

PSHE Subject Overview

	Half Term 1 Life beyond school	Half Term 2 Health and Well-Being	Half Term 3 Relationships and Sex Education	Half Term 4 Staying Safe online and Offline	Half Term 5 Celebrating Diversity and Equality	Half Term 6 Rights and Responsibilities
Year 7	Managing Change	Puberty and Body Development	Friendships, Respect & Relationships Unit	Staying Safe Online and Offline Unit	Celebrating Differences Unit	Politics Parliament and Me Unit
Year 8	Proud to be me	Physical Health and Well-Being	Identity, Relationships & Sex Education	Dangerous Society Online and Offline Unit	LGBTQA+ Explored Unit	Law, Crime and Society Unit
Year 9	Essential Lifeskills	Body confidence	Contraception & STI's Unit	Sex the law and Consent Unit	Legal And Illegal Drugs	Combating Extremism & Terrorism Unit
Year 10	Rights and Responsibilities	Mental Health and Wellbeing	Exploring relationships & Sex Education Unit	Violence, Crimes and Seeing Safety Unit	Exploring British Values Unit	Exploring World Issues

Year 7

Overview	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	Managing Change Unit							Puberty Body Development Unit					
Cycle 1	Intro to PSHE	Getting to know people	What is a community?	Careers and your future	Sleep and relaxation	Financial Education	Transition points and your life	Intro to Puberty	Puberty (Girls focus)	Puberty (Boys focus)	Personal Hygiene inc Oral Hygiene	Growing up and FGM	Assertiveness, consent and Hormones
	Friendships, Respect & Relationships Unit							Staying Safe Online and Offline Unit					
Cycle 2	Self Esteem & empowerment	Consent and boundaries	Respect and relationships	What makes a good friend	Friendships and managing them	Being positive & Self Esteem	Pressure & Influence	What does it mean to be a man?	Avoiding Gangs	Staying Safe Online	Fortnite, Gaming & online gaming	What is alcohol?	What is smoking?
	Celebrating Differences Unit							Politics Parliament and Me Unit					
Cycle 3	E-Cigs & Energy Drinks	Carrying a Knife	Multicultural Britain	What is your identity?	Nature Vs Nurture	Equality Act 2010	Breaking down Stereotypes	Prejudice and Discrimination	Challenging Islamophobia	Why is politics important	How is our country run	Create a political party	Elections and campaigning

Year 8

Overview	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	Proud to be me Unit							Physical Health and Mental Wellbeing Unit					
Cycle 1	Employability Skills	Proud to be me + Career choices	Career Interests and Jobs	Self Esteem and the Media	Labour market information	Exploring careers	Health and Wellbeing	What is mental health?	Positive body image	Child abuse	Types of Bullying	Healthy eating and Cholesterol	Stress management
	Identity, Relationships & Sex Education Unit							Dangerous Society Online and Offline Unit					
Cycle 2	Intro to relationships and sex education	Healthy relationships & What is love	Dealing with conflict	Sexual Orientation	Gender Identity	Introduction to contraception	County Lines – What is it?	County Lines – Who is at risk?	Substance misuse	Online safety – Cyber bullying	Grooming Boys and Girls	Drugs Education – Alcohol safety	Child Exploitation and online protection
	LGBTQA+ Explored Unit							Law, Crime and Society Unit					
Cycle 3	LGBT what is it?	LGBT Homophobia in schools	Supporting those that are LGBT	Challenging homophobia	Transphobia	Coming Out	Desert Island Living	Building a community	Making decisions & making priorities	Criminals, laws and society	Law making in the UK	Prisons, Reform and Punishment	Exploring inside Parliament

