

# KS3 PSHE Curriculum Coverage



Year 9

Sequenced	Topic 1 Proud to be me Core Theme 1	Topic 2 Physical Health and Wellbeing Core Theme 2	Topic 3 Sex the law and consent Core Theme 3	Topic 4 Contraception and STIs Core Theme 4	Topic 5 Legal and Illegal Drugs Core Theme 5	Topic 6 Combatting Extremism and Terrorism Core Theme 6
<b>Key Knowledge</b>	<p><b>To know:</b></p> <ul style="list-style-type: none"> <li>The importance of resilience and learning from mistakes and failures</li> <li>That social media sometimes does not reflect real life</li> <li>The vital importance of first aid as a life-saving skill</li> <li>A variety of banking and financial key terms</li> </ul>	<p><b>To know:</b></p> <ul style="list-style-type: none"> <li>What a penis is and the make-up of a sperm cell including the role of testosterone</li> <li>What a vulva is and the make-up of the vagina and understand the importance of cervical screening</li> <li>All three forms of HBT (homophobic, biphobic and transphobic) bullying</li> <li>What grief is and how it affects people</li> <li>What it means to be body positive and body neutral</li> <li>The health benefits of living a healthy lifestyle</li> </ul>	<p><b>To know:</b></p> <ul style="list-style-type: none"> <li>The different parts of the female reproductive organs</li> <li>What FGM is and to know that FGM is illegal and where you can go for help and support</li> <li>The legal definition of consent and the law surrounding it</li> <li>The considerations and consequences to take before making a relationship sexual</li> <li>The non-physical characteristics someone might look for in a future partner</li> <li>At least five common STD's and how they are transmitted</li> </ul>	<p><b>To know:</b></p> <ul style="list-style-type: none"> <li>The importance of Sexual Health Clinics (GUM) and why young people should always get themselves checked out after unprotected sex</li> <li>A variety of different forms of contraception</li> <li>The correct steps for using an external or male condom</li> <li>The block, suppress and disable methods to reduce the risk of pregnancy</li> <li>What thrush is and the common symptoms of it in men and women</li> <li>The terms stalking and harassment</li> <li>The terms HIV and AIDS and to know the difference</li> <li>The history of HIV and AIDS and understand the recent advances in HIV treatment and prevention</li> </ul>	<p><b>To know:</b></p> <ul style="list-style-type: none"> <li>The term drug and understand the different forms it can take</li> <li>The different forms and street names given to cannabis</li> <li>The differences in classification of drugs</li> <li>A range of illegal drugs</li> <li>The term volatile substance abuses</li> <li>The term substance addiction</li> </ul>	<p><b>To know:</b></p> <ul style="list-style-type: none"> <li>What a conspiracy theory is and explore why conspiracy theories and extremist narratives are interlinked</li> <li>The terms extremism, terrorism and radicalisation</li> <li>The iceberg analogy of terrorism</li> <li>How supporting British Values can help combat extremism</li> <li>How the radicalisation process works</li> <li>How counter terrorism works in the UK and the Prevent Duty</li> <li>The terms Zionism and anti-Semitism</li> </ul>
<b>Key Skills</b>	<p><b>To be able to:</b></p> <ul style="list-style-type: none"> <li>Recognise and practise resilient moves to become a resilient person at school, home and in the community</li> <li>Recognise the link between mental health and social media usage</li> <li>Perform first aid, including CPR, understand the use of defibrillators, choking and basic treatment for common injuries</li> <li>Identify the difference between essential and non-essential expenditure</li> </ul>	<p><b>To be able to:</b></p> <ul style="list-style-type: none"> <li>Identify the male reproductive system</li> <li>Identify all parts of the female reproductive system</li> <li>Understand the devastating impact HBT bullying has on society</li> <li>Evaluate what support networks are, and how to support to help those grieving</li> <li>Explain the impact advertisements are having on our self-esteem</li> <li>Explain how things influence someone's self-esteem</li> </ul>	<p><b>To be able