

# Montgomery

# House system

Term Two  
Week Six

8<sup>th</sup> February – 12<sup>th</sup> February



# ASSEMBLY

**This weeks assembly is on Online Safety in 2021**

<https://www.loom.com/share/beb73f6a92eb4208885a02c6deb76470>

# CHALLENGE

After the assembly complete the quiz for this weeks house challenge

Ask participants to open  
[joinmyquiz.com](https://joinmyquiz.com)

and enter this code

**5 1 8 6 1 3 5 6**

# CHALLENGE

## February is LGBT History Month

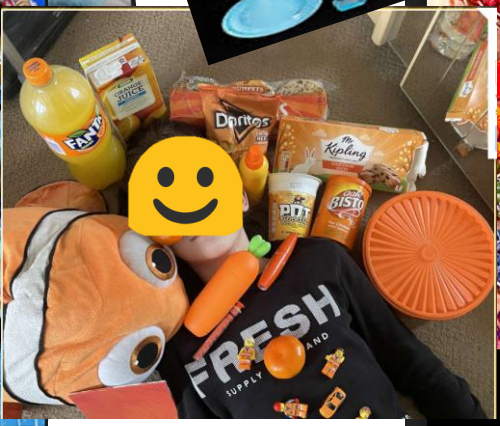
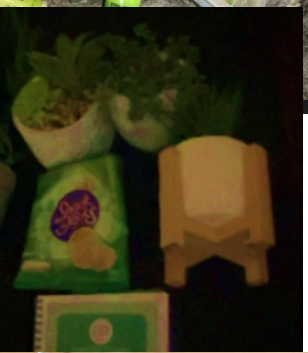
Your challenge is to make your own house colour or rainbow layflat, you don't need to be in them like these if you'd rather not!

Gather lots your coloured items and submit a photo for your house challenge!

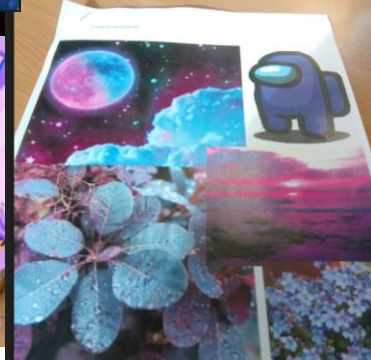


Find time for your talents





LOVE IS LOVE



# Children's Mental Health Week

Here are some services which we would like all students to be aware of and know there are services in Blackpool that can support if you feel you need some support.

Remember you can also email your pastoral manager in school.

**YR7** - s.higgs@montgomery.fcat.org.uk

**YR8** - l.mcmullan@montgomery.fcat.org.uk

**YR9** - d.mcmillan@montgomery.fcat.org.uk

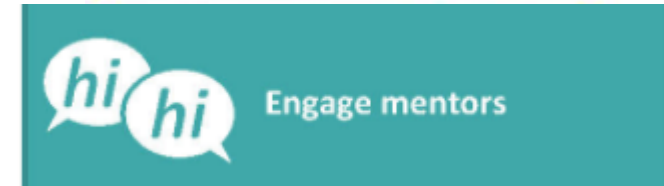
**YR10** - d.benson@montgomery.fcat.org.uk

**YR11** - r.sharpe@montgomery.fcat.org.uk

Add yourself to the  
**Mental Health Google Classroom**

using the class code  
**wrileoxx**

Lots of resources to help  
support your mental  
health and wellbeing.



Kooth is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop and free at the point of use. Free, safe and anonymous online support for young people [www.kooth.com](http://www.kooth.com) **Monday – Friday 12 pm – 10 pm Saturday – Sunday 6 pm – 10 pm**



If for any reason you are not coping and need to talk to someone you are welcome to attend.

