



Physical Education - Football

Knowledge Organiser



Key Skills:

Driven pass – non-kicking foot by the side of the ball, head and knee over the ball, use laces, strike through the centre of the ball

Short pass - non-kicking foot by the side of the ball, head and knee over the ball, use side of the foot, push through the centre of the ball

Lofted pass - non-kicking foot by the side of the ball, lean back on making contact, use instep, strike underneath the ball

Jockeying – eye on the ball, knees bent, low position, body at a slight angle, on balls of feet, dominant foot furthest back

Shooting - non-kicking foot by the side of the ball, head and knee over the ball, use laces, strike through the centre of the ball, lock ankle, be aware of goalkeeper's position

Block Tackling – eye on the ball, low position, plant non-tackling foot, make contact with middle of the ball, lock knee and ankle

Goal Kick – how play restarts after a member of the attacking team has knocked the ball over their opponents defensive goal line.

Corner kick – restarting of play from the corner arc after a defensive player has knocked the ball over their own goal line

Offside – occurs when a player in their opponent's half of the pitch and any part of their head, body or feet are nearer to their opponent's goal line than the ball and their second to last opponent.

Indirect Free Kick – the ball must be stationary and the kicker must not touch the ball again until it has touched another player, another player must also touch the ball again before a goal is scored

Direct Free Kick – the ball must be stationary and the kicker must not touch the ball again until it has touched another player, a player can score from these free kicks without the ball being touched by another player

Throw In – a team gains a throw in and this occurs from the touch line when the ball has been knocked out over the touch line by a member of the opposing team.

KEY VOCABULARY

Agility, speed, touch, control, side foot, power, loft, trajectory, driven pass, long pass, shooting, Strike, receiving the ball, step over, attacking, defending, jockeying, tackling, diving, fouls,

