

MCA: Theory Thurs 1 & Fri 4 MCA & MTA: Practical Fri 5																				
Class: 11 GCSE PE								Half Term				CWA DC1			All coursework to be completed		Christmas Break			
Term 1:		WK 1 (3 days)		WK 2	WK 3		WK 4					WK 5		WK 6	WK 7 (4 day)					
		01/09/2025		08/09/2025		15/09/2025						22/09/2025		29/09/2025		06/10/2025			13/10/2025	
Theory: Paper 2		Classification of Skills	Goal Setting	Information Processing		Guidance & Feedback			Mental Preparation			Mental Preparation	Engagement Patterns		Commercialisation					
Coursework		NEA Section A (coursework)								NEA Section B (coursework)										
Practical		Netball & Football: Netball Courts & Field								Trampolining: Gym										
Term 2:				Finals						Half Term	Practical Sports to be Confirmed	DC2 + COMMENTS		Easter Break						
				WK 1		WK 2		WK 3			WK 4		WK 5					WK 6		
				05/01/2026		12/01/2026		19/01/2026			26/01/2026		02/02/2026					09/02/2026		
Theory: Paper 2		Conduct of Performers		Finals Prep and Finalise Coursework						Health & Well-Being	Sedentary Lifestyle	Energy, Diet & Nutrition	Buffer Weeks							
Layering Paper 1		Musculoskeletal System		Cardiorespiratory System		Aerobic & Anaerobic Respiration		Effects of Exercise			Lever Systems	Planes and Axes	Components of Fitness				Principles of Training			
Practical		Handball: Sports Hall, Netball Courts & Gym						Practical turns to A03 prep												
Term 3:				PREDICTED GRADES						GCSE PE Paper 1: Friday 1st June AM		Half Term	GCSE PE Paper 2: Monday 1st June AM							
				WK 1		WK 2		WK 3		WK 4 (4 day)			WK 5		WK 6					
				13/04/2026		20/04/2026		27/04/2026		04/05/2026			11/05/2026		18/05/2026					
Theory		GCSE PE Revision																		
Layering Paper 1		Principles of Training	Training Methods		Optimise Training	Warming Up & Cooling Down		GCSE PE Revision												
Practical		Practical turns to A03 prep																		
				GCSE Exams																

GSH: Theory Thurs Mon 5 & Tues 4 GSH & MTA: Practical Tues 5																			
Class: 11 GCSE PE								Half Term				CWA DC1				All coursework to be completed		Christmas Break	
Term 1:		WK 1 (3 days) 01/09/2025	WK 2 08/09/2025	WK 3 15/09/2025	WK 4 22/09/2025	WK 5 29/09/2025	WK 6 06/10/2025					WK 7 (4 day) 13/10/2025	WK 8 03/11/2025	WK 9 10/11/2025	WK 10 17/11/2025	WK 11 24/11/2025	WK 12 01/12/2025		
Theory: Paper 2		INSET DAYS	Classification of Skills	Goal Setting	Information Processing	Guidance & Feedback		Mental Preparation	Mental Preparation				Engagement Patterns		Commercialisation				
Coursework			NEA Section A (coursework)																NEA Section B (coursework)
Practical			Netball & Football: Netball Courts & Field						Trampolining: Gym										
			Finals				Half Term		Practical Sports to be Confirmed		DC2 + COMMENTS		Easter Break						
Term 2:		WK 1 05/01/2026	WK 2 12/01/2026	WK 3 19/01/2026	WK 4 26/01/2026	WK 5 02/02/2026			WK 6 09/02/2026	WK 7 (4 days) 23/02/2026	WK 8 02/03/2026	WK 9 09/03/2026					WK 10 16/03/2026	WK 11 23/03/2026	
Theory: Paper 2		Conduct of Performers		Finals Prep and Finalise Coursework				Health & Well-Being		Sedentary Lifestyle		Energy, Diet & Nutrition		Buffer Weeks					
Layering Paper 1		Musculoskeletal System		Cardiorespiratory System		Aerobic & Anaerobic Respiration		Effects of Exercise		Lever Systems		Planes and Axes		Components of Fitness		Principles of Training			
Practical		Handball: Sports Hall, Netball Courts & Gym						Practical turns to A03 prep											
		PREDICTED GRADES						GCSE PE Paper 1: Friday 22nd May AM		Half Term		GCSE PE Paper 2: Monday 1st June AM							
Term 3:		WK 1 13/04/2026	WK 2 20/04/2026	WK 3 27/04/2026	WK 4 (4 day) 04/05/2026	WK 5 11/05/2026	WK 6 18/05/2026	WK 7 01/06/2026	WK 8 08/06/2026			WK 9 15/06/2026	WK 10 22/06/2026	WK 11 29/06/2026	WK 12 06/07/2026	WK 13 13/07/2026	WK 14 20/07/2026		
Theory		GCSE PE Revision																	
Layering Paper 1		Principles of Training		Training Methods		Optimise Training				Warming Up & Cooling Down		GCSE PE Revision							
Practical		Practical turns to A03 prep																	
GCSE Exams																			