

Montgomery

House system

Term Two

Week Five

1st February – 5th February



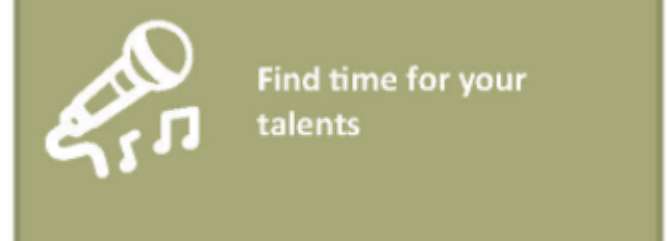
CHALLENGE



Assembly : February is LGBT History Month

This weeks assembly is from Miss.Mudge on LGBT History Month

<https://www.loom.com/share/bc5ec4dfc47a4c8aab2489a04b141f3c>



Your Challenge for the next 2 weeks is to make your own house colour or rainbow layflat, you don't need to be in them like these if you'd rather not! Gather lots your coloured items and submit a photo for your house challenge!



CHALLENGE

Burns Night House Quiz Results

Results of last weeks Burns Night Quiz!

1st Place Blue 40 Points

2nd Place Green 30 Points

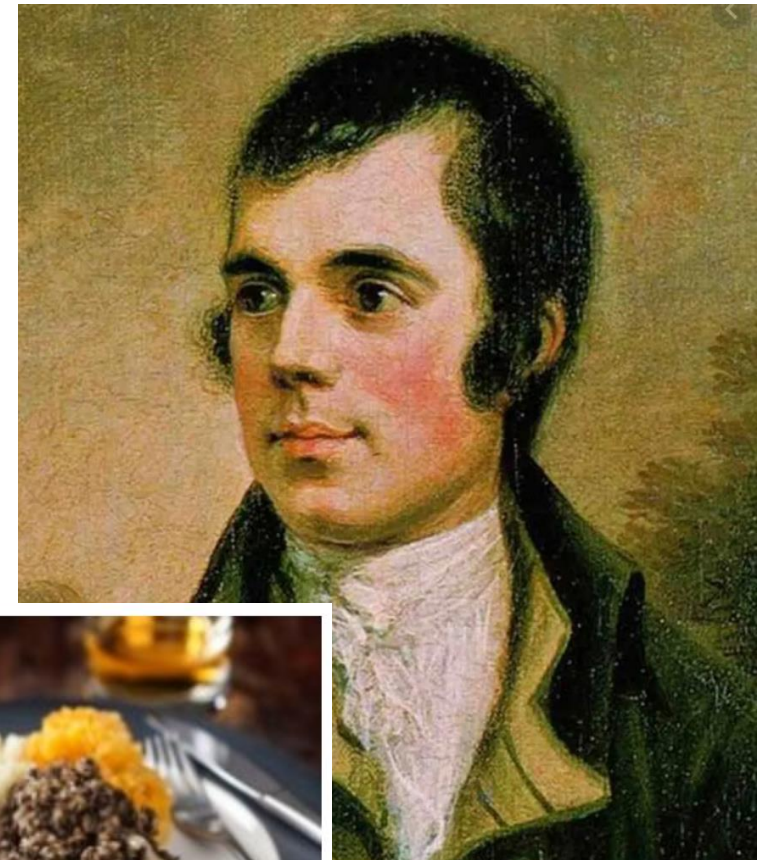
3rd Place Orange 20 Points

4th Place Purple 10 Points



4. Haggis is...

- | | | | |
|---|---|------|--|
| a | A wild Scottish animal | 5 % | |
| b | The stomach of a cow | 18 % | |
| c | A legendary Scottish Creature with 3 eyes | 9 % | |
| d | The lungs, heart and liver of a sheep | 59 % | |
| | Unattempted | 9 % | |



Children's Mental Health Week

Here are some services which we would like all students to be aware of and know there are services in Blackpool that can support if you feel you need some support.

Remember you can also email your pastoral manager in school.

YR7 - s.higgs@montgomery.fcat.org.uk

YR8 - l.mcmullan@montgomery.fcat.org.uk

YR9 - d.mcmillan@montgomery.fcat.org.uk

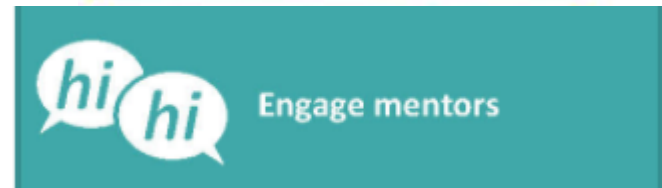
YR10 - d.benson@montgomery.fcat.org.uk

YR11 - r.sharpe@montgomery.fcat.org.uk

Add yourself to the **Mental Health Google Classroom**

using the class code **wrllcozx**

Lots of resources to help support your mental health and wellbeing.



