| Montgomery | Sweet Eats | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Menu Item | Celery | Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphites | Notes KEY |
| Example | | X | | X | | | | | | | | | X | | |
| Apple and sultana samosa | | x | | | | | x | | | | | | | x | |
| apple berry fool | | | | | | | x | | | | | | | | |
| apple cake | | x | | x | | | x | | | | | | | | |
| apple cracknell | | x | | | | | x | | | | | | | | |
| bread and butter pudding | | x | | x | | | x | | | | | | x | | |
| carrot cake | | x | | x | | | | | | | | | | | |
| chocolate banana slice | | x | | x | | | x | | | | | | | | |
| hocolate and pear upside down pudding | | x | | x | | | x | | | | | | | | |
| chocolate brownie | | x | | x | | | x | | | | | | | | |
| chocloate crunch | | x | | x | | | x | | | | | | | | |
| chocolate marble cake | | x | | x | | | x | | | | | | | | |
| chocolate orange cake | | x | | x | | | x | | | | | | | | |
| Custard | | | | | | | x | | | | | | | | |
| Eton Mess | | | | x | | | x | | | | | | | | |
| Fruit Cobbler | | x | | | | | x | | | | | | | | |
| Fruit Crumble | | x | | | | | x | | | | | | | | |
| Fruit Pie | | x | | | | | x | | | | | | | | |
| Fruit Sponge | | x | | x | | | x | | | | | | | | |
| Fruit Strudel | | x | | x | | | x | | | | | | | | |
| Fruity Banana Brain Cake | | x | | x | | | x | | | | | | | x | |
| Gingerbread Cake | | x | | x | | | x | | | | | | | | |
| Lemon and Raspberry truffles | | x | | x | | | x | | | | | | | | |
| Lemon Drizzle cake | | x | | x | | | x | | | | | | | | |
| Oaty Fruit Crunch | | x | | | | | x | | | | | | | | |
| Pineapple upside down pudding | | x | | x | | | x | | | | | | | x | |
| Sticky Toffee Pudding | | x | | x | | | x | | | | | | | | |
| Rhubarb and custard cake | | x | | x | | | x | | | | | | | | |
| Saucy chocolate orange pudding | | x | | x | | | x | | | | | | | | |
| Vanilla and coconut rice pudding | | | | | | | x | | | | | | | | |
| Zesty Yogurt Cake | | x | | x | | | x | | | | | | | | |
| Apple Flapjack | | x | | | | | x | | | | | | | | |
| Apple, Carrot & Bran Muffin | | x | | x | | | | | | | | | | | |
| Berry Flapjack | | x | | | | | x | | | | | | | | |
| Blueberry muffin | | x | | x | | | | | | | | | | | |
| Cocoa and beetroot muffin | | x | | x | | | x | | | | | | | x | |
| Coconut and sultana flapjack | | x | | | | | x | | | | | | | | |
| Courgette and apple muffin | | x | | x | | | x | | | | | | | | |
| Mango and banana muffin | | x | | x | | | x | | | | | | | | |
| Oaty Biscuits | | x | | | | | x | | | | | | | | |
| Parkin | | x | | x | | | x | | | | | | | | |
| Shortbread | | x | | | | | x | | | | | | | | |
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Created By: _____ _____

Checked By: _____ _____