

What does my home life look like?

- Who I live with

- Family members in school

- Activities I enjoy out of school



Name:

Primary school:

How to support me

- Triggers (what upsets you, makes you feel worse)

- How can you help yourself?

- How can teachers help you?

What I would like school to know about me

- Any friendships you would like school to be aware of

- Anything you would like school to know about you?

Learning styles

- What encourages you?

- What lessons do you enjoy?

What do you want to achieve?

- Two Learning targets you would like to set yourself

- Which clubs might you like to join?

What is important to me?

- What are your strengths/ what do you enjoy?

- What makes you happy?

- What would you like to do when you grow up?