

Topic Area 2

Antenatal care and preparation for birth









Revision List












RAG rate your knowledge so that you know where to focus your revision












Red = knowledge is poor












Amber = knowledge is average












Green = knowledge is good












1.	Pre-conception health – Age (men/women)	
2.	Pre-conception health – Weight (men/women)	
3.	Pre-conception health – Smoking (men/women)	
4.	Pre-conception health – Alcohol (men/women)	
5.	Pre-conception health – Recreational drugs (men/women)	
6.	Pre-conception health – Folic acid/folate	
7.	Pre-conception health – Up to date immunizations	
8.	Reproduction – menstrual cycle including key terms	

9.	Reproduction – female reproductive system (key parts and their functions)	
10.	Reproduction – male reproductive system (key parts and their functions)	
11.	Reproduction – hormones	
12.	Reproduction – how the male and female systems work together	
13.	Chromosomes	
14.	Inherited characteristics	
15.	Definitions – Embryo/foetus/baby	
16.	Functions – Umbilical cord/amniotic sac/amniotic fluid	
17.	Functions of the placenta	
18.	Full term baby labels	
19.	Key terms Miscarriage/stillbirth/abortion/Ectopic pregnancy	

20.	Causes of female infertility	
21.	Causes of male infertility	
22.	Treatments for infertility (this may need multiple cards)	
23.	Who is at risk of multiple birth.	
24.	Identical twins	
25.	Non-identical twins	
26.	Conjoined twins	
27.	Complications associated with a multiple birth	
28.	Signs of pregnancy	
29.	Confirming the pregnancy	
30.	The role of the – GP	

31.	The role of the - Obstetrician	
32.	The role of the - Sonographer	
33.	The role of the - Anaesthetist	
34.	The role of the – Paediatrician	
35.	The role of the – Midwife – Community	
36.	The role of the – Midwife - Hospital	
37.	The role of the – Midwife – Private	
38.	Where does antenatal care take place	
39.	What is a Trimester	
40.	What happens at the booking visit	
41.	Questions asked at a booking visit	

42.	Calculating the EDD	
43.	Information given at the antenatal visit	
44.	Routine tests carried out on pregnant women – Blood Pressure Check	
45.	Routine tests carried out on pregnant women – Urine test	
46.	Routine tests carried out on pregnant women – Examination of the uterus	
47.	Other routine tests carried out later in pregnancy – Oedema, foetal heartbeat, weight gain check	
48.	Pre-eclampsia Blood tests in pregnancy	
49.	What is a screening test?	
50.	What is a diagnostic test?	
51.	The timing and purpose of the dating scan	
52.	The timing and purpose of the anomaly scan	

53.	Nuchal Fold Translucency	
54.	Alpha Fetoprotein test	
55.	NIPT	
56.	Triple test	
57.	Amniocentesis	
58.	CVS	
59.	Antenatal classes – foods to avoid in pregnancy	
60.	Antenatal classes – Breastmilk production (including colostrum and advantages of breastfeeding) and formula milk as an option	
61.	Why are some women advised to have their baby in hospital?	
62.	Advantages of a home birth	
63.	Advantages of a hospital birth	

Remember – the examiner can include questions based on your learning through the NEA (Live Assignments). For example she could ask you about nutrition or safety within a childcare setting.