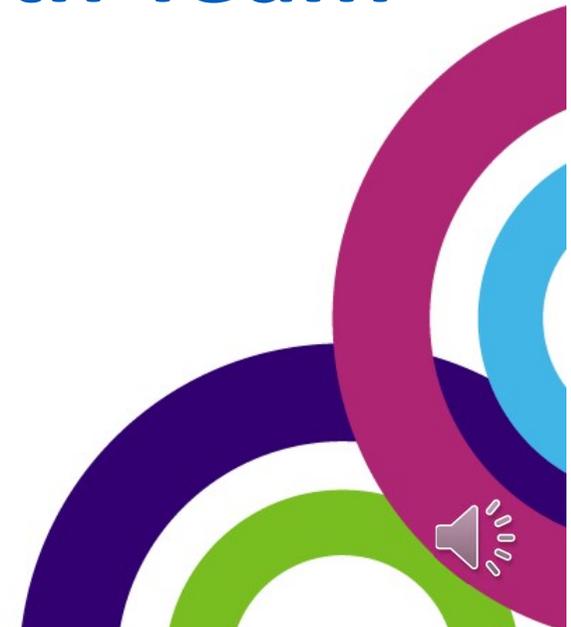




# National Smile Month for Schools

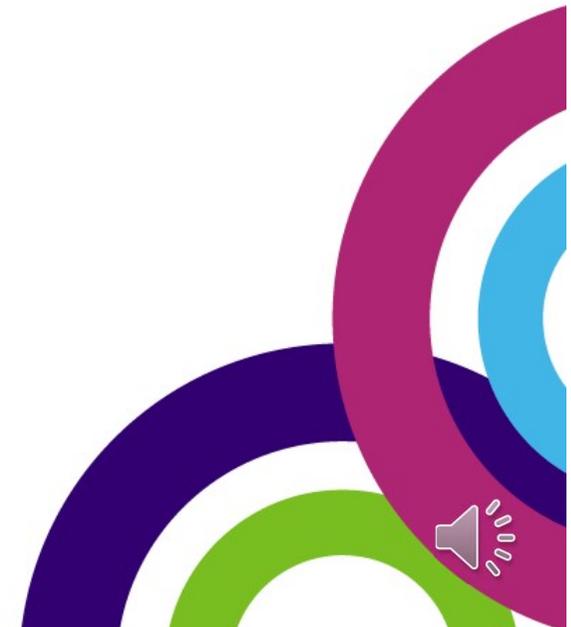
## KCHFT Oral Health Team

Joanne Downs  
Rebecca Railton



# Aim

To provide school staff with useful resources and ideas for national smile month

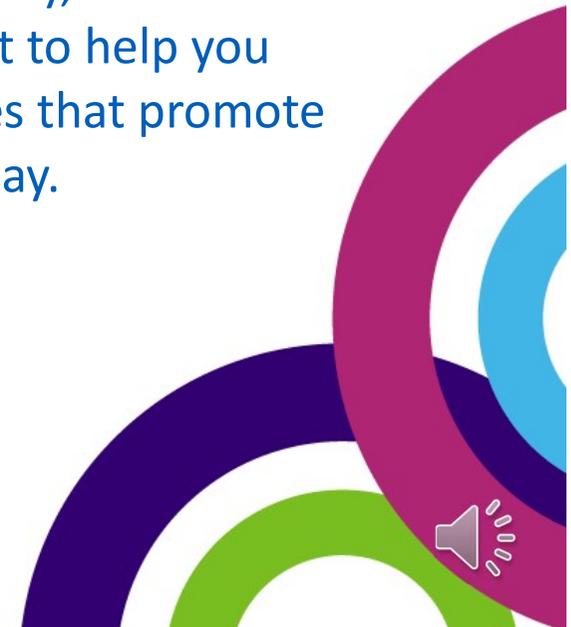


# Feed Your Smile



For National Smile Month 2025, we're focusing on the powerful connection between diet and oral health with our theme, **Feed Your Smile**.

Your diet plays a crucial role in maintaining a healthy, beautiful smile, and we want to help you make smart choices that promote oral health every day.



