



Please write clearly in block capitals.

Centre number

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Candidate number

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Surname

Forename(s)

Candidate signature

GCSE PHYSICAL EDUCATION

Paper 2 Socio-cultural influences and well-being in physical activity and sport

Friday 17 May 2019

Afternoon

Time allowed: 1 hour 15 minutes

Materials

For this paper you may use:

- a calculator.

Instructions

- Use black ink or black ball-point pen. Pencil should only be used for drawing.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 78.
- Questions should be answered in continuous prose. You will be assessed on your ability to:
 - use good English
 - organise information clearly
 - use specialist vocabulary where appropriate.

For Examiner's Use	
Question	Mark
1	
2	
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8	
9	
10	
11	
12	
13	
TOTAL	



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Answer **all** questions.

Do not write
outside the
box

Only **one** answer per question is allowed.

For each answer completely fill in the circle alongside the appropriate answer.

CORRECT METHOD



WRONG METHODS



If you want to change your answer you must cross out your original answer as shown.



If you wish to return to an answer previously crossed out, ring the answer you now wish to select as shown.



0 1

Which **one** of these is the 'A' in SMART targets of goal setting?

[1 mark]

A Accepted

B Accountable

C Aimed

D Appropriate

1

0 2

Which **one** of these is largely responsible for growth and repair of muscle tissue?

[1 mark]

A Carbohydrates

B Fat

C Protein

D Vitamins

1



0 3

Which **one** of these is an example of mechanical guidance?

[1 mark]

- A** Holding a performer's wrist in tennis to guide them through a shot.
- B** Showing a performer where their foot needs to be when bowling in cricket.
- C** Using a trampoline harness to practise a front somersault.
- D** Watching video footage of a gymnastics performance on a DVD.

1

0 4

Which **one** of these is an example of a self-paced skill?

[1 mark]

- A** Marking an opponent in football.
- B** Performing a triple jump.
- C** Receiving a tennis serve.
- D** Tackling an opponent in rugby.

1

0 5

Which **one** of these somatotypes is most suited to the high jump?

[1 mark]

- A** Ectomorph
- B** Endomorph
- C** Mesomorph

1

Turn over for the next question

Turn over ►



0 6 . 1 Define gamesmanship and sportsmanship.

[2 marks]

Gamesmanship _____

Sportsmanship _____

0 6 . 2 Describe **two** different examples of sportsmanship.

[2 marks]

1 _____

2 _____

0 6 . 3 Identify **two** positive effects of having spectators at a sporting event.

[2 marks]

1 _____

2 _____



Do not write
outside the
box

0 6 . 4

Explain why the following may lead to hooliganism at football matches.

[4 marks]

Alcohol/drugs _____

Gang culture _____

10

Turn over for the next question

Turn over ►



0 7 . 1

Explain the relationship between sport, sponsorship and the media.

[3 marks]

0 7 . 2

Outline **three** negative impacts of commercialisation in sport on **spectators**.

[3 marks]

1 _____

2 _____

3 _____

0 7 . 3

Outline **three** positive impacts of commercialisation in sport on **performers**.

[3 marks]

1 _____

2 _____

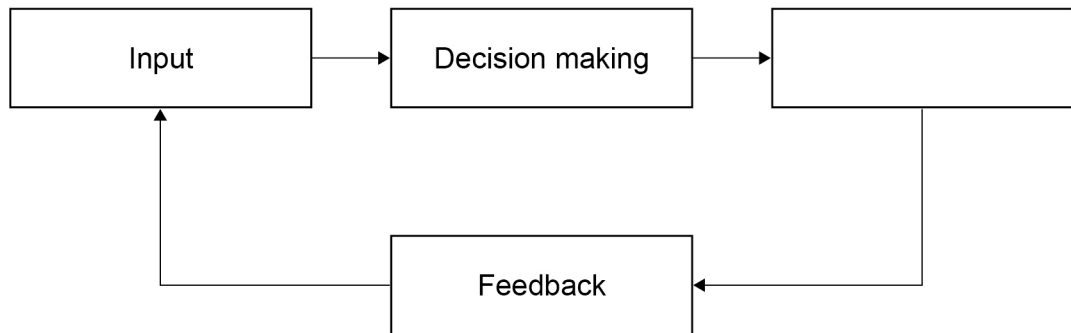
3 _____



0 8

Figure 1 shows the basic information processing model.

