

Dear Parents and Carers,

We are asking for your support with three events next week and donations to be made. Please try and support these very important days but we appreciate it may be financially difficult to support all of them.

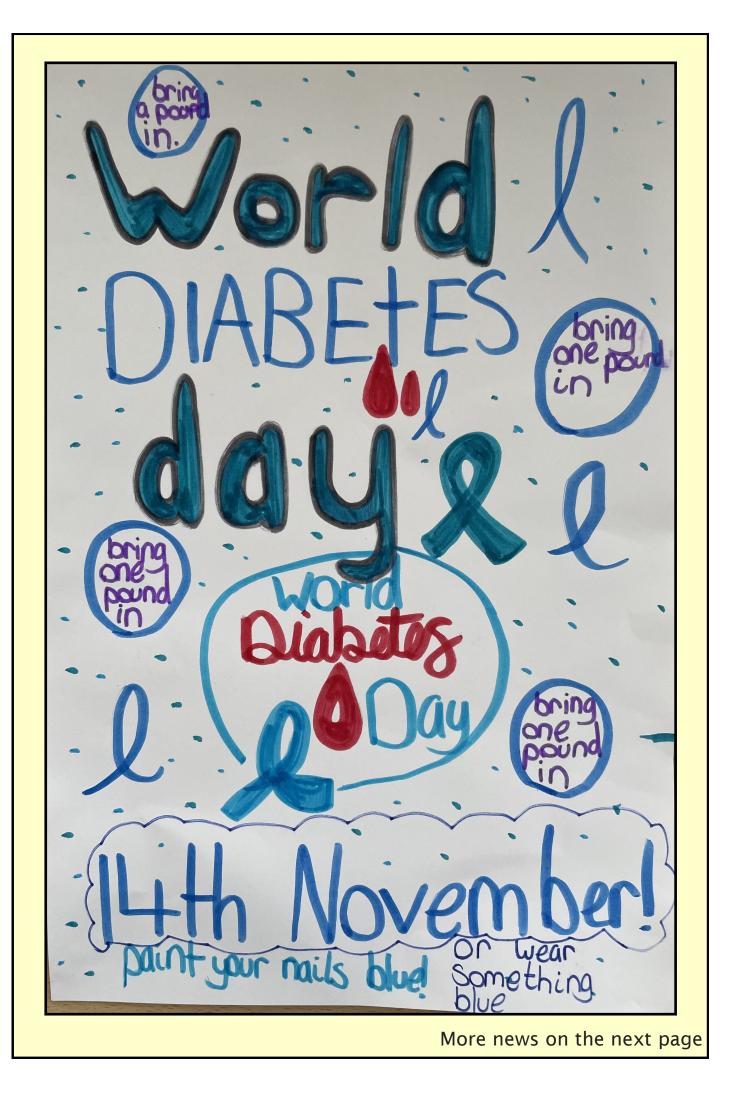
WORLD DIABETES DAY - Monday

On Monday we are recognising World Diabetes Day. This will be a <u>non-uniform day</u> with the theme 'wear something blue' - you can also paint your nails blue for one day only! We are asking for a £1 donation. All money collected will be sent to Diabetes UK. Madeleine from 4C has created a poster for the event on the next page. Thanks Madeleine.

CHILDREN IN NEED AND CHRISTMAS FAIR DONATIONS- Friday