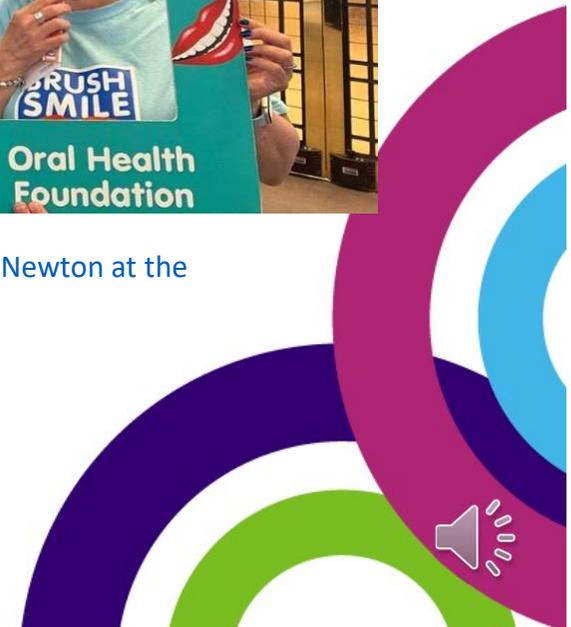
## Exciting News!

We have been invited to speak at the launch of National Smile Month in London and present our work in the community supporting schools, nurseries and family hubs in Kent to promote National Smile Month.

Please get in touch with any stories or pictures so we can share them!



Photo: KCHFT Oral Heal Team with Prof Tim Newton at the National Smile Month launch 2023



# Statistics

 Public Health England

Healthmatters Levels of tooth decay in England



A **quarter** of 5-year-olds have tooth decay with on average **3 or 4** teeth affected



The majority of tooth decay in children under 6 was untreated



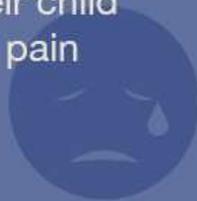
Research about extractions in children in North West hospitals found that **26%** had missed days from school because of dental pain and infection



An average of **3 days** of school were missed due to dental problems



**67%** of parents reported their child had been in pain



**38%** of children had sleepless nights because of the pain



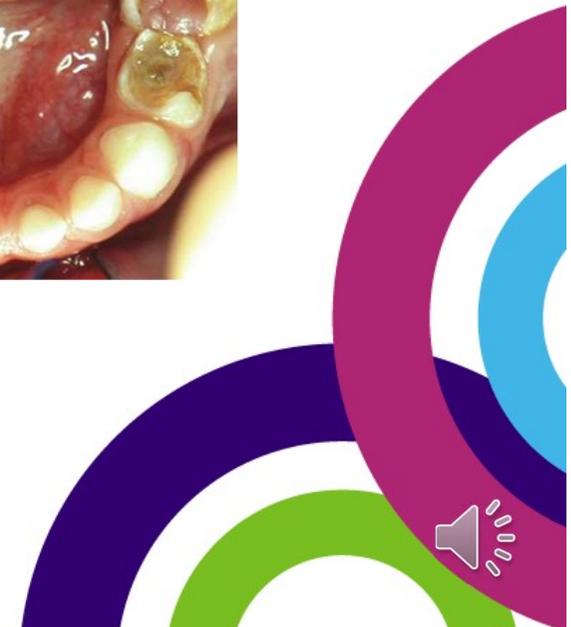
Many days of work were potentially lost as **41%** of parents/carers were employed





3

The amount of school days on average that are missed yearly due to dental problems.



**GOOD NEWS**

Tooth Decay is Preventable!

 (we care)



