The Montgomery Academy Physical Education Department

Sports Studies Learning Journey



YEAR



R185: Performance and Leadership in **Sports Activities**

TA4: Leading a sports activity session

Adventurous Activities TA1: Provision for different types of outdoor

R187: Increasing Awareness of Outdoor and

and adventurous activities in the UK DC2 R185 Submission

Y10 In class

DC1

Handball

Y10 Exams Orienteering Assessment

YEAR

Sports Studies Learning Journey

Video footage to be recorded of students' two sporting activities



R185: Performance and Leadership in **Sports Activities**

TA3: Organising and planning a sports

Badminton / Trampolining activity session

Football

Finalise practical sports R185: Performance and Leadership in

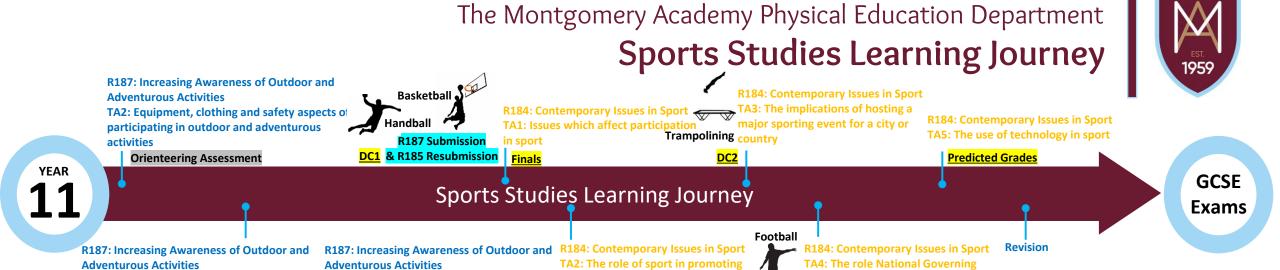
Sports Activities

TA5: Reviewing your own performance in planning and leading a sports activity session



R187: Increasing Awareness of Outdoor and Adventurous Activities

TA2: Equipment, clothing and safety aspects of participating in outdoor and adventurous activities



values

TA3: Plan for and be able to participate in an

outdoor and adventurous activity

TA4: Evaluate participation in an outdoor

and adventurous activity

Bodies play in the development of

their sport