



# Moor Park Primary School

## Top Tips for Remote Learning

As teachers and parents, we understand how challenging online learning can be. It will be difficult at times so here are some helpful tips and strategies to guide you on your way.



Get up as you would on a normal school day. Get dressed and have breakfast. Make sure Microsoft Teams is installed on your device, log in and find the morning message from your teacher to see what is expected of you. Setting up a routine is the key to a successful day.



Make a simple **timetable** of all your lessons spaced out through the day. Set up a workspace with the equipment you need. Turn off or put away any distractions. Follow the instructions for each lesson - remember that the lessons build on each other so try and complete them in the order they are given to you.



Make sure you take **regular screen breaks** to give your brain and eyes a rest and maybe have a snack and a drink. Where possible, get some exercise or go out for some fresh air. At the end of the day read a book together, play a board game, do something creative – share these moments with us too.



Put on your positivity glasses – see the possibilities! We know learning at home is hard but being stuck in the learning pit is good – you are learning! If you are stuck, remember the B's - use your **brain**, look back through your **book**, ask a **buddy**, check with the **boss**. Parents - please don't be tempted to do the work for them – the children are being challenged just as they would be in the classroom!



**TALK!** Share your child's learning, praise each other for a successful day, what did you most enjoy? What was the most challenging part? What do we need to work on? \*It is also important to **monitor** your child's communication online. Ensure that any comments they post are constructive – Teams should only be used to communicate with the teachers not friends.



**Ask** if you have any questions, a teacher is always there to help. Try to hand in all learning by 4pm so that your teacher can have a look and give you some feedback. Listen to this advice and try your best to act on it. Now your work is done for the day - Well done!