

**Relief of the UK**

Relief of the UK can be divided into uplands and lowlands. Each have their own characteristics.

**Key**

Lowlands	
Uplands	

**Areas +600m: Peaks and ridges cold, misty and snow common. i.e. Scotland**

**Areas -200m: Flat or rolling hills. Warmer weather. i.e. Fens**

Types of Erosion	
The break down and transport of rocks – smooth, round and sorted.	
<b>Attrition</b>	Rocks that bash together to become smooth/smaller.
<b>Solution</b>	A chemical reaction that dissolves rocks.
<b>Abrasion</b>	Rocks hurled at the base of a cliff to break pieces apart or scraped against the banks and bed of a river.
<b>Hydraulic Action</b>	Water enters cracks in the cliff, or river bank, air compresses, causing the crack to expand.

Types of Transportation	
A natural process by which eroded material is carried/transported.	
<b>Solution</b>	Minerals dissolve in water and are carried along.
<b>Suspension</b>	Sediment is carried along in the flow of the water.
<b>Saltation</b>	Pebbles that bounce along the sea/river bed.
<b>Traction</b>	Boulders that roll along a river/sea bed by the force of the flowing water.

**Mass Movement**

A large movement of soil and rock debris that moves down slopes in response to the pull of gravity in a vertical direction.

Rock slides occur when there is a failure along the bedding plane.

Slumping occurs when there is inward rotation of sections of cliff. Often occur after heavy rain.

**Formation of Coastal Spits - Deposition**

**Example: Spurn Head, Holderness Coast.**

Types of Weathering	
Weathering is the breakdown of rocks where they are.	
<b>Biological</b>	Breakdown of rock by plants and animals e.g. roots pushing rocks apart.
<b>Mechanical</b>	Breakdown of rock without changing its chemical composition e.g. freeze thaw

**What is Deposition?**

When the sea or river loses energy, it drops the sand, rock particles and pebbles it has been carrying. This is called deposition. Heaviest material is deposited first.

**Rock fall**

Rockfall is the rapid free fall of rock from a steep cliff face because of gravity.

- 1) Swash moves up the beach at the angle of the prevailing wind.
- 2) Backwash moves down the beach at 90° to coastline, due to gravity.
- 3) Zigzag movement (Longshore Drift) transports material along beach.
- 4) Deposition causes beach to extend, until reaching a river estuary.
- 5) Change in prevailing wind direction forms a hook.
- 6) Sheltered area behind spit encourages deposition, salt marsh forms.

**Unit 1c**

**Physical Landscapes in the UK**

**AQA**

**How do waves form?**

Waves are created by wind blowing over the surface of the sea. As the wind blows over the sea, friction is created - producing a swell in the water.

**Mechanical Weathering Example: Freeze-thaw weathering**

<b>Stage One</b>		<b>Stage Two</b>		<b>Stage Three</b>	
Water seeps into cracks and fractures in the rock.		When the water freezes, it expands about 9%. This wedges apart the rock.		With repeated freeze-thaw cycles, the rock breaks off.	

**Why do waves break?**

- 1) Waves start out at sea.
- 2) As waves approaches the shore, friction slows the base.
- 3) This causes the orbit to become elliptical.
- 4) Until the top of the wave breaks over.

**Size of waves**

**Types of Waves**

Constructive Waves	Destructive Waves
This wave has a <b>swash</b> that is stronger than the backwash. This therefore builds up the coast.	This wave has a <b>backwash</b> that is stronger than the swash. This therefore erodes the coast.

**Formation of Bays and Headlands**

**Bay** Soft rock

**Headland** Hard rock

- 1) Waves attack the coastline.
- 2) Softer rock is eroded by the sea quicker forming a bay, calm area causes deposition.
- 3) More resistant rock is left jutting out into the sea. This is a headland and is now more vulnerable to erosion.