Year 9

Overview	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	Essential life skills unit							Body Confidence Unit					
Cycle 1	From Failure to Success	First Aid	Importance of Happiness	What is anger?	Saving and managing money	Employment & Financial management	Social media and online stress	Self esteem changes	What is a penis?	What is a vulva?	HBT – Bullying in all its forms	Dealing with Grief and loss	Media and Airbrushing
	Sex the law and consent Unit							Sex the law and Consent Unit					
Cycle 2	Cancer Prevention & Healthy lifestyles	Sexual Consent & the law	FGM & The Law	Delaying Sexual Activity	Why have Sex?	Relationships and partners	Pleasure and delaying sexual activities / Risky Behaviour	What are STI's?	STI Lesson	Contraception Available	The Condom Lesson	Exploring the realities of Contraception	Sexual Harassment & Stalking
	Legal and Illegal Drugs							Combating Extremism and Terrorism Unit					
Cycle 3	HIV and AIDS	AIDS – Prejudice & Discrimination	Drugs Classification	Illegal Drugs	Substance Misuse	Cannabis and Other Drugs	Conspiracies & Extremist narratives	Extremism in all its forms	What is Terrorism?	Proud to be British	The radicalisation process	Counter Terrorism	Anti – Semitism

Year 10

Overview	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	Rights and Responsibilities Unit							Mental Health and Wellbeing Unit					
Cycle 1	Instagram Generation	Targeted Advertising	Marriage what is it?	Rights & Responsibilities	Consumer Rights	Employment rights	Exploring a pay check	Child abuse (CSE) & Coercive Control	Screen time & Safe mobile Phone use	Common types of Mental Health	Self Harm & suicidal thoughts and support	Peer on Peer bullying and harassment	Promoting emotional wellbeing
	Exploring relationships & Sex Education Unit							Violence, Crimes and Seeing Safety Unit					
Cycle 2	Campaigning against FGM	Youth-Produced sexual imagery	Porn Life vs Real Life	Domestic abuse and violence	Sexual violence (Assault and Rape)	Sexualisation of the media	Honour based Violence	Forced Marriages	Online Gambling	Social Media Validation	Keeping Data Safe	Modern Day Slavery	Preventing Knife Crime
	Exploring British Values Unit							Exploring World Issues					
Cycle 3	Critical thinking & Fake News	Exploring Britishness and British Values	LGBT Rights & British Values	What are Human Rights	Exploring Human Rights	International Organisations	Brexit	Aid and Supporting Other Countries	Fair Trade	Peace, War and Conflict	Women's Rights & Equality	#MeToo Movement & Times Up	

13-Week Curriculum Overviews 2021-22

Year 7 Overview

	30/08/2021	06/09/2021	13/09/2021	20/09/2021	27/09/2021	04/10/2021	11/10/2021	18/10/2021	25/10/2021	01/11/2021	08/11/2021	15/11/2021	22/11/2021	29/11/2021	06/12/2021	
	Curriculum cycle 1															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
SOW	Intro to PSHE	Getting to know people	What is a community?	Careers and your future	Sleep and relaxation	Financial Education	Transition points and your life	Half Term		Intro to Puberty	Puberty (Girls focus)	Puberty (Boys focus)	Personal Hygiene inc Oral Hygiene	Growing up and FGM	Assertiveness, consent and Hormone	
Entry Tasks	Managing Change									Puberty Body Development						
	13/12/2021	20/12/2021	27/12/2021	03/01/2022	10/01/2022	17/01/2022	24/01/2022	31/01/2022	07/02/2022	14/02/2022	21/02/2022	28/02/2022	07/03/2022	14/03/2022	21/03/2022	28/03/2022
	Curriculum cycle 2															
	16	17	18	19	20 DC1	21	22	23	24	25	26	27	28	29	30	31
SOW	Self Esteem & empowerment	Consent and boundaries	Christmas Break	Respect and relationships	What makes a good friend	Friendships and managing them	Being positive & Self Esteem	Pressure & Influence	What does it mean to be a man?	Half Term	Avoiding Gangs	Staying Safe Online	Fortnite, Grooming & online gaming	What is alcohol?	What is smoking?	E-Cigs & Energy Drinks
Entry Tasks				Friendships, Respect & Relationships							Staying Safe Online and Offline					
	18/04/2022	25/04/2022	02/05/2022	09/05/2022	16/05/2022	23/05/2022	30/05/2022	06/06/2022	13/06/2022	20/06/2022	27/06/2022	04/07/2022	11/07/2022	18/07/2022		
	Curriculum cycle 3															
	34	35	36	37	38	39	40	41 exams	42	43	44	45 DC2	46	47		
SOW	Carrying a Knife	Multicultural Britain	What is your identity?	Nature Vs Nurture	Equality Act 2010	Breaking down Stereotypes	Half Term	Prejudice and Discrimination	Challenging Islamophobia	Why is politics important	How is our country run	Create a political party	Elections and campaigning	End of year Quiz		
Entry Tasks		Celebrating Differences								Politics Parliament and Me						

