

BORIS

THE BEETROOT

Week 2



MAINS

MONDAY

Toad in the Hole with Mash & Green Beans

Cheese & Onion Pasty with Half Jacket Potato & Green Beans 

TUESDAY

Homemade Lasagne with a Crusty Baguette & Salad

Roasted Vegetable & Cheddar Burger with Healthy Chips, Spaghetti Hoops & Carrots 

WEDNESDAY

Chicken Korma with Steamed Brown Rice, Naan Bread & Vegetables

Roasted Vegetable Chilli with Wholemeal Rice 


THURSDAY

Margarita/ Pepperoni Pizza on a Wholemeal Base, with Herby Diced Potatoes & Salad

Selection of Cold Wholemeal Wraps with Pomme Noisettes & Salad

FRIDAY

Oven Baked Fish Fingers or Salmon Fishcake with Creamed Potatoes & Broccoli

Homemade Cheese & Onion Pie with Creamed Potatoes & Fresh Beetroot 

DESSERTS

MONDAY

Fresh Fruit Salad
Blueberry Muffin
Homemade Yoghurt

TUESDAY

Fresh Fruit Salad
Chocolate & Beetroot Brownie with Chocolate Custard
Homemade Yoghurt

WEDNESDAY

Fresh Fruit Salad
Strawberry Mousse
Homemade Yoghurt

THURSDAY

Fresh Fruit Salad
Oaty Biscuit
Homemade Yoghurt

FRIDAY

Fresh Fruit Salad
Homemade Banana Loaf
Homemade Yoghurt

AVAILABLE DAILY

Fresh Whole-wheat Pasta, served with a choice of Meat or Vegetarian Sauces

Full Range of Salads from our Salad Bar

Fresh Whole-wheat Bread Rolls from our Bread Basket