



Physical Education – Year 8 Rugby Union Knowledge Organiser



Tackle technique

Cheek to cheek
Tower of power
Shoulder led
Ring of T
steel



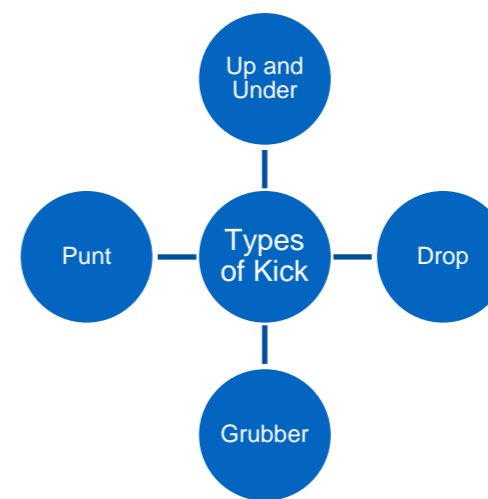
Scrum

The scrum is a means of **restarting play after a stoppage which has been caused by a minor infringement of the Laws** (for example, a forward pass or knock-on) ..



Spiral pass

The spin / spiral / torpedo pass is used **to achieve the greatest accuracy over a long distance** and is thus a very important skill to master with sevens rugby.



Kicking in a forward direction



Defensive Line is shown in the picture above in the red team

What is a maul in Rugby?

“A maul occurs when the ball carrier is held by one or more opponents and one or more of the ball carrier's team-mates holds on (binds) as well (a maul therefore needs a minimum of three players). The ball must be off the ground.

- Close together
- Straight line
- No Gaps

KEY VOCABULARY

Passing, Down the line, Try, Catching, Receiving, Possession, On side, Tag/touch, Tackling, Defensive Line, Running with the ball, Kicking, Drop goal, Offside, Ruck, Scrum