13-Week Curriculum Overviews 2021-22

Year 8 Overview

SOW	30/08/2021	06/09/2021	13/09/2021	20/09/2021	27/09/2021	04/10/2021	11/10/2021	18/10/2021	25/10/2021	01/11/2021	08/11/2021	15/11/2021	22/11/2021	29/11/2021	06/12/2021		
	Curriculum cycle 1																
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15		
	Employability Skills	Proud to be me + Career choices	Career interests and Jobs	Self Esteem and the Media	Labour market information	Exploring careers	Health and Wellbeing	Half Term		What is mental health?	Positive body image	Child abuse	Types of Bullying	Healthy eating and Cholesterol	Stress management		
Entry Tasks	Proud to be me							Physical Health and Mental Wellbeing									
SOW	13/12/2021	20/12/2021	27/12/2021	03/01/2022	10/01/2022	17/01/2022	24/01/2022	31/01/2022	07/02/2022	14/02/2022	21/02/2022	28/02/2022	07/03/2022	14/03/2022	21/03/2022	28/03/2022	
	Curriculum cycle 2																
	16	17	18	19	20 DC1	21	22	23	24	25	26	27	28	29	30	31	
	Intro to relationships and sex education	Healthy relationships & What is love	Christmas Break	Dealing with conflict	Sexual Orientation	Gender Identity	Introduction to contraception	County Lines – What is it?	County Lines – Who is at risk?	Half Term	Substance misuse	Online safety – Cyber bullying	Grooming Boys and Girls	Drugs Education – Alcohol safety	Child Exploitation and online protection	LGBT what is it?	
Entry Tasks				Identity, Relationships & Sex Education						Half Term	Dangerous Society Online and Offline						
SOW	18/04/2022	25/04/2022	02/05/2022	09/05/2022	16/05/2022	23/05/2022	30/05/2022	06/06/2022	13/06/2022	20/06/2022	27/06/2022	04/07/2022	11/07/2022	18/07/2022			
	Curriculum cycle 3																
	34	35	36	37	38	39	40	41	42 exams	43	44	45 DC2	46	47			
	LGBT Homophobia in schools	Supporting those that are LGBT	Challenging homophobia	Transphobia	Coming Out	Desert Island Living	Half Term	Building a community	Making decisions & making priorities	Criminals, laws and society	Law making in the UK	Prisons, Reform and Punishment	Exploring inside Parliament	End of year quiz			
Entry Tasks	LGBTQA+ Explored						Half Term	Law, Crime and Society									

