

Montgomery

House system

Term Two

Week Two

11th January – 15th January

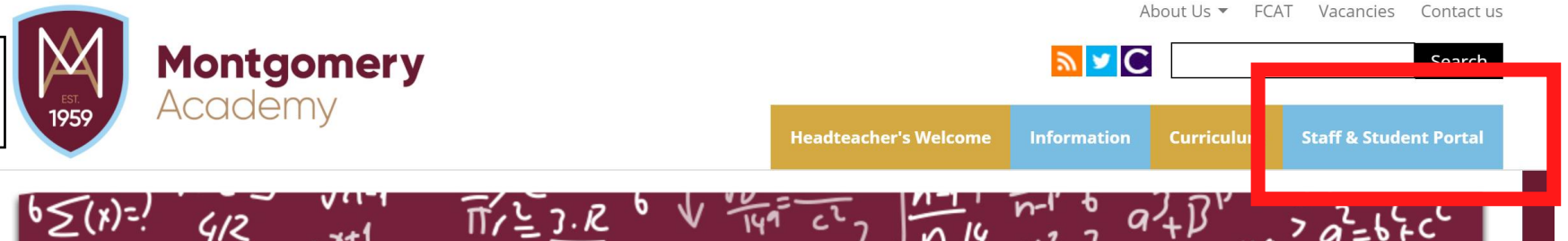


Are you using Accelerated Reader?

To access your online library you need to visit the school's main website.
www.montgomeryschool.co.uk

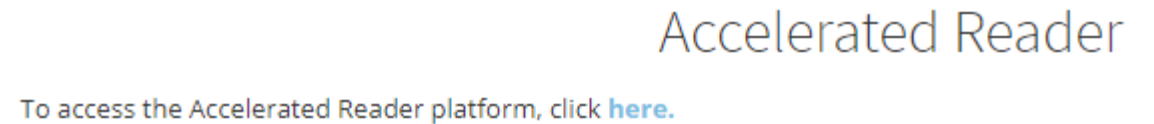
1

Click on the staff and student portal



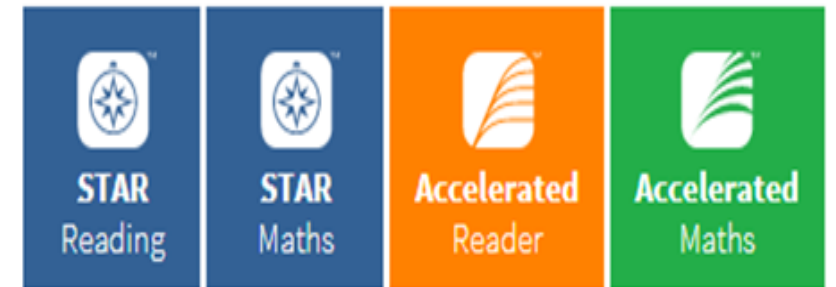
2

Once you have read your book you can then access the Accelerated Reader website, login and complete your quiz



3

Click on the Accelerated Reader button



Need your login details? Email your English teacher or your group tutor.

COMMUNITY CHALLENGE

Thank-you! Thank-you! Thank-you!

**..To those who created and signed
Christmas cards for the**

#Cardsforkindness, over 80

**Christmas cards were sent, full of
Christmas messages from each tutor
group to local care homes.**

**Lockdown 3 is also going to be difficult for us
all but especially the elderly, without visitors
allowed to visit care homes.**

**This half term please submit a photo,
drawing, poem and/or positive message to
be printed and sent on to each care home.**

**Upload or Email Photos/ Messages to Google
Classroom or
R.Hegarty@Montgomery.fcat.org.uk**

**We're supporting Breck Lodge Care Home, Conifers Care Home, Thornton House, Amber
Court Care Home, Annacliffe Residential Care Home, The Owls Care Home & Rosehaven
Care Home.**

HOUSE

CHARITIES

DONATIONS SINCE SEPTEMBER



52
Donations



19
Donations



31
Donations

TIPPYTOES BABY BANK

31
Donations

Donate 25 Ambition points to your house for a 25p donation!

HOUSE

CLASSCHARTS

LOGINS

255

Student
Logins

224

Student
Logins

226

Student
Logins

217

Student
Logins

**If you need student or parental login details
please email Mr. Hegarty:
R.Hegarty@Montgomery.fcat.org.uk**

HOUSE

CLASSCHARTS

LOGINS

**Thank You to those who are donating your points to
your house charity**

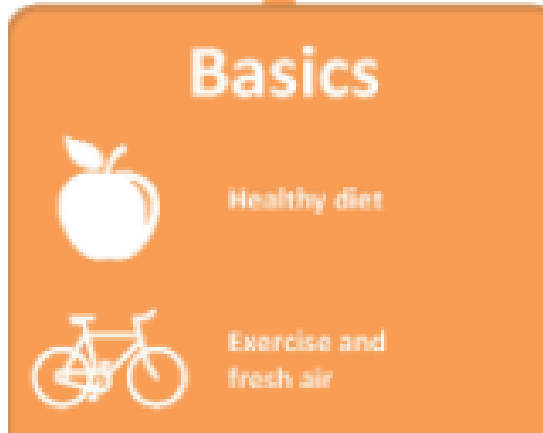
Use ClassCharts to see your **homework, **ambition points**,
behaviour points and spend your points in the **reward store!****

If you need student or parental login details please email Mr.

