

Gymnastics PE Assessment

TOTAL SCORE (25)	On Track Indicator	Grade Descriptions
24-25		Students can demonstrate excellent body tension throughout performances.
22-23		Students can plan and perform a sequence with a different complex linkage between each move.
20-21		Students can plan sequences of differing complexities for themselves and others of different abilities.
19		Students can plan ways to improve performance. The correct terminology is used at all times.
18	Y10 on track 11-19	All performances show good body tension.
17		During performances movements are clear with complex linkage between them.
16		Students can plan sequences of differing complexities for themselves and others of different abilities.
15	Y9 on track 10-18	Using a wide range of vocabulary, students can identify strengths and weaknesses in a group sequence.
14		All performances show good body tension. Students can perform in a solo or as part as a group using complex moves, showing clarity of most of the moves.
13	Y8 on track 5-15	Students can plan a sequence of at least ten movements for themselves or others.
12		Students can tell when other people have done something wrong and are able to put it right, using technical vocabulary.
11		Most of student's performances show good body position.
10	Y7 on track 2-12	Students can perform in a solo or group sequence using complex moves, showing clarity in most moves.
8-9		Students can plan a sequence of at least seven moves for their selves and others to perform. Students can identify strengths and weaknesses, using correct terminology, though they do not always know areas to improve.
6-7		Students can identify strengths and weaknesses in others.
5		Student's body tension is sometimes evident in performances.
3-4		Students can perform a solo or within a group sequence showing some clarity in most of the moves.
1-2		Students can plan a sequence of at least five moves for myself and sometimes assist others.
		Students can identify their strengths and some of their weaknesses, using basic terminology, though it is not known how to improve.
		There are only a few occasions within a gymnastics performance where body tension is good.
		Students' range of movements is limited but can still help groups with basic ideas.
		Students can plan a few moves but need help to plan more than a couple.
		Students have difficulty evaluating performances and have difficulty remembering the correct terminology.