

The Role of National Governing Bodies (NGBs) – Independent organisation responsible for the governing and management of a sport.

Football	Rugby	Athletics	Cycling	Netball	Gymnastics
The Football Association 	Rugby Football Union 	UK Athletics 	British Cycling 	England Netball 	British Gymnastics 

Promotion:

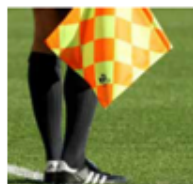
- NGB's aim to increase **popularity** of the sport with school schemes and through **media exposure** and public relations events.
- **NGBs** will also **promote participation** from grass roots up to identifying and nurturing young elite sporting talent.



Development:

NGB's will oversee:

1. **Elite training and performer development** – focus on National Team squads performance.
2. **Coaching developments** – NGB's all run awards for aspiring coaches from Level 1 to professional licenses.
3. **Training of officials** – Young leaders awards are often the beginning of a career as a referee.



Infrastructure:

NGB's will maintain the infrastructure of the sport by **organising and running competitions** and tournaments. This creates high profile opportunities for athletes to perform.

In addition NGB's will::

- Enforce the **rules** and undertake **disciplinary procedures**.
- Provide a **vision and strategic direction**.
- Produce **guidance materials** for members
- Assist with **facility developments**.



Policies and Initiatives:

- Oversee **anti-doping policies**. This involves regularly reviewing the list of banned substances.
- **Promote fair play** and conduct **educational programmes**.
- Develop **community links** and opportunities.
- Update members with information and guidance on **safeguarding**.



Funding:

Decisions will be made on how funding is spent across key areas of the organisation.

Income is received from:

- Grants
- Membership
- Subscriptions/match fees
- Lottery funding
- Media/sponsorship monies
- Merchandising
- Events
- Private investment and donations



Support:

Ultimately, all aspects of a player, coach and officials development should be catered for. This can be through website or administration teams.

Support can also include:

- **Technical advice** regarding equipment and playing surfaces.
- Location and contact details for local clubs and foundation stage opportunities.











R051 Learning Outcome 4

Revision Booklet

Name

Task 1: Can you name the following national governing bodies associated with the sporting activity?

<p>Football in England NGB:</p>	<p>Netball in England NGB:</p>	<p>Rugby union in England NGB:</p>	<p>Cricket in England NGB:</p>
			
<p>Tennis in Britain NGB:</p>	<p>Badminton in England NGB:</p>	<p>Basketball in England NGB:</p>	<p>Hockey in England NGB:</p>
			

Task 2: Match the key words with the correct definition

Acronym	Key Word
D	Development
I	Infrastructure
P	Promotion
I	Initiatives
F	Funding
S	Support

Definition
Bringing more money into the sport and deciding where to spend it
Promoting the sport through media coverage and more people playing
Providing information about the sport to increase knowledge
Help the sport to grow through better training, coaches & officials
Maintaining safe and fair practice for all
Organising the sport through competitions and events

F

1. Decisions will be made on how funding is spent across key areas of the organisation. Income is received from:

- Grants
- Government , non government
- Subscriptions/match fees
- Lottery funding
- Income from media/sponsorship/advertising
- Private investment and donations
- Merchandising
- Admission charges
- Fund raising events

S

1. Providing technical advice on equipment and playing surfaces

Example: England Hockey provide information about playing surfaces

2. Location and contact details for local clubs and foundation stage opportunities

D

1. Elite training and development

Example: national performance squads and national team sports

2. Coaching Awards

Example: England Netball UK Coaching certificate and coaching awards level 1 upwards

3. Training of officials

Example: rugby football union

National Governing Bodies

I

1. Anti-doping initiatives and policies

Example: England and Wales Cricket Board has an anti-doping policy which includes a list of all banned and permitted substances

2. Promoting etiquette and fair play

Example: FA respect campaign

3. Community programmes

Example: Amateur Swimming Association's 'Swimfit'

4. Information and Guidance on Safeguarding

P

1. Promoting participation

Example: equal opportunities policies

2. Increasing the popularity of the sport

Example: schemes for schools

3. Exposure in the Media

Example: press releases & public relations

I

1. Organising competitions and tournaments

Example: under 9s to senior level

2. Rule making and discipline

Example: FA reviewing game incidents

3. Providing a direction and vision for the sport

4. Providing guidelines support and insurance to members

5. Updating and building facilities

Case Study 1: English Cricket Board



The English Cricket Board have noticed a decline in coaches, officials and the number of competitions on offer for younger budding cricketers.
What strategies would you suggest?

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Case Study 2: Lawn Tennis Association



The Lawn Tennis Association is often seen as a privileged sport due to cost of equipment and membership fees.

What promotions would you suggest for the LTA to implement in order for equal opportunities to be met across all user groups?

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LO4: Know about the role of national governing bodies in sport

Identify three ways that a national governing body ensures that the risk of injury from participation in sport is kept to a minimum (2)

1.

2.

Explain the role of a national governing body in developing the infrastructure of a sport (8)

Suggest two ways a sports club could spend funding from a governing body to overcome a barrier to participation

Barrier (1)

Initiative/strategy (2)

Identify three sources of funding available to a national governing body in sport (3)

1.

2.

3.

Give two examples of how a national governing body might promote their sport (2)

1.

2.

Describe one policy of a national governing body and explain its impact on that sport (3)

CQ

Explain how national governing bodies can help and advise sports clubs with funding and raising money (8)

Level	Description	Marks Awarded
Level 3	A comprehensive response	7-8
Level 2	A competent response	4-6
Level 1	A basic response	1-3
0	No response/not attempted	0

TIPS:

Look at the funding notes and pick a number of points and expand, giving examples

Areas to consider:

User groups**PAMPERS****Solutions (APP)**

CQ

Explain how national governing bodies can help and advise sports clubs with funding and raising money (8)

Funding

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IDEAS

Level	Description	Marks Awarded
Level 3	Many points are made, many of which are well developed and thoroughly explain each role using specific examples	7-8
Level 2	Some valid points and there is an attempt at explanation of these roles using relevant examples	4-6
Level 1	Simple descriptions of a range of sources of funding	1-3
0	No response/not attempted	0