**Formation of Coastal Stack**

**Example: Old Harry Rocks, Dorset**

- 1) Hydraulic action widens cracks in the cliff face over time.
- 2) Abrasion forms a wave cut notch between high tide and low tide.
- 3) Further abrasion widens the wave cut notch to form a cave.
- 4) Caves from both sides of the headland break through to form an arch.
- 5) Weather above/erosion below – arch collapses leaving stack.
- 6) Further weathering and erosion leaves a stump.

## River profiles

<b>Long profile</b>	River long profiles illustrate the gradient and elevation change downstream. A river becomes less steep as elevation drops.
<b>Cross profile</b>	Cross profile shows the change in the valley and river channel at various points down a river. A river valley becomes wider and less steep with distance downstream. The river channel becomes wider, deeper from the upper to lower stages. River velocity also increases downstream.


## Case Study: Holderness Coast (Withernsea)

**Location and Background**  
 Located in North East England along the Yorkshire North Sea coastline from Flamborough Head to Spurn Head. It has one of the highest coastal erosion rates in Europe (2-10m per year)

**Why is it Eroding?**  
 1. SOFT ROCK – Coast is made of boulder clay which erodes easier  
 2. DESTRUCTIVE WAVES – Large fetch and prevailing winds mean high energy waves will erode quickly  
 3. NARROW BEACHES – Narrow beaches offer less protection  
 4. PEOPLE - Coastal defences have been built further up the coast.

**Management**  
 - Withernsea has 2km of coastline protected by sea walls, groynes and rock armour  
 - Sea wall and groynes replaced and strengthened in 2017/18  
 - Reduces sediment transportation and increased erosion south  
 - £7m scheme to reprofile cliff and extend rock armour south.

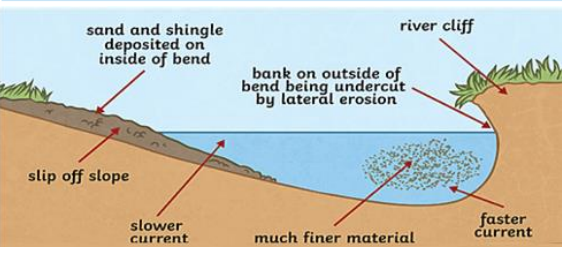
### Interlocking spurs



- River in upper course has a low discharge and therefore limited energy to erode laterally.
- The river is forced to erode around areas of more resistant rocks.
- The areas of more resistant rocks are left as spurs, which interlock as the river wears away the soft rock around them.

## Middle Course of a River

Here the gradient gets gentler, so the water has less energy to erode vertically. The river will begin to erode laterally as the discharge increases, making the river wider.



## Water Cycle Key Terms

<b>Precipitation</b>	Moisture falling from clouds as rain, snow or hail.
<b>Interception</b>	Vegetation prevents water reaching the ground.
<b>Surface Runoff</b>	Water flowing over the surface of the land into rivers
<b>Infiltration</b>	Water absorbed into the soil from the ground.
<b>Transpiration</b>	Water lost through leaves of plants.

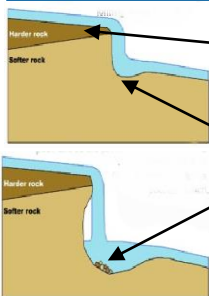
### Physical and Human Causes of Flooding.

<b>Physical: Prolong &amp; heavy rainfall</b> Long periods of rain causes soil to become saturated leading runoff.	<b>Physical: Geology</b> Impermeable rocks causes surface runoff to increase river discharge.
<b>Physical: Relief</b> Steep-sided valleys channels water to flow quickly into rivers causing greater discharge.	<b>Human: Land Use</b> Tarmac and concrete are impermeable. This prevents infiltration & causes surface runoff.

## Upper Course of a River

Near the source, the river flows over steep gradient from the hill/mountains. This gives the river a lot of energy, so it will erode the riverbed vertically to form narrow valleys.

### Formation of a Waterfall



- River flows over alternative types of rocks.
- River erodes soft rock faster creating a step.
- Further hydraulic action and abrasion form a plunge pool beneath.
- Hard rock above is undercut leaving cap rock which collapses providing more material for erosion.
- Waterfall retreats leaving steep sided gorge.