Figure 1



0 8 . 1

Identify the missing stage of the basic information processing model in **Figure 1**.

[1 mark]

0 8 . 2

Using a named skill from a sport, explain what happens at the following stages of the basic information processing model:

- input
- decision making.

[4 marks]

Input _____

Decision making _____

Turn over ►



08 . 3

A performer can receive feedback extrinsically or intrinsically.

Justify why extrinsic feedback would be more beneficial for a beginner in a sport.

[4 marks]

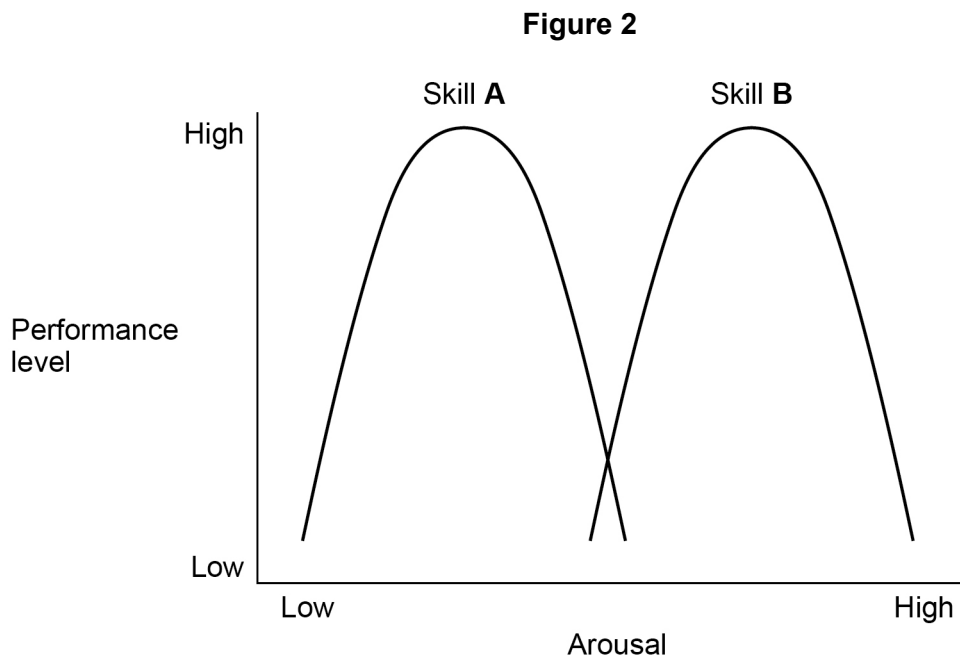
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outside the
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9



0 9

Figure 2 shows inverted-U graphs for two different sporting skills.



0 9 . 1

State a skill from a sporting activity for both Skill A and Skill B shown in Figure 2.

[2 marks]

Skill A _____

Skill B _____

0 9 . 2

Mental rehearsal, visualisation and imagery are all stress management techniques.

Identify and describe **two** other stress management techniques.

[4 marks]

Technique 1 _____

Technique 2 _____

6

Turn over ►



1 0

Table 1 shows statistics relating to the number of positive drugs tests at the summer Olympic Games from 1992 until 2012.