to:</b></p> <ul style="list-style-type: none"> <li>Understand the dangers associated with FGM</li> <li>Identify and label all the external parts of the female sexual anatomy</li> <li>Describe the requirements for consent</li> <li>Define the terms pleasure and masturbation and evaluate the risks associated with different sexual activities</li> <li>Describe the main features that help to build a healthy relationship including non-physical characteristics</li> <li>Describe some of the possible symptoms of having an STI</li> <li>Compare sexual behaviours that put people at high, low or no risk for STD</li> </ul>	<p><b>To be able to:</b></p> <ul style="list-style-type: none"> <li>Describe the key symptoms and risks associated with a variety of different STI's</li> <li>Identify which types of contraception would be best used by different types of people</li> <li>Describe obstacles to condom use and explain how they can be overcome</li> <li>Explore which forms of contraception protect against pregnancy, STI's or both</li> <li>Understand the laws surrounding Stalking and Harassment</li> <li>Explore the different ways HIV can be transmitted and how to reduce the risk of transmission</li> <li>Explore how the cycle of prejudice and discrimination towards HIV and AIDS sufferers can be broken</li> </ul>	<p><b>To be able to:</b></p> <ul style="list-style-type: none"> <li>Evaluate the impact drug use is having on society</li> <li>Describe whether cannabis should be legalised in the UK</li> <li>Define and identify psychoactive substances</li> <li>Understand why drugs can become so addictive for the users</li> <li>Explain the short- and long-term effects of Volatile Substance Abuse (VSA)</li> <li>Define an addiction and identify the problems linked with addiction</li> </ul>	<p><b>To be able to:</b></p> <ul style="list-style-type: none"> <li>Explain why conspiracy theories are damaging to society</li> <li>Understand how extremist views can lead to acts of terrorism</li> <li>Evaluate the current terror threat to the UK and explore recent acts of terrorism</li> <li>Describe what can be done to prevent myself and others from being susceptible to radicalisation</li> <li>Understand why Jews have been persecuted in Europe over hundreds of years</li> </ul>
	Tier 3 key vocabulary	Tier 3 key vocabulary	Tier 3 key vocabulary	Tier 3 key vocabulary	Tier 3 key vocabulary	Tier 3 key vocabulary
<b>Subject specific</b>	<p>motivation, resilience, empathy, mistakes, online, social media, settings, privacy, cyber bullying Defibrillator, CPR, choking, recovery position, breathing, circulation, airways belief, inspiration, conflict management, self-awareness, budget, forecast, debt, savings, investments, financial competence, financial capability, Branch, debit card, bank account</p>	<p>penis, urethra, scrotum, testicle, bladder, prostate gland, vas deferens, sperm Vulva, vagina, labia, mons pubis, cervix, uterus, womb, clitoris Homophobia, biphobia, transphobia, bully, victim, racism Grief, loss, denial, trauma, depression Self-esteem, resilience, positive self-talk, immunity, malnutrition</p>	<p>uterus, clitoris, vulva, consent, genitals, hood, mutilation, cultural, sexual assault, rape, capacity, willingness, exploitation, legality, contraception, relationship, intimacy, psychological emotional, STI, std, infection, bacterial, parasitic, chlamydia, syphilis, HIV, contraception</p>	<p>promiscuous, STI, STD, contraception, IUD, IUS, diaphragm, patch, injection, vasectomy, abstinence, condom, pill, condom, stalking, criminal, Equality Act, discrimination, Protection from Harassment Act 1997, infection, immune system</p>	<p>inhalants, addiction, chronic disease, cannabis, THC, CBD products, cannabis oil, legality, Class a, class b, class c, supply, possession, distribution, psychoactive substances, medicine act 1986, psychoactive, hallucinogenic, psychological effects, stimulants, Chronic effects</p>	<p>conspiracy theories, extremism, extremist narratives, terrorism, radicalisation, extreme far right, national front, jihad, crusade, holy war, identity, values, principles, tolerance, community cohesion propaganda, intolerance, prevent, Legislation, counter terrorism, ideology, Zionism, anti-Zionist, anti-Semitic</p>