



Monkton Church of England Primary School

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Dear Parents BUT especially DADS AND GRANDADS,

CALLING ALL DADS AND GRANDADS!!!

As we approach November, we are excited to announce that both Minster and Monkton Church of England Primary Schools will be participating in *Movember*. This is a fantastic opportunity to raise awareness of men's physical and mental health.

Movember is a global campaign that highlights issues such as mental health, suicide prevention, prostate cancer, and testicular cancer. We are inviting DADS AND GRANDADS across our school community to get involved in this worthwhile cause by growing (or creatively styling!) moustaches during November. We would love to see members of our school community participating – whether it's dads, uncles, grandfathers, members of staff, or even our younger pupils finding ways to support!



Members of staff at both schools will be shaving off their existing fuzz at the end of October, ready to start growing and nurturing their new wave of fluff! We want Dads and Grandads from our Monkton and Minster communities to do the same!

We also invite anyone taking part to share their journey with us by sending in photos of their "before and after" moustache transformations.. We'll be putting together a fun montage to showcase the efforts of our wonderful community via our website and FB page. If you'd like to share your journey with us, send vids and pics in to Mr Marston (cmarston@mandm.school). It's all good fun!

Additionally, throughout November, we will be spotlighting local charities and organisations that work to support men's health, especially mental health. If you know of any organisations we could feature, please do let us know. We are keen to help raise awareness of the great work being done in our local area.

Donations can be made directly through the official *Movember* website, and all funds raised will support vital research and services.

Thank you, as always, for your support, and we look forward to seeing how our community and especially our Dads can make a difference this *Movember*!

Warm regards,

Chris Marston & Richard Russell
Heads of School
Monkton and Minster CofE Primary Schools