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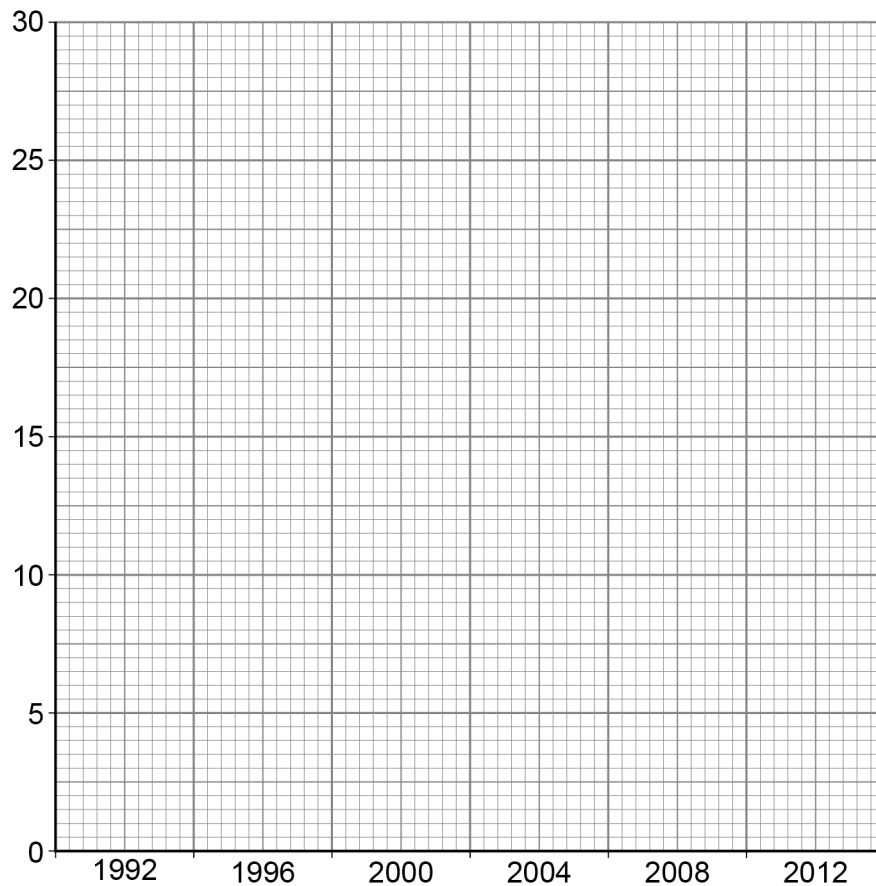
Table 1

Year	Place	Number of positive tests recorded during the Olympic Games
1992	Barcelona	5
1996	Atlanta	2
2000	Sydney	11
2004	Athens	26
2008	Beijing	25
2012	London	9

1 0 . 1

Draw a bar chart on the graph paper below to show the number of positive tests recorded at each Olympic Games.

Label the axes.

[2 marks]

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outside the
box

1 0 . 2

Many performance enhancing drugs (PEDs) are not allowed in sport. However, some performers still take them because of the positive effect that they have on their bodies.

Complete **Table 2** to identify the correct PED or positive effect on the performer's body.

[4 marks]

Table 2

PED	Positive effect on the performer's body
Anabolic agents	
	Increase in mental and physical alertness
Diuretics	
	Reduce the feeling of pain

1 0 . 3

Joel, a young professional footballer, is struggling to make progress into the first team at his club. A friend has suggested that he takes PEDs.

Discuss the possible advantages **and** disadvantages that Joel needs to consider before deciding whether to take PEDs.

[5 marks]

Turn over ►



1 1

Skills in sport can be classified in different ways.

1 1 . 1

Define the term 'closed skill'.

[1 mark]

1 1 . 2

Give **one** sporting example of an open skill.

Justify your choice.

[4 marks]

Sporting example _____



1 1 . 3 Outline the difference between basic and complex skills.

Use sporting examples in your answer.

[4 marks]

1 1 . 4 Outline the difference between performance and outcome goals.

Use sporting examples in your answer.

[4 marks]

Turn over for the next question

Turn over ►



1 2

Evaluate the use of technology in relation to its effect on officials **and** sport.

[6 marks]

*Do not write
outside the
box*

Extra space

6



1 | 3

Jane has become increasingly inactive since she left school and started work in an office. She has recently been to see her doctor for a health check and she was classified as being obese.

Identify factors that could have caused Jane to become inactive and obese.

Justify your choices.

[9 marks]

Turn over ►



