. <i>Please use the spellings provided below.</i></p>	<p>Phonics: See the letter on the Class's webpage from the Department of Education which is providing daily phonics lessons using the Letters and Sounds programme, which we follow at school. Follow the instructions on the form and select lessons suitable for your child.</p>
Day 2	<p>Continue with your daily diary. Today, write about yesterday. Discuss with an adult what you did to help remind you. See Monday for your 'shoulds' and 'coulds'.</p>	<p>To compare numbers within 100 on a place value chart</p> <p>Have a look at: https://classroom.thenational.academy/lessons/to-compare-numbers-within-100-on-a-place-value-chart</p> <p>Work through the lesson.</p>	<p>Keeping Active– see Class 1 resources for PE link</p> <p>History A few weeks ago you learnt about Rosa Parks. Today we are asking the question: Who was Dr Martin Luther King https://www.bbc.co.uk/bitesize/articles/zbdv382</p> <p>Last week you looked at a PowerPoint about diversity and the importance of embracing all religions, races and nationalities and discussed your views on the subject. Throughout history people have been raising awareness on these issues. The more we can learn about the past and how it has shaped our lives today, the better we can understand and help shape the present and the future.</p>	<p>Spellings: Choose a fun way to practice your spellings. Think back to activities you have tried before. Which were your favourite?</p> <p>Reading: 10 minutes to an adult</p> <p>Phonics: Follow the daily phonics lessons using the Letters and Sounds programme.</p>
Day 3	<p>Continue with your daily diary. Today, write about yesterday. Discuss with an adult what you did to help remind you. See Monday for your 'shoulds' and 'coulds'.</p>	<p>To order numbers within 100</p> <p>Have a look at: https://classroom.thenational.academy/lessons/to-order-numbers-</p>	<p>Keeping Active– see Class 1 resources for PE link</p> <p>French In this lesson, learn some basic greetings</p>	<p>Spellings: Choose a fun way to practice your spellings. Think back to activities you have tried before. Which were your favourite?</p> <p>Reading:</p>

		within-100-272d16 Work through the lesson.	and some French numbers. Have some fun with it and play around with the words. https://www.bbc.co.uk/bitesize/articles/z7c7639	10 minutes to an adult Phonics: Follow the daily phonics lessons using the Letters and Sounds programme.
Day 4	Continue with your daily diary . Today, write about yesterday. Discuss with an adult what you did to help remind you. See Monday for your ‘ shoulds ’ and ‘ coulds ’.	To identify patterns within a sequence of numbers Have a look at: https://classroom.thenational.academy/lessons/to-identify-patterns-within-a-sequence-of-numbers Work through the lesson.	Keeping Active – see Class 1 resources for PE link Art – drawing BBCBitesize emotions video and drawing faces (15/05 for Year 2) https://www.bbc.co.uk/bitesize/articles/z6g2xyc There is a 30 minute drawing video. Use the activity sheets provided in Day 4 below, or create your own. EXT: Have a go at making these expressions using your own face. Qs: Can you extend this by showing these emotions with your whole body? Can you feel the difference? Show these emotions in action to an adult. Discuss how it makes them feel. Ask an adult to show you these emotions to you. Discuss how it makes you feel.	Spellings: Choose a fun way to practice your spellings. Think back to activities you have tried before. Which were your favourite? Reading: 10 minutes to an adult Phonics: Follow the daily phonics lessons using the Letters and Sounds programme.
Day 5	Catch up day! Have a go at any activities you haven’t done yet. OR Continue with your daily diary . Today, write about yesterday. Discuss with an adult what you did to help remind you. See Monday for your ‘ shoulds ’ and ‘ coulds ’. EXT: Handwriting practise: Which letters are proving tricky?	Catch up day! Have a go at the MyMaths task if you haven’t yet. EXT: See Day 5 resources below for the Maths Pentominoes Investigation	Keeping Active – see Class 1 resources for PE link OR Take a look on Day 5 Resource Sheet below for some fun activities to do- Freeze Dance, Air Hockey or Jumping Dice	Spellings: Get a grown up to test you on your spellings Reading: 10 minutes to an adult Phonics: Follow the daily phonics lessons using the Letters and Sounds programme.

