

Montgomery PE 2025-2026

Year group	Days you have PE each week
7A	Thurs 5 Fri 3
7B	Mon 1 Wed 2
8A	Mon 5 Thurs 3
8B	Tues 4 Thurs 2
9A	Wed 4 Fri 2
9B	Mon 2 Fri 1
10A	Wed 1
10B	Fri 4
10 Sports Studies	Tues 3 DMC Thurs 4 EPG
10 GCSE	Mon 3 MTA
11A	Wed 5
11B	Mon 4
11 Sports Studies	Tues 5 JSI Fri 5 EPG
11 GCSE	Tues 5 GSH Fri 5 EPG



Our routine:

At Montgomery you are required to bring PE kit on the days you have practical PE lessons.

- If you don't have a Montgomery PE kit speak to or email your teacher who can help you with this.
- If you forget your kit, you will be asked to borrow a spare PE kit and still take part, where possible in either a written or practical activity.
- **PLEASE DO NOT GO TO STANDARDS FOR SPARE KIT – THIS IS NOW IN THE PE CHANGING ROOMS!**
- If you forget your kit a no kit consequence will be added and you will complete a 10minute detention with your PE teacher



What kit do I need?

- Montgomery PE t-shirt
- Black shorts, skort, pants or leggings
- Montgomery ¼ zip OR plain black jacket or jumper
- Trainers or football boots

