



National Smile Month for Schools

KCHFT Oral Health Team

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Aim

To provide school staff with
useful resources and ideas for
national smile month



Feed Your Smile



For National Smile Month 2025, we're focusing on the powerful connection between diet and oral health with our theme, **Feed Your Smile**.

Your diet plays a crucial role in maintaining a healthy, beautiful smile, and we want to help you make smart choices that promote oral health every day.



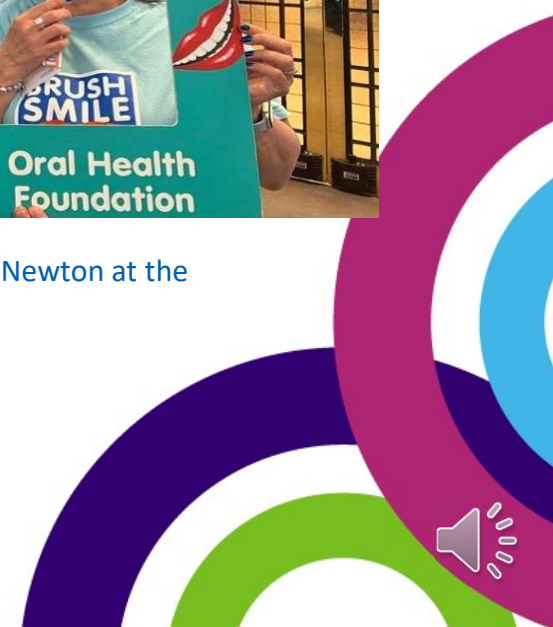
Exciting News!

We have been invited to speak at the launch of National Smile Month in London and present our work in the community supporting schools, nurseries and family hubs in Kent to promote National Smile Month.

Please get in touch with any stories or pictures so we can share them!



Photo: KCHFT Oral Heal Team with Prof Tim Newton at the National Smile Month launch 2023



Statistics



A **quarter** of 5-year-olds have tooth decay with on average **3 or 4** teeth affected



The majority of tooth decay in children under 6 was untreated



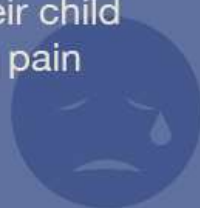
Research about extractions in children in North West hospitals found that **26%** had missed days from school because of dental pain and infection



An average of **3 days** of school were missed due to dental problems



67% of parents reported their child had been in pain



38% of children had sleepless nights because of the pain



Many days of work were potentially lost as **41%** of parents/carers were employed





3

The amount of school days
on average that are missed
yearly due to dental
problems.



The words "GOOD NEWS" are written in a bold, white, sans-serif font. They are centered and appear to be floating over a vibrant, multi-colored brushstroke that resembles a rainbow. The brushstroke has a textured, painterly quality with various shades of red, orange, yellow, green, blue, and purple.

Tooth Decay is Preventable!



What Can You Do?



Between 12 May and 12 June 2025, the Oral Health Foundation will raise awareness of important oral health issues.

Join the nation's biggest oral health campaign and help bring a smile to millions of people.

This year the theme for National Smile Month is **Feed Your Smile**.



Resources



Kent Community Health
NHS Foundation Trust



Top tips
for
teeth



we care





You can find downloads and resources on the Oral Health Foundation website and use these to create a great eye catching display!

Useful links:

[National Smile Month | Home | Oral Health Foundation](#)

[Better Health Start for Life Top Tips For Teeth | Campaigns | Campaign Resource Centre](#)

[71 Top "Oral Health" Teaching Resources curated for you](#)



Activities

- Colouring sheets
- Word search



Story Time





Kent Community Health
NHS Foundation Trust

For **top tips** on
keeping you and
your families
mouths healthy
scan or visit

www.kentcht.nhs.uk/happyteeth





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