Hegarty:

R.hegarty@Montgomery.fcat.org.uk

SELF



Obesity is a medical condition that describes when a person is carrying an excessive amount of weight – often body fat – that can cause health complications. In the UK, whether someone is obese or not can usually be easily measured by a body mass index (BMI). A figure is calculated from a formula using your height and weight to give you a score and an ideal weight for your height. Your weight can be scored either as 'underweight', 'healthy', 'overweight', 'obese' or 'severely obese'. While some people, particularly those who are very muscular, may skew these readings, BMI is a useful tool in determining a healthy weight in most people.

Complete the Quizizz for your house!

Ask participants to open
joinmyquiz.com

and enter this code

5 7 1 3 5 7 9 6



CHALLENGE



Your Challenge is to gain as many steps as possible a day for the next 2 week, to help your house, screen shot your step counter from the Health App on your phone.

The house with the most entries wins the points for their house!

Use your Health app then click on steps to show your weekly average.

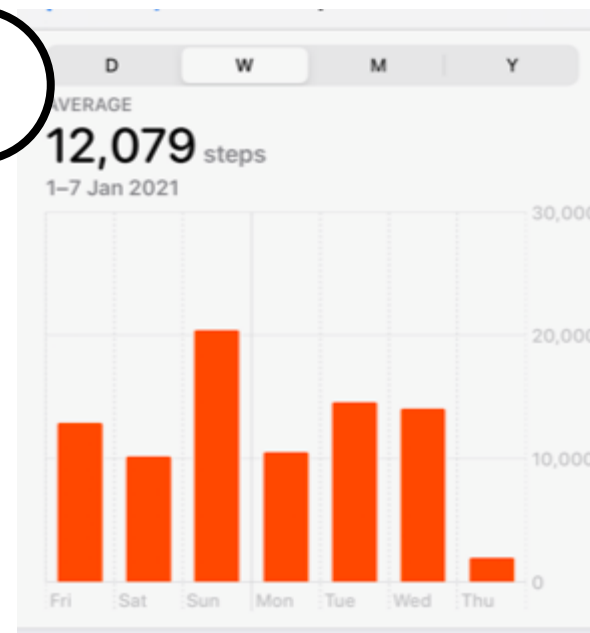
1



2



3



British Values

11th – 17th January 2021

Individual Liberty

The armed forces help us to exercise our rights and freedoms as citizens by protecting the UK.

They can also provide help in times of crisis, such as testing, supplying food and clothing or keeping our homes safe.

How do soldiers help us in times of need?

Armies in the UK and all over the world have played a key part in supporting governments and helping in many ways throughout the pandemic and it's likely that their role will continue in 2021. In early autumn, the military helped to organise mass testing in Liverpool. In December, 1,100 military personnel were sent to help thousands of lorry drivers spending Christmas Day stranded at Dover after France introduced new travel restrictions on crossing the Channel. Soldiers helped to test drivers for coronavirus and distributed food and water to the stranded lorry drivers. Most recently, the Army have been helping secondary schools and colleges in England to set up mass coronavirus testing for their pupils.

This week's news story: www.forces.net/news/coronavirus-how-military-helping

This week's useful video: www.youtube.com/watch?v=LyOXo7Na0mk

After reading the information above, do you think the role the armed forces have played during the pandemic has been an important one? What areas do you think may have struggled without their support? Did you know that the armed forces had such a variety of responsibilities? What do you think is the main purpose of the armed forces? Do you think it has changed over time?



