

SEN interventions – home learning alternatives

Intervention	Focus	Home learning activities
Communication and Interaction Needs		
Speech & language programme	Development of expressive and receptive language skills (see your child's programme for specific targets)	<ul style="list-style-type: none"> - See your child's programme for specific activity ideas. - Tele-therapy available via 'Zoom' - Use the <i>Auditory Memory Games</i> ideas to practise listening and auditory memory. - Use the <i>Conversation Practise Game / Conversation Cards</i> to practise good conversation skills - Use <i>Question cards for conversation practise</i> to practise verbal reasoning skills (you can adapt/make your own) - Use <i>What am I guessing game cards</i> to develop questioning and thinking skills (you can adapt/make your own) - Further speech and language activities are available using the Language Link parent portal: https://speechandlanguage.info/parents
Vocabulary support (aka. Pre-teach vocab)	Learning new vocabulary	<ul style="list-style-type: none"> - Use the <i>Star words template</i> to learning a new word – try one or 2 a week and revisit them often - Use the <i>Working on Vocabulary Pack</i> for information of Word Finding and support ideas - Use the <i>Vocab Activity Pack</i> to develop techniques to learn vocabulary - You can access free vocabulary activities and games at Twinkl: https://www.twinkl.co.uk/resources/specialeducationalneeds-sen-speech-language-therapy/specialeducationalneeds-sen-speech-language-therapy-language/specialeducationalneeds-speech-language-therapy-word-order-vocabulary
Lego therapy	Listening skills Communication skills	<ul style="list-style-type: none"> - Use the <i>Lego Therapy Group Information Sheet / Lego Therapy Sentence Strips / Lego Therapy Useful Instruction Words</i> to find out how you continue to provide support through the use of Lego/construction kits

Social skills	<p>Friendship skills</p> <p>Understand 'social rules' for behaviour</p>	<ul style="list-style-type: none"> - 'Social Detectives' – Go through the <i>Social Detective Language and Definitions</i>. You could create mind maps with examples that are re-visited and added to over time - Use the 'Good Friend Sorting Cards' to support discussion about friendship skills - Search 'social skills' on Pinterest for more ideas to develop social skills at home
Cognition and Learning Needs		
Handwriting practise	<p>Correct formation of letters</p> <p>Developing speed and fluency</p>	<ul style="list-style-type: none"> - Use <i>Handwriting warm-up exercise</i> to support fine motor activities to improve handwriting - Use the <i>Handwriting User Guide</i> for information on how to teach handwriting - Use the <i>Letter formation handwriting sheet</i> to support your child to correctly form their letters, then build up to writing neat words (this can be linked to spelling practise also)
1:1 reading	<p>Developing fluency when reading</p> <p>Understand and talk about what has been read</p>	<ul style="list-style-type: none"> - Try to read daily with your child - Use the <i>Reading skills questions</i> to develop understanding of the text you are reading - Remember it is important for them to listen to texts too – have story time as a family/listen to audiobooks
Personalised maths	<p>Development of key numeracy skills</p>	<ul style="list-style-type: none"> - Use the <i>Playing number games with your child</i> for ideas of simple number games to can be used to support - See <i>Helping your child with number</i> for ideas - Use the <i>Addition facts Loop cards</i> to play the loop card game. You (or your child) can write new ones to match their level. - Play the <i>Doubles board game</i> to practise doubling skills (this could be adapted to more challenging numbers if required) - Use the <i>Number Bonds to 10 Beanstalk Activity</i> to practise quick recall of number bonds (this could be adapted to more challenging numbers if required e.g. bonds to 20, 50, 100)

		<ul style="list-style-type: none"> - Use the <i>Place Value Board Game</i> to develop place value skills - Online maths activities at: https://www.doorwayonline.org.uk/number/
Personalised English	Development of key literacy skills	<ul style="list-style-type: none"> - Use the <i>Story Wheel</i> activity to develop understanding of events after reading a short story together - Use the <i>Story settings description</i> activity to develop setting descriptions (children could draw their own ideas) - Use <i>Simple Sentence Scramble Activity</i> for your child to re-order sentences (this could be adapted) - Online Literacy activities at: https://www.doorwayonline.org.uk/literacy/ - Search 'writing activities' at https://www.twinkl.co.uk/ for more writing activities
Phonics	<p>Recognise sounds (in each target phase)</p> <p>Read words containing target sounds</p> <p>Spell words containing target sounds</p>	<ul style="list-style-type: none"> - Play free phonics games at https://www.phonicsplay.co.uk/index.htm# - Parents can use our <i>Phonics glossary</i> to help understand some of the key terms - Use the <i>phonics and spelling mat</i> to practise phonics sounds - Search 'phonics' at https://www.twinkl.co.uk/ for more phonics activities
Nessy	Online phonics programme (see above for phonics focus)	<ul style="list-style-type: none"> - You can continue to access the Nessy website for your child at https://www.nessy.com/uk/ If your child is registered at school you will have been sent an email with the log in details. If you are not registered with school, you can sign up for free.
Spelling support (aka. Precision Teaching)	Spell High Frequency Words	<ul style="list-style-type: none"> - Use the <i>Learning how to spell</i> activity cards for different multi-sensory ideas to learn words - Use the <i>100 High Frequency Words/Snake and Ladders HFW board game</i> to learn the most common words - Use the <i>100 HFW handwriting sheets</i> to practise spelling and handwriting skills