	Check through the writing tasks covered this week and tick letters you are proud of. Select a few you think you could improve on. Practice a few of those.			
--	--	--	--	--

RESOURCES

DAY 1

Parts of the Body Labelling Activity

Carefully cut out the labels and stick them in the correct places on the diagram of the body.

mouth

hair

foot

head

eyes

ears

teeth

leg

elbow

shoulders

thumb

knee

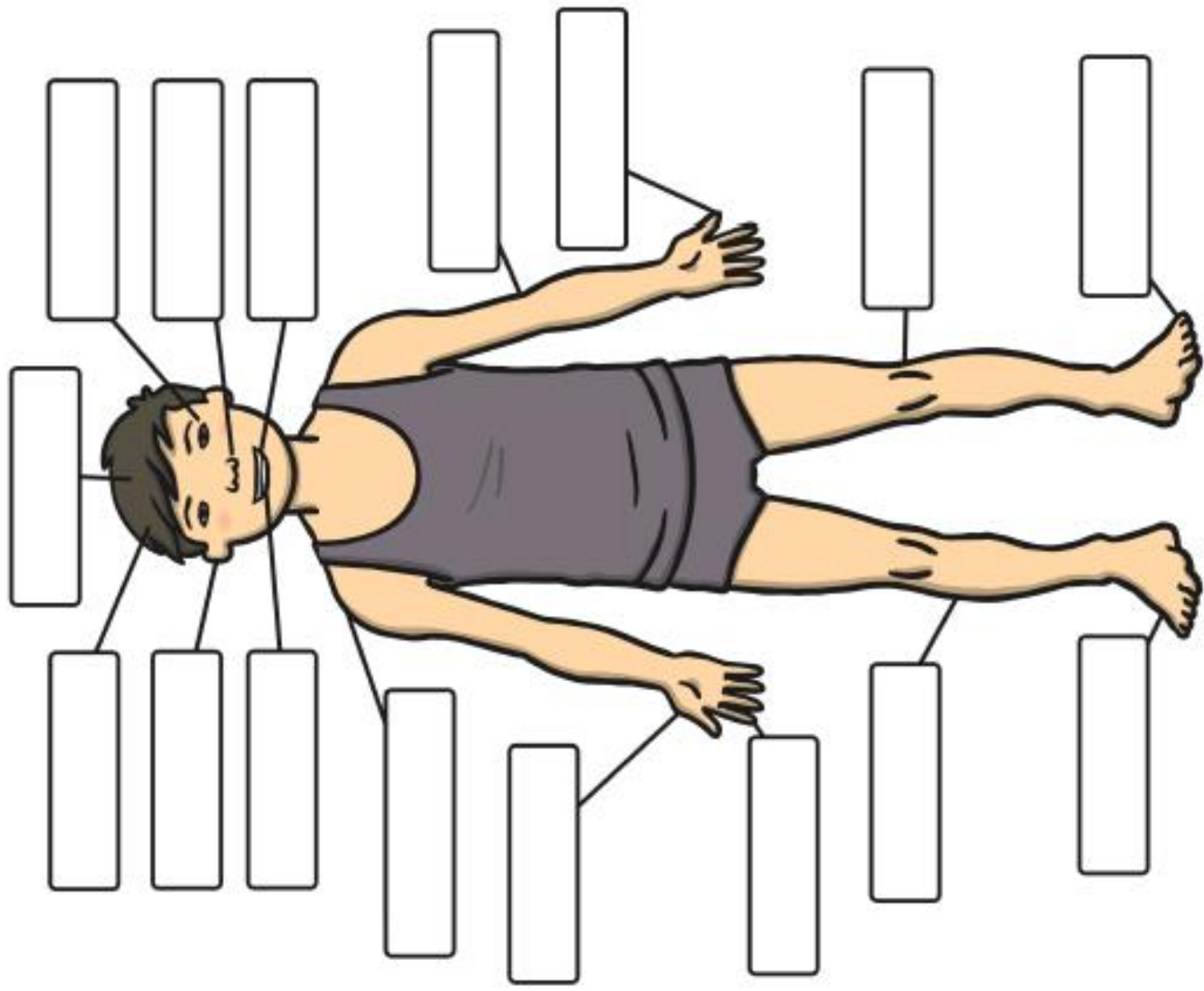
nose

toes

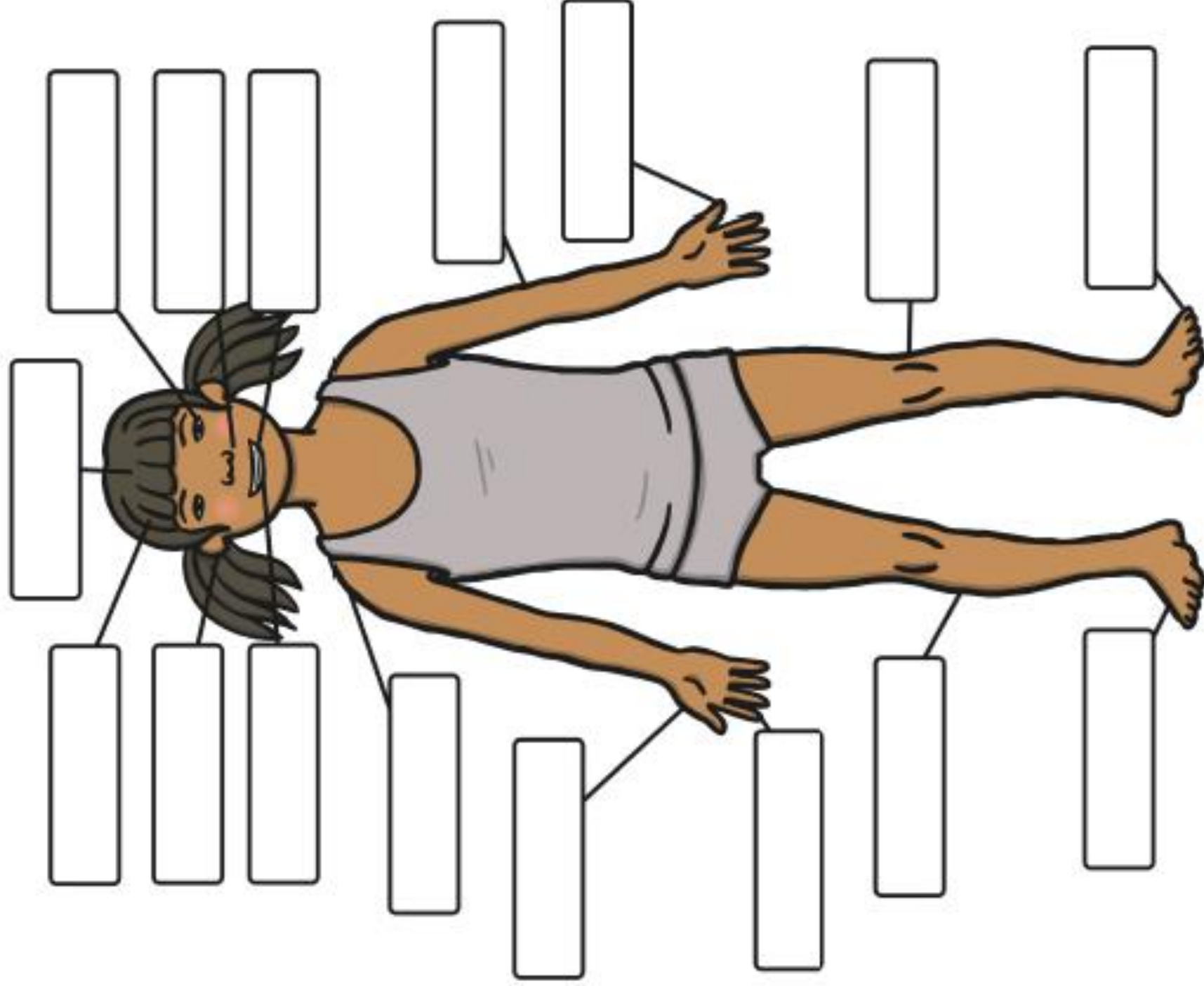
fingers

hand

Parts of the Body Labelling Activity

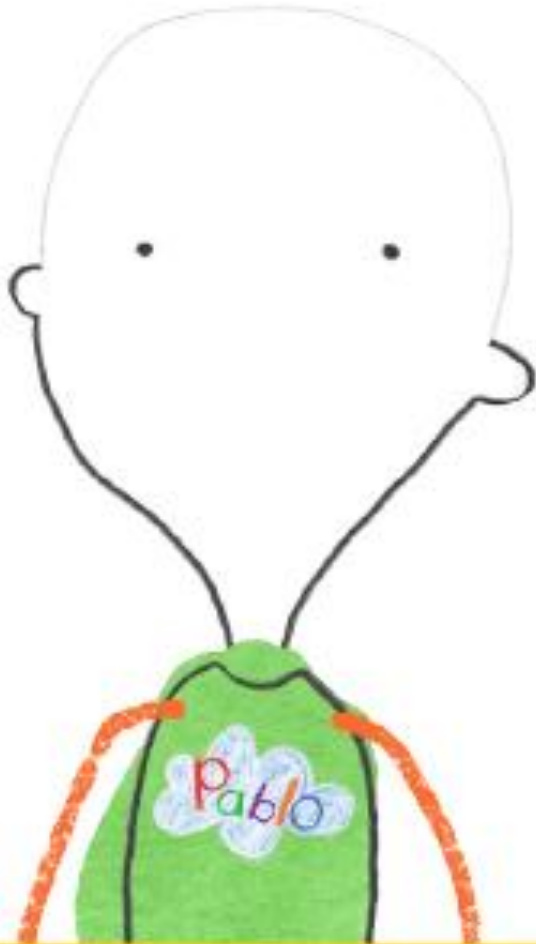


Parts of the Body Labelling Activity

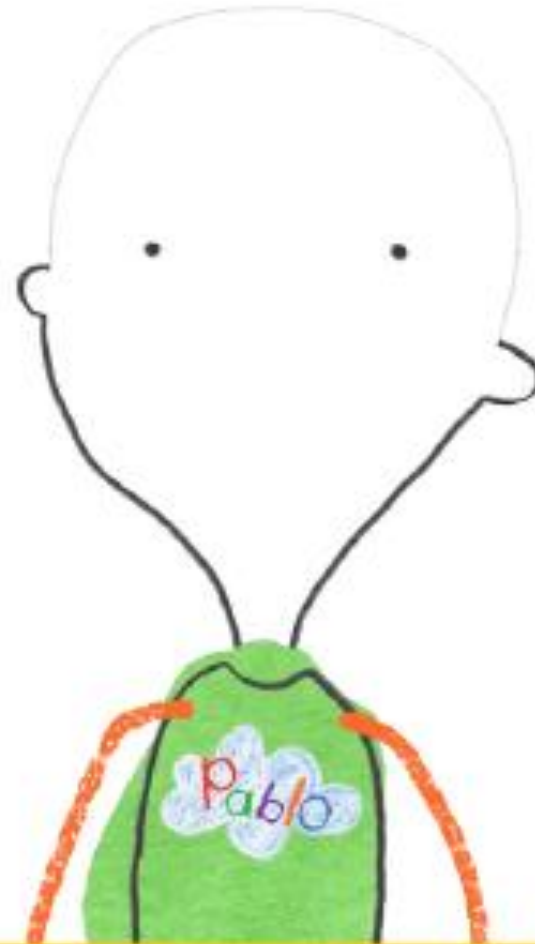


BBC
Live
LESSONS

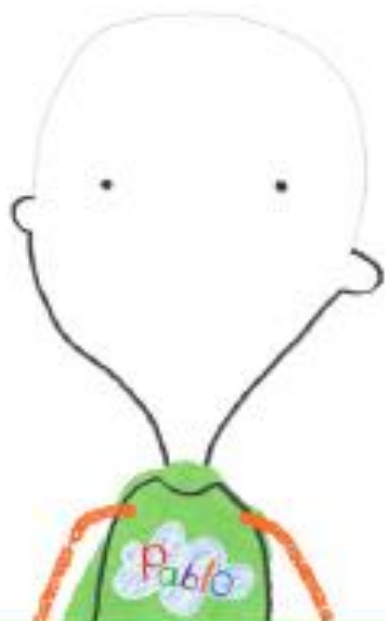
Activity 1a. Draw a happy expression.



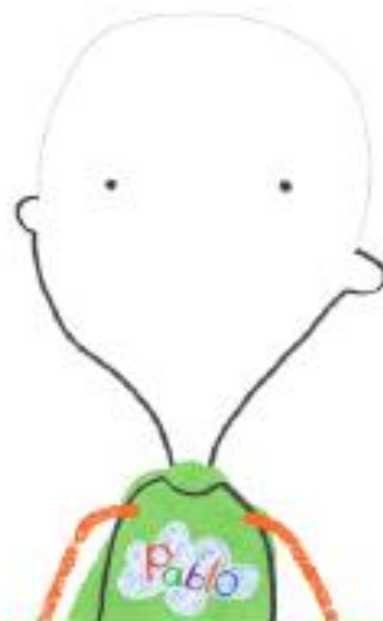
Activity 1b. Draw a sad expression.



Activity 2a. Draw an annoyed expression.



Activity 2b. Draw a surprised expression.



Activity 2c. Add expressions to these objects to create your own characters.



Day 5

a b c d e f

g h i j k l

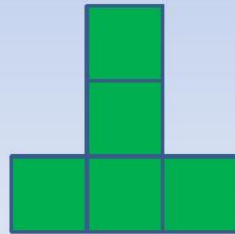
m n o p q r s

t u v w x y z

What are pentominoes?

Pentominoes are shapes made by joining 5 squares together.

Squares must touch along their sides, like these:

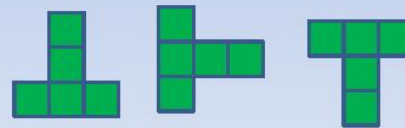


Your challenge . . .

There are 12 different pentominoes to find - you have already seen 2 of them.

Be careful though - rotations and reflections do not count.

For example:



These are all the same pentomino

they have just been turned around!

Your Challenge . . .

Using some squared paper see if you can make all 12 different pentominoes.