The Lancashire NHS Wellbeing Helpline and Texting Service

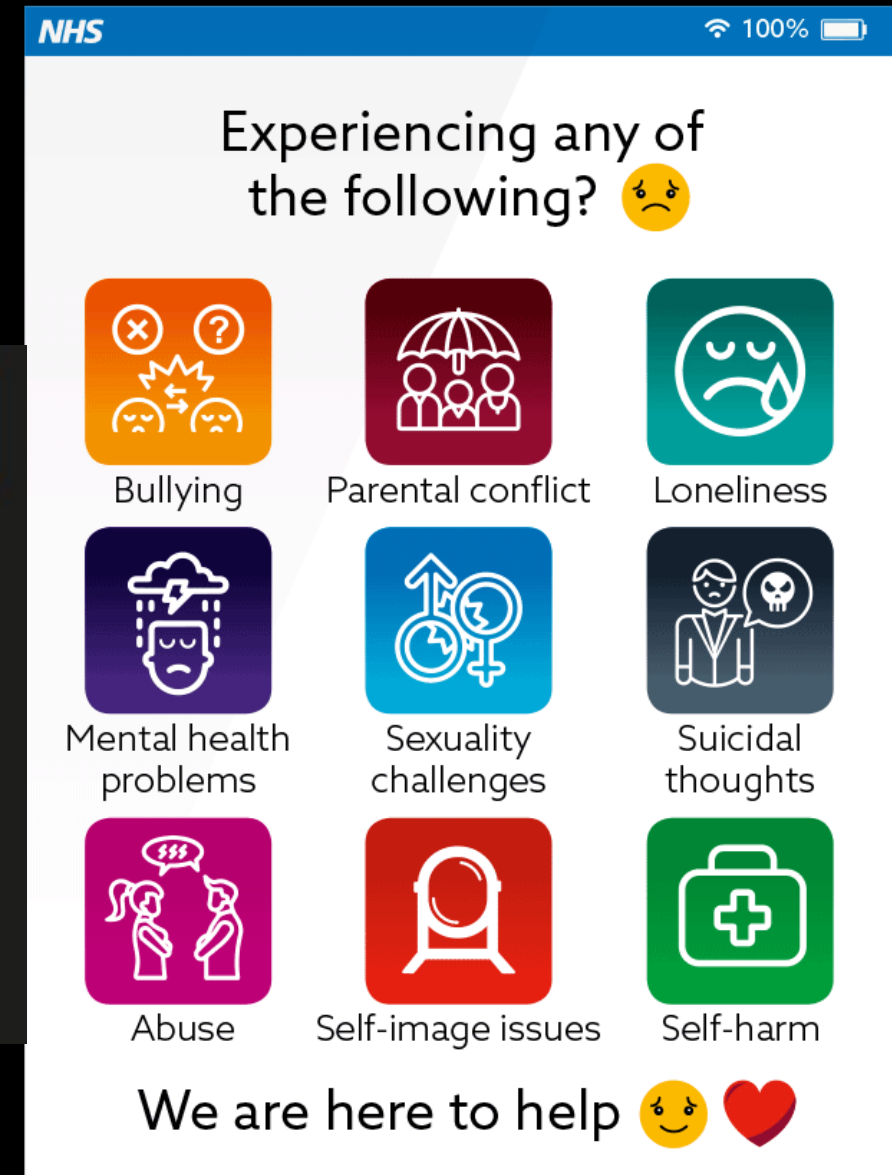


4G 100%

**THE WELLBEING
& MENTAL HEALTH
TEXTING SERVICE**

Text **HELLO** to **07860 022846** 🙌 SOS

The screenshot shows a mobile app interface with a blue header bar containing a 4G signal icon, a battery icon at 100%, and a small icon of three people. The main content area has a white background with a blue header bar. Below this, the text 'THE WELLBEING & MENTAL HEALTH TEXTING SERVICE' is displayed in a mix of black and blue fonts. To the right of the text is an icon of a smartphone with two speech bubbles. At the bottom, the text 'Text HELLO to 07860 022846' is followed by a hand icon and a red 'SOS' button.



NHS 100%

Experiencing any of the following? 😞

- Bullying
- Parental conflict
- Loneliness
- Mental health problems
- Sexuality challenges
- Suicidal thoughts
- Abuse
- Self-image issues
- Self-harm

We are here to help 😊 ❤️

The screenshot shows a mobile app interface with a blue header bar containing the NHS logo and a battery icon at 100%. The main content area has a white background. At the top, the text 'Experiencing any of the following?' is followed by a sad face emoji. Below this, there is a 3x3 grid of icons, each with a label underneath. The icons are: 1. Bullying (orange square with lightning bolt and question mark), 2. Parental conflict (maroon square with umbrella and people), 3. Loneliness (teal square with sad face and tear), 4. Mental health problems (purple square with lightning bolt and sad face), 5. Sexuality challenges (blue square with male and female symbols and question mark), 6. Suicidal thoughts (dark blue square with person and skull), 7. Abuse (pink square with two people and speech bubble), 8. Self-image issues (red square with mirror), 9. Self-harm (green square with first aid kit). At the bottom, the text 'We are here to help' is followed by a happy face emoji and a red heart icon.

House Points Weekly Totals

A
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P
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I
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t
s

1st-40 PTS **Orange House**
2nd- 30 PTS **Blue House**
3rd-20 PTS **Green House**
4th-10 PTS **Purple House**

76 Points



10

87 Points



20

114 Points



30

115 Points



40

RUNNING TOTALS



220



280



450



450