Memory skills	Develop visual/auditory memory	<ul style="list-style-type: none"> - Use the <i>Auditory Memory Games</i> ideas to practise listening and auditory memory - Use the <i>Visual Memory Games</i> ideas to practise visual memory - Play online memory games at https://www.learninggamesforkids.com/memory-games.html
Social, Emotional and Mental Health Needs		
Forest School	Team work and communication Exploring outside world Development of self-esteem	<ul style="list-style-type: none"> - Gardening at home; learning about the plants and how to care for them - Complete a <i>Senses scavenger hunt</i> in your garden - Use the <i>Outdoor Maths challenge cards</i> to develop maths skills in the natural world - Create mud paint using the <i>mud paint recipe</i> / create natural paint brushes using <i>DIY natural paintbrushes</i> activity - Create a natural jewellery using the <i>Leaf Necklace Activity for ideas</i> - Build a bug hotel. For ideas visit: https://www.rspb.org.uk/get-involved/activities/give-nature-a-home-in-your-garden/garden-activities/build-a-bug-hotel/ OR https://gardentherapy.ca/build-a-bug-hotel/ - Visit the woodland trust for more outdoor activities: https://www.woodlandtrust.org.uk/blog/2019/04/rainy-day-activities-kids/
Self-esteem programmes	Describe things I'm good at Develop positive qualities in myself	<ul style="list-style-type: none"> - Use the <i>I am an amazing person</i> activity to support your child to focus on their positive attributes - Use the <i>Self-Praise Jar</i> activity to create your own self-praise jar for your child to celebrate their qualities and talents - For more ideas to develop self-esteem visit https://www.kidsplayandcreate.com/self-esteem-character-building-activities-for-kids/

		<ul style="list-style-type: none"> - Remember to visit https://youngminds.org.uk/ for further support
Emotional regulation support	<p>Understand and recognise emotional states</p> <p>Develop strategies to calm and regulate</p>	<ul style="list-style-type: none"> - Use <i>Emotions Face Discussion Cards</i> to discuss different emotions and how to recognise them/when they might be experienced - Use the <i>Ways to calm down</i> cards to create your own calm down kit. Use the blank ones to come with some of your own suggestions. - Use the <i>Mindfulness Challenge cards</i> to help find ways to be mindful/calm – - Use the <i>Managing Anxiety ideas</i> and <i>My main worries</i> to support your child manage their fears/anxiety at this time. - Use the <i>Worry Box Instructions</i> to set up a worry box at home to encourage your child to share their concerns and support them to develop healthy coping strategies - Use the <i>How anxiety affects my body/ Stages of anger</i> to support children to learn about how to recognise their feelings
Nurture club	<p>Turn taking skills</p> <p>Communication</p> <p>Resilience (e.g. losing games)</p>	<ul style="list-style-type: none"> - Play a range of board games as a family - There are some printable templates if needed: <i>Ludo board/Instructions</i>, <i>Four in a row rules</i>, <i>Snakes and Ladders</i>, <i>Guess Who</i>
Sensory and Physical Needs		
Typing practise	Locate letters on a standard keyboard at speed	<ul style="list-style-type: none"> - Typing practise at https://www.doorwayonline.org.uk/activities/text-type/text-type.html - Further online typing practise at: https://www.typingclub.com/ or BBC dance mat typing https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr
Clever Fingers	<p>Strengthen finger muscles to improve pencil grip & handwriting</p> <p>Development of fine motor skills</p>	<ul style="list-style-type: none"> - Use the <i>Clever fingers home intervention ideas</i> to find different activities from the programme you can do at home

		<ul style="list-style-type: none"> - Make your own fiddle toy (use fiddle toy ideas) or search DIY fiddle toy on Pinterest for more ideas. - Complete dot to dots - See handwriting activities in the cognition and learning section (see above)
Sensory breaks	Sensory regulation	<ul style="list-style-type: none"> - Use <i>Movement Break Visual cards</i> for movement break ideas - Read out <i>Sensory Circuit Parent Booklet</i> for more information and ideas of activities to set up at home - Use <i>Gross Motor Activity cards</i> to develop body control - Make your own sensory bottle using <i>Calming Glitter Sensory Bottle</i> or search sensory bottle ideas on Pinterest