

# Board Rush – LO4 NGB's

Name one example of how a NGB can help the Infrastructure of a club?	Name one way a NGB can help promote a club?	How can having a general policy from the NGB regarding fairness and etiquette help a sport?	Name 4 general policies most NGBs have for clubs to access?	Why is it important to have an anti drugs policy?
Name one example of how a NGB can Support a club?	Name one way a NGB can help Funding within a club?	What does a NGB do to help improve coaches?	What is a NGB?	Name 5 ways a club can increase their income
Name one way a NGB can help Develop a club?	A 'grant' is an example of funding, name one other?	What does a NGB do to help referees?	Why is an NGB important?	Why is having media coverage important to promote a sport?
Name one way a NGB can help with the Policies in a club?	How can a club develop elite athletes?	What would a club contact a NGB for advice on?	What would the overall aim be for promoting a sport?	Why is important for elitists to train together?

# Board Rush – LO3 MSE

Name a ONE OFF event?	What type of event is World Cup?	Why are major sporting events important? (National Pride)	Why might a country be put off bidding for a MSE?	Name a drawback of a country during a MSE?
Name a REGULAR event?	What type of event is Olympics?	Name a sporting legacy?	What is a big factor to consider if bidding for a MSE?	Name a benefit to a country during a MSE?
Name a REGULAR and RECCURING event?	What type of event is Champions league FINAL?	Name a social legacy?	What positive might happen to facilities after an event?	What negative might happen to facilities after an event?
What type of event is the London Marathan?	What type of event is Wimbledon?	Name a economic legacy?	What maybe a big benefit of hosting a MSE? Why?	What maybe a big negative of hosting a MSE?

# Board Rush LO2 - Values

Name a sporting value beginning with TS	Name a sporting value beginning with FP	Name a sporting value beginning with C	Name a sporting value beginning with NP	Name a sporting value beginning with E
Name an Olympic value beginning with E	Name an Olympic value beginning with F	Name an Olympic value beginning with C	Name an Olympic value beginning with D	Name an Olympic value beginning with I
What Olympic value? 'Achieving your best performance'	What Olympic value? 'Watching an opponent on a rest day'	What Olympic value? 'All countries uniting together'	What Olympic value? 'Overcoming an injury'	What Olympic value? 'Applauding a good performance'
What sporting value? 'Working together'	What sporting value? 'Getting involved with local community'	What sporting value? 'Getting everybody involved'	What sporting value? 'Striving to be the best you can be'	What sporting value? 'Uniting behind their country'

# Board Rush LO1 – User Groups

Name a user group who may struggle with transport.	Name a user group who may struggle with a class at 9am.	Name a user group who may struggle with accessing a spinning cycling class.	Name a user group who may struggle with a football session.	Name a user group who may struggle with an expensive class.
Name an emerging sport	Name a trending sport	Name an initiative targeting girls	Name a socially unaccepted sport	Name a factor which might affect popularity in sport
Name a barrier for an OAP	Name a barrier for unemployed	Name a barrier for girls	Name a barrier for a single parent	Name a barrier for a wheelchair user
Name a solution for the OAP	Name a solution for the unemployed	Name a solution for girls	Name a solution for a single parent	Name a solution for a wheelchair user