**Wednesday Drop-ins 3.00-5.00pm**  
**1st Floor, 26 Talbot road, Blackpool**  
**0800 1217762 (option 3)**



Lancashire NHS  
Wellbeing and  
Mental Health  
Texting Service,  
available to

provide emotional support to  
those who may prefer to  
communicate via text .

**07860022846**



Coronavirus advice and mental health support, use the website if you are struggling with self-isolation and the impact it has on your mental health.  
<https://youngminds.org.uk/>

# Mental Health and Emotional Wellbeing Workshops for Parents and Carers



Are you a parent or carer living in Blackpool, Fylde or Wyre and would you like to know more about children and young people's mental health, emotional wellbeing, and resilience?

Please come along to our Mental Health and Emotional Wellbeing Workshops for parents and carers. All workshops are on-line and are co-produced and co-facilitated by parents, carers and mental health professionals.

**Thursday 11th Feb 10-12pm – Lowering Low Moods**

<https://www.eventbrite.co.uk/e/132988741907>

**Wednesday 24th Feb 10-12pm – Balancing Behaviour that Challenges** <https://www.eventbrite.co.uk/e/132991700757>

**Wednesday 10th March 10-12pm – Supporting Self harm**

<https://www.eventbrite.co.uk/e/132992314593>

**Thursday 25th March 10-12pm – Self-Care for Parents and Carers**

<https://www.eventbrite.co.uk/e/132992860225>

Book via the links provided, or go to [www.eventbrite.co.uk](http://www.eventbrite.co.uk) and search HeadStart Blackpool, or phone/text/e-mail Vicki [vicki@boingboing.org.uk](mailto:vicki@boingboing.org.uk) / 07908860429

# British Values

8<sup>th</sup> – 14<sup>th</sup> February 2021

## Rule of Law

When experts discover better ways of protecting our environment, such as planting certain types of trees, the government can consider a change in the law so that planting trees correctly becomes everyone's responsibility.



8th-14th February  
How important is it to  
plant more trees?

## Scientists say that ten rules for tree planting must be top priority for all nations this decade.

Tree planting is a good solution to tackle climate change and protect biodiversity but planting trees in the wrong place can do more harm than good, experts at the Royal Botanic Gardens in Kew have explained. Scientists have outlined 10 rules for tree-planting, which they say must be a top priority for all nations this decade. An area of around 40,000km<sup>2</sup> of tropical forest is lost every year around the world. Dr Paul Smith, a conservation scientist at the Botanical Gardens Conservation in Kew believes, "Planting the right trees in the right place must be a priority for all nations as we face a crucial decade for ensuring the future of our planet."

**This week's news story:** [www.bbc.co.uk/news/science-environment-55795816](http://www.bbc.co.uk/news/science-environment-55795816)

**This week's useful video:** [www.bbc.co.uk/ideas/videos/what-if-everyone-in-the-world-planted-a-tree/p084ttpq](http://www.bbc.co.uk/ideas/videos/what-if-everyone-in-the-world-planted-a-tree/p084ttpq)

Research an area or place in the world that has suffered from deforestation. How has the deforestation impacted the area? • There are many proven links between spending time in nature and benefits to mental health. In Japan 'forest bathing' is a popular practice. It involves simply spending time amongst trees and wildlife to bring a sense of peace and relaxation. Talk about why you think nature evokes such a positive influence for so many?

# CHARITIES



84

Donations



39

Donations



56

Donations

TIPPYTOES BABY BANK

50

Donations

**Donations from the Christmas Jumper Day raised £232.76 which will be split between all 4 charities**

**Donate 25 ambition points to your house for a 25p donation**

## House Points Weekly Totals



1st-40 PTS **Blue House**  
2nd- 30 PTS **Orange House**  
3rd-20 PTS **Green House**  
4th-10 PTS **Purple House**

**895 Points**



**10**

**1113 Points**



**30**

**1168  
Points**



**40**

**1055  
Points**



**20**

## RUNNING TOTALS



**800**



**630**



**500**



**400**