

What will be your resilience move this week?



British Values

13th-19th July

Mutual Respect

Holidays can be an opportunity for rest and reflection for some, but for others having time to relax at home is preferred. It is important to respect those who are different from us.

- Some people have shown confusion in the fact that holidays are allowed once again, whilst schools remain closed to many. Discuss whether or not you agree with this view?
- Often, one reason for taking a holiday is to reduce stress. Do you think that holidays can help reduce stress? Discuss your reasons.
- Think about your ideal holiday destination. What kinds of facilities would there be, or things to do? Do you think a holiday should always be relaxing?

Are holidays important?

Since March 17th, people in the UK were only allowed to travel to other countries if the journey was essential, if it was for work for example. Anyone who returned to the UK was also required to self-isolate at home for 14 days. A new traffic light system, recently launched, means countries have been given a green, amber or red light depending on the number of coronavirus cases there, allowing people to potentially have a summer holiday this year. Any country with a red light will be taken off the destination list. People, who decide to go on holiday, are required to tell the government the address they plan to stay at when they return, and all passengers have to wear face coverings on planes and ferries.

This week's news story: <u>www.bbc.co.uk/news/business-</u> 53206148

This week's useful video: https://bit.ly/3eM1ady

Kindness Calendar. Weather and the planet

Monday	Kind to the world	What is weather and why does it change? Look outside the window – is it sunny, raining, or something else? Research online and write a paragraph about why the weather is how is it today. If it is raining – where does the rain come from? If it is sunny – why is it warmer today than another day?
Tuesday	Kind to me	Today, go outside and experience the weather. When you come back inside, think about how it made you feel, and how different kinds of weather can have an effect on you. How did today make you feel?
Wednesday	Kind to me	Imagine a perfect day. What weather would it be, and why? What would be the temperature or the wind? What would the sky look like? What would you be doing? Draw or paint a picture of yourself enjoying your perfect day.
Thursday	Kind to others	In certain places in the world, the weather has changed very quickly. Research the effects of Climate Change on the planet and on people, and write a paragraph about what would happen if this change continues.
Friday	Kind to world	What can people do to stop the process of Climate Change? All of us have some responsibility, but much of the pollution also comes from big companies. Think about and write down one way you can prevent pollution at home, and think of another way to prevent companies from polluting the planet.





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Well done orange house you are this years house winners!