Coronavirus advice and mental health support, use the website if you are struggling with self-isolation and the impact it has on your mental health.
<https://youngminds.org.uk/>



Kooth is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop and free at the point of use. Free, safe and anonymous online support for young people www.kooth.com Monday – Friday 12 pm – 10 pm Saturday – Sunday 6 pm – 10 pm



If for any reason you are not coping and need to talk to someone you are welcome to attend.

Wednesday Drop-ins 3.00-5.00pm
1st Floor, 26 Talbot road, Blackpool
0800 1217762 (option 3)



Lancashire NHS Wellbeing and Mental Health Texting Service, available to

provide emotional support to those who may prefer to communicate via text .

07860022846

Mental Health and Emotional Wellbeing Workshops for Parents and Carers



Are you a parent or carer living in Blackpool, Fylde or Wyre and would you like to know more about children and young people's mental health, emotional wellbeing, and resilience?

Please come along to our Mental Health and Emotional Wellbeing Workshops for parents and carers. All workshops are on-line and are co-produced and co-facilitated by parents, carers and mental health professionals.

Thursday 11th Feb 10-12pm – Lowering Low Moods

<https://www.eventbrite.co.uk/e/132988741907>

Wednesday 24th Feb 10-12pm – Balancing Behaviour that Challenges <https://www.eventbrite.co.uk/e/132991700757>

Wednesday 10th March 10-12pm – Supporting Self harm

<https://www.eventbrite.co.uk/e/132992314593>

Thursday 25th March 10-12pm – Self-Care for Parents and Carers

<https://www.eventbrite.co.uk/e/132992860225>

Book via the links provided, or go to www.eventbrite.co.uk and search HeadStart Blackpool, or phone/text/e-mail Vicki vicki@boingboing.org.uk / 07908860429

HOUSE

CHARITIES

DONATIONS SINCE SEPTEMBER



TIPPYTOES BABY BANK

80

Donations

36

Donations

55

Donations

45

Donations

Donations from the Christmas Jumper Day raised £232.76 which will be split between all 4 charities

Donate 25 ambition points to your house for a 25p donation

British Values

1st – 7th February 2021

Individual Liberty

At different times in our lives, we can choose to challenge ourselves. When we do, we need to manage the risks and understand the consequences of our actions.



A team of Nepalese climbers have been the first to summit the world's second highest mountain, K2 in winter.

A team of climbers from Nepal have become the first ever to summit the world's second highest mountain, K2, in winter. The 10 climbers reached the summit of Pakistan's K2, more than 20 years after the first winter attempt to reach the 8611m summit. K2 is considered incredibly difficult to climb due to the high winds and sub-zero temperatures. On their final day of climbing, it took the climbers 16 hours to reach the summit. Shortly after reaching the summit, one of the climbers, Mr Purja posted the message, 'The impossible is made possible! K2 Winter – history made for mankind; history made for Nepal. A very special moment. The whole team waited 10m below the summit to form a group then stepped on to the summit together whilst singing our Nepalese National Anthem.'

This week's news story: www.bbc.co.uk/news/world-asia-55684149

This week's useful video: www.bbc.co.uk/news/av/world-asia-55710125

Share the hardest challenge you have faced. Was it physical or psychological? Think about what made it so hard. How did you feel afterwards? Which do you think are harder, physical challenges or psychological ones?

What mountains are you aware of that people climb? Have you or anyone you know climbed a mountain? Where was it and how did you or they find it? • Climbing K2 is incredibly dangerous, with many people having lost their lives attempting to summit. It has often been referred to as the Savage Mountain, following US mountaineer George Bell's attempt in 1953, 'It is a savage mountain that tries to kill you.' Why do you think people choose to risk their lives for challenges like this?

House Points Weekly Totals



1st-40 PTS **Blue House**
2nd- 30 PTS **Orange House**
3rd-20 PTS **Green House**
4th-10 PTS **Purple House**

743 Points



10

882 Points



20

**1140
Points**



40

968 Points



30

RUNNING TOTALS



760



610



470



390