# What Can You Do?



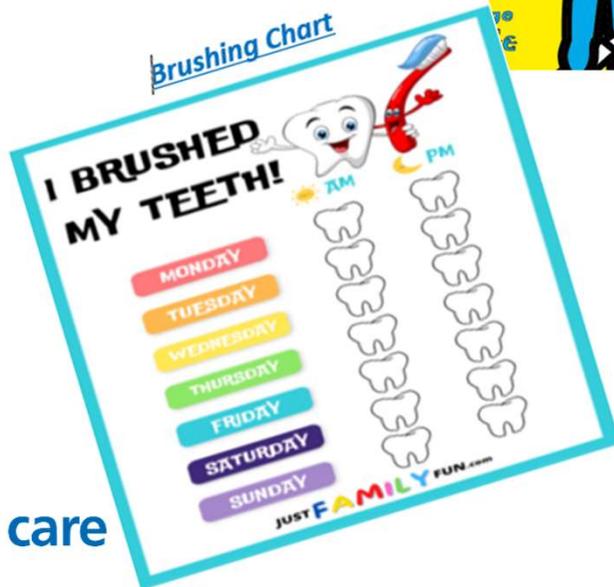
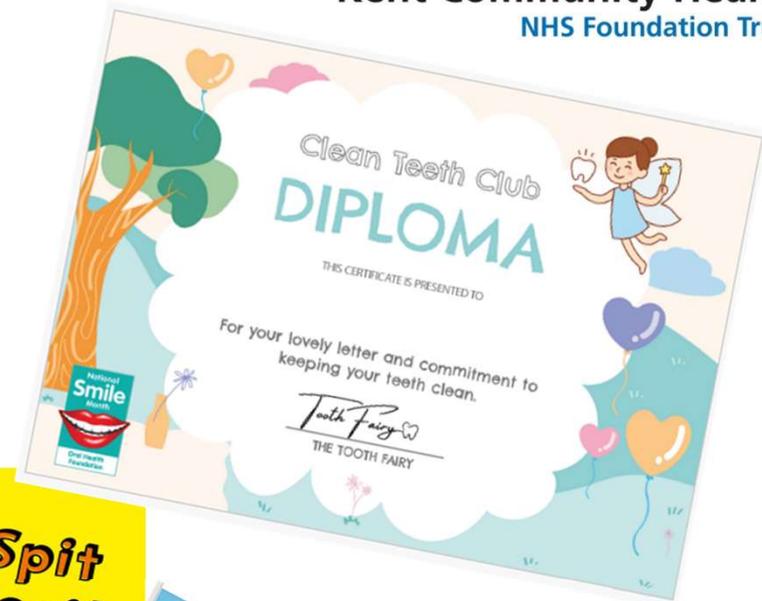
Between 12 May and 12 June 2025, the Oral Health Foundation will raise awareness of important oral health issues.

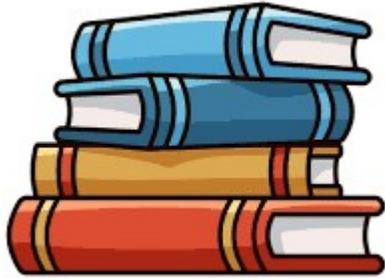
Join the nation's biggest oral health campaign and help bring a smile to millions of people.

This year the theme for National Smile Month is **Feed Your Smile.**



# Resources





You can find downloads and resources on the Oral Health Foundation website and use these to create a great eye catching display!

## Useful links:

[National Smile Month | Home | Oral Health Foundation](#)

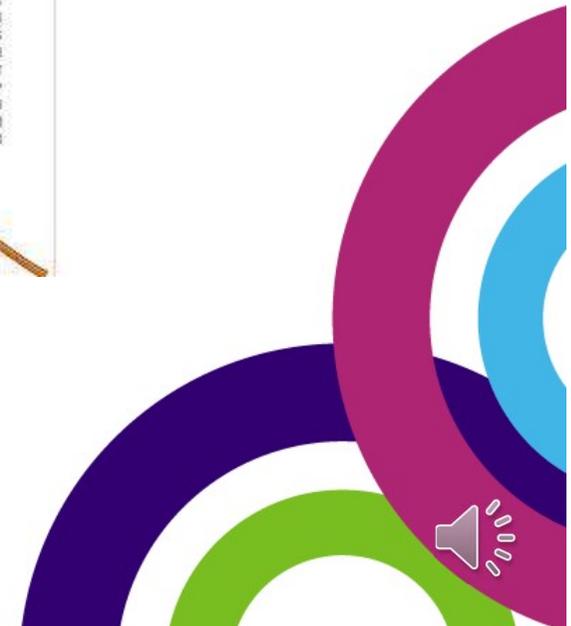
[Better Health Start for Life Top Tips For Teeth | Campaigns | Campaign Resource Centre](#)

[71 Top "Oral Health" Teaching Resources curated for you](#)



# Activities

- Colouring sheets
- Word search

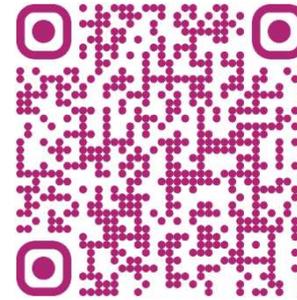


# Story Time



For **top tips** on  
keeping you and  
your families  
**mouths healthy**  
scan or visit

[www.kentcht.nhs.uk/happyteeth](http://www.kentcht.nhs.uk/happyteeth)



Thanks for listening!

**National Smile Month**  
Oral Health Foundation

**We're supporting National Smile Month because a healthier mouth can lead to a healthier life.**

#SmileMonth #FeedYourSmile

[kentchft.oralhealthkent@nhs.net](mailto:kentchft.oralhealthkent@nhs.net)