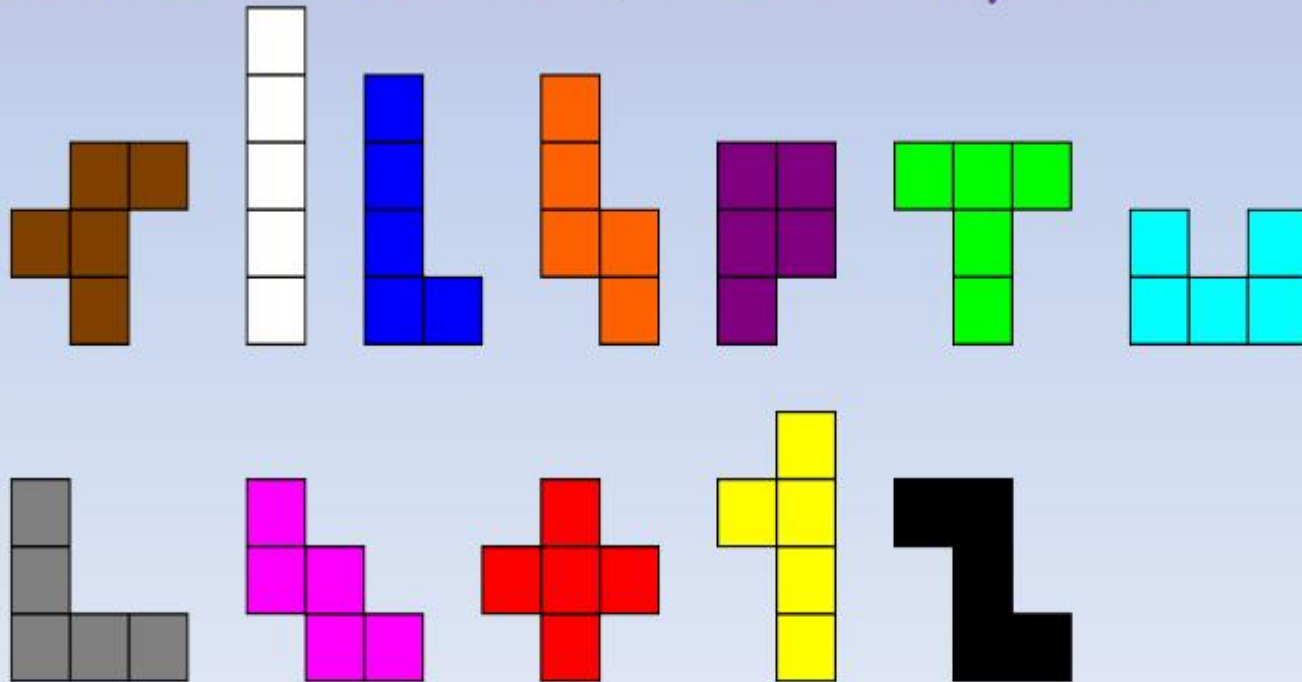
Choosing a different colour for each pentomino will make it easier for you to spot the different combinations.

See below for squares

Answers - Challenge

Did you manage to find all 12?

You can check now. Here they are:



FREEZE DANCE

AGE: 5 to 9

NUMBER OF PEOPLE: 4+

SPACE NEEDED: Living Room

EQUIPMENT NEEDED: Music with a pause button

HOW TO PLAY:

Choose one person to be in charge of the music. When the music starts, everyone else dances, the crazier the better. When the person in charge of the music presses pause, the dancers must freeze. Anyone caught moving after that is out. Play carries on until there is one person left, the winner can be in charge of the music and choose the next song.

Alternatively, to avoid being out, create a points system where you score a point if you freeze in time.



AIR HOCKEY

AGE: 5 to 11

NUMBER OF PEOPLE: 2-4

SPACE NEEDED: Table

EQUIPMENT NEEDED: Table and books, cartons, paper balls and plastic cups

HOW TO PLAY:

Create an air hockey table by placing books, juice cartons around the edge to make the wall leaving a gap at either end of the table for the goals. Use a scrunched up paper ball. You can use an upside down plastic cup as the pusher instead of your hands.

Opponents stand defending their gap/goal with one hand and hit the paper ball towards the other goal.

Add more players by creating more gaps and play multi ball by adding more paper balls.



JUMPING DICE

AGE: 5 to 11

NUMBER OF PEOPLE: 2+

SPACE NEEDED: Stairs

EQUIPMENT NEEDED: Stairs and a dice
(online dice are available)

HOW TO PLAY:

Start at the bottom of the stairs, and take turns to be the climber.

The first climber:

- Rolls the dice and climbs up that number of stairs (eg. If you roll 4, go up 4 steps).
- Rolls again and climbs down that number of stairs minus 1 (eg, if you roll a 3, go down 2 stairs).

It's then the next person's turn.

The first person to reach the top of the stairs wins.

Create a half way point (eg. the landing). When you reach this point, you then can't go lower.