13-Week Curriculum Overviews 2021-22

Year 9 Overview

		30/08/2021	06/09/2021	13/09/2021	20/09/2021	27/09/2021	04/10/2021	11/10/2021	18/10/2021	25/10/2021	01/11/2021	08/11/2021	15/11/2021	22/11/2021	29/11/2021	06/12/2021	
		Curriculum cycle 1															
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
SOW		From Failure to Success	First Aid	Importance of Happiness	What is anger?	Saving and managing money	Employment & Financial management	Social media and online stress	Half Term		Self esteem changes	What is a penis?	What is a vulva?	HBT – Bullying in all its forms	Dealing with Grief and loss	Media and Airbrushing	
Entry Tasks		Essential life skills									Body Confidence						
		13/12/2021	20/12/2021	27/12/2021	03/01/2022	10/01/2022	17/01/2022	24/01/2022	31/01/2022	07/02/2022	14/02/2022	21/02/2022	28/02/2022	07/03/2022	14/03/2022	21/03/2022	28/03/2022
		Curriculum cycle 2															
		16	17	18	19	20 DC1	21	22	23	24	25	26	27	28	29	30	31
SOW		Cancer Prevention & Healthy lifestyles	Sexual Consent & the law	Christmas Break	FGM & The Law	Delaying Sexual Activity	Why have Sex?	Relationships and partners	Pleasure and delaying sexual activities / Risky Behaviour	What are STI's?	Half Term	STI Lesson	Contraception Available	The Condom Lesson	Exploring the realities of Contraception	Sexual Harassment & Stalking	HIV and AIDS
Entry Tasks					Sex the law and Consent							Sex the law and Consent					
		18/04/2022	25/04/2022	02/05/2022	09/05/2022	16/05/2022	23/05/2022	30/05/2022	06/06/2022	13/06/2022	20/06/2022	27/06/2022	04/07/2022	11/07/2022	18/07/2022		
		Curriculum cycle 3															
		34	35	36	37	38	39	40	41	42	43 exams	44	45 DC2	46	47		
SOW		AIDS – Prejudice &	Drugs Classification	Illegal Drugs	Substance Misuse	Cannabis and Other Drugs	Conspiracies & Extremism	Half Term	Extremism in all its forms	What is Terrorism?	Proud to be British	The radicalisation	Counter Terrorism	Anti – Semitism	End of year quiz		
Entry Tasks			Legal and Illegal Drugs						Combatting Extremism and Terrorism								

13-Week Curriculum Overviews 2021-22

Year 10 Overview

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13-Week Curriculum Overviews 2021-22

Year 11 Overview

30/08/2021	06/09/2021	13/09/2021	20/09/2021	27/09/2021	04/10/2021	11/10/2021	18/10/2021	25/10/2021	01/11/2021	08/11/2021	15/11/2021	22/11/2021	29/11/2021	06/12/2021	
Curriculum cycle 1															
1	2	3	4	5	6 DC1	7	8	9	10	11	12	13	14	15 exams	
Review of last data	Growth Mindset	Time Management & revision	Revision Techniques	Learning to Sleep	Revision Audit	Revision Timetable	Half Term		Attitude Battery	Dealing with Exam Stress And Anxiety	GRIT	Resilience in Adversity	Exam Stress Cube	Finals #1	
13/12/2021	20/12/2021	27/12/2021	03/01/2022	10/01/2022	17/01/2022	24/01/2022	31/01/2022	07/02/2022	14/02/2022	21/02/2022	28/02/2022	07/03/2022	14/03/2022	21/03/2022	28/03/2022
Curriculum cycle 2															
16 exams	17	18	19	20 DC2	21	22	23	24	25	26	27 DC3	28	29	30	31
Finals #1	Digital Footprint	Christmas Break	CV Writing	Comment Trackers	CV Writing	Oak Academy Careers Pathways	Personal Statement	Reaction to feedback	Half Term	Interview Techniques	Interview Responses	Trackers	What's stopping you?	Effort Thermometer	Will Smith Hard work
18/04/2022	25/04/2022	02/05/2022	09/05/2022	16/05/2022	23/05/2022	30/05/2022	06/06/2022	13/06/2022	20/06/2022	27/06/2022	04/07/2022	11/07/2022	18/07/2022		
Curriculum cycle 3															
34	35 Pred Gr	36	37	38 GCSEs	39 GCSEs	40	41 GCSEs	42 GCSEs	43 GCSEs	44	45	46	47		
Question Everything	Predicted Grades	Helen keller Speech	Catching Kayla	Exams		Half Term	Exams								