

Last Weeks Photo Challenge Entries



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LINES MADJER

no justice.

no peace





Kindness Spreads Kindness!

Were looking forward to your return to school! Were going to set a task each week this month with a Kindness twist.

Your first Random Act of Kindness (RAOK) is to make a Bookmark for someone, its world day on Thursday 4th March, this would be an ideal opportunity to gift it then!

Send a photo of your bookmark to your Google Classroom, You might want to use the computer to design it. Add your name of your house when you upload it

Each Entry is worth 10 Points for your House

British Values

1st – 7th March 2021

Mutual Respect and Tolerance

We have a choice as to whether we buy drink bottles with recyclable packaging. Which drink we choose will have an effect on the amount of packaging that can be recycled and the amount that goes into landfill.



The Coca-Cola drinks company are testing a new paper bottle as part of a strategy to remove plastic from its packaging. <u>Should we choose products based on their packaging?</u>

The Coca-Cola company is testing a new paper bottle as part of a long-term strategy to remove plastic from its packaging. The sample bottle (pictured above) is made by a Danish company from an extra-strong paper shell that still contains a thin plastic liner. The overall ambition is to create a 100% recyclable, plastic-free bottle capable of preventing gas escaping from carbonated drinks. The barrier must also ensure no fibres flake off into the liquid. Coca-Cola was ranked the world's number one plastic polluter by charity group Break Free From Plastic last year, followed by other drink-producers Pepsi and Nestle.

This week's news story: www.bbc.co.uk/news/technology-56023723

This week's useful video: https://youtu.be/3xmZQFL-Wmk

Were you surprised to read that last year, Coca-Cola was ranked as the number one plastic polluter in the world? How much do you think this may have impacted their decision to change their packaging? The new bottle, produced in partnership with Danish start-up company Paboco (short for Paper Bottle Company), aims to go some way to support the drinks giant's goal of not producing any waste by 2030. This would involve collecting a bottle or can for every one that it sells and recycling them as part of the production process. Do you think this is an achievable/realistic aim for the company?

Children's Mental Health Week

Here are some services which we would like all students to be aware of and know there are services in Blackpool that can support if you feel you need some support.

Remember you can also email your pastoral manager in school.

- **YR7** s.higgs@montgomery.fcat.org.uk
- **YR8** l.mcmullan@montgomery.fcat.org.uk
- **YR9** d.mcmillan@montgomery.fcat.org.uk
- **YR10** d.benson@montgomery.fcat.org.uk
- **YR11** r.sharpe@montgomery.fcat.org.uk





Engage mentors

wrlleozx

Classroom

Lots of resources to help support your mental health and wellbeing.

Add yourself to the

using the class code

Mental Health Google



Coronavirus advice and mental health support, use the website if you are struggling with self-isolation and the impact it has on your mental health. https://youngminds.org.uk/



Kooth is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop and free at the point of use. Free, safe and anonymous online support for young people www.kooth.com Monday – Friday 12 pm – 10 pm Saturday - Sunday 6 pm - 10 pm

Goutherapy

If for any reason you are not coping and need to talk to someone you are welcome to attend.

Wednesday Drop-ins 3.00-5.00pm 1st Floor, 26 Talbot road, Blackpool 0800 1217762 (option 3)

NHS Lancashire & South Cumbria NHS Foundation Trust

Lancashire NHS Wellbeing and Mental Health Texting Service, available to provide emotional support to those who may prefer to communicate via text .

07860022846

Mental Health and Emotional Wellbeing Workshops for Parents and Carers



Are you a parent or carer living in Blackpool, Fylde or Wyre and would you like to know more about children and young people's mental health, emotional wellbeing, and resilience?

Please come along to our Mental Health and Emotional Wellbeing Workshops for parents and carers. All workshops are on-line and are co-produced and co-facilitated by parents, carers and mental health professionals. Wednesday 10th March 10-12pm – Supporting Self harm https://www.eventbrite.co.uk/e/132992314593

Thursday 25th March 10-12pm – Self-Care for Parents and Carers <u>https://www.eventbrite.co.uk/e/132992860225</u>

Book via the links provided, or go to www.eventbrite.co.uk and search HeadStart Blackpool, or phone/text/e-mail Vicki vicki@boingboing.org.uk / 07908860429





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RUNNING TOTALS