### Formation of Ox-bow Lakes

<b>Step 1</b>	Erosion of outer bank forms river cliff. Deposition inner bank forms slip off slope.	<b>Step 2</b>	Further hydraulic action and abrasion of outer banks, neck gets smaller.
<b>Step 3</b>	Erosion breaks through neck, so river takes the fastest route, redirecting flow	<b>Step 4</b>	Evaporation and deposition cuts off main channel leaving an oxbow lake.

## Case Study – Boscastle, 2004

Boscastle is a small village in Cornwall. It has a permanent population of under 8000. It lies at the confluence of the Rivers Derwent and Cocker

**Causes of flood** – 89mm of rain fell in one hour, prior wet weather, steep valley, vegetation removal, low level bridge  
**Effects of flood** - 75 cars/ 5 caravans, 6 buildings and several boats washed into the sea, 100 homes and businesses destroyed,

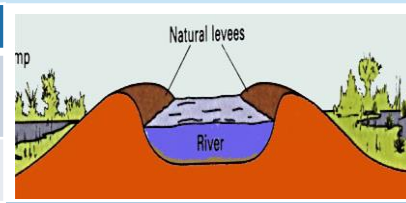
## Lower Course of a River

Near the river's mouth, the river widens further and becomes flatter. Material transported is deposited.

### Formation of Floodplains and levees

When a river floods, fine silt/alluvium is deposited on the valley floor. Closer to the river's banks, the heavier materials build up to form natural levees.

- Nutrient rich soil makes it ideal for farming.
- Flat land for building houses.



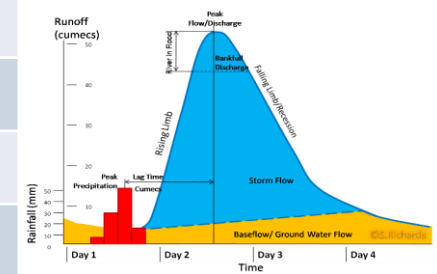
## River Management Schemes

<b>Soft Engineering</b>	<b>Hard Engineering</b>
<p><b>Afforestation</b> – plant trees to soak up rainwater, reduces flood risk.</p> <p><b>Demountable Flood Barriers</b> put in place when warning raised.</p> <p><b>Managed Flooding</b> – naturally let areas flood, protect settlements.</p>	<p><b>Straightening Channel</b> – increases velocity to remove flood water.</p> <p><b>Artificial Levees</b> – heightens river so flood water is contained.</p> <p><b>Deepening or widening river</b> to increase capacity for a flood.</p>

## Hydrographs and River Discharge

River discharge is the volume of water that flows in a river. Hydrographs who discharge at a certain point in a river changes over time in relation to rainfall

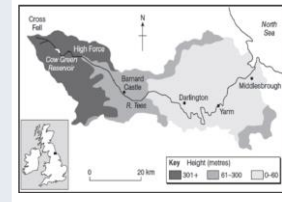
- Peak discharge** is the discharge in a period of time.
- Lag time** is the delay between peak rainfall and peak discharge.
- Rising limb** is the increase in river discharge.
- Falling limb** is the decrease in river discharge to normal level.



## Case Study: The River Tees

**Location and Background**  
 Located in the North of England and flows 137km from the Pennines to the North Sea at Red Car.

**Geomorphic Processes**  
**Upper** – Features include V-Shaped valley, rapids and waterfalls. Highforce Waterfall drops 21m and is made from harder Whinstone and softer limestone rocks. Gradually a gorge has been formed.  
**Middle** – Features include meanders and ox-bow lakes. The meander near Yarm encloses the town.  
**Lower** – Greater lateral erosion creates features such as floodplains & levees. Mudflats at the river's estuary.



some trees uprooted and debris was scattered  
**Responses to flood** – River embankment, channel straightened, new flood wall, deepened and widened river channel, new higher bridge, river gauge, raised car park

