

# Topic Area 1









## Pre-Conception health and reproduction Revision List












**RAG rate your knowledge so that you know where to focus your revision**










Red = knowledge is poor

Amber = knowledge is average

Green = knowledge is good

1.	Pre-conception health – Age (men/women)	
2.	Pre-conception health – Weight (men/women)	
3.	Pre-conception health – Smoking (men/women)	
4.	Pre-conception health – Alcohol (men/women)	
5.	Pre-conception health – Recreational drugs (men/women)	
6.	Pre-conception health – Folic acid/folate	
7.	Pre-conception health – Up to date immunizations	
8.	Reproduction – menstrual cycle including key terms	

9.	Reproduction – female reproductive system (key parts and their functions)	
10.	Reproduction – male reproductive system (key parts and their functions)	
11.	Reproduction – hormones	
12.	Reproduction – how the male and female systems work together	
13.	Chromosomes	
14.	Inherited characteristics	
15.	Definitions – Embryo/foetus/baby	
16.	Functions – Umbilical cord/amniotic sac/amniotic fluid	
17.	Functions of the placenta	
18.	Full term baby labels	
19.	Key terms Miscarriage/stillbirth/abortion/Ectopic pregnancy	

20.	Causes of female infertility	
21.	Causes of male infertility	
22.	Treatments for infertility (this may need multiple cards)	
23.	Who is at risk of multiple birth.	
24.	Identical twins	
25.	Non-identical twins	
26.	Conjoined twins	
27.	Complications associated with a multiple birth	
28.	Signs of pregnancy	

Remember – the examiner can include questions based on your learning through the NEA (Live Assignments). For example she could ask you about nutrition or safety within a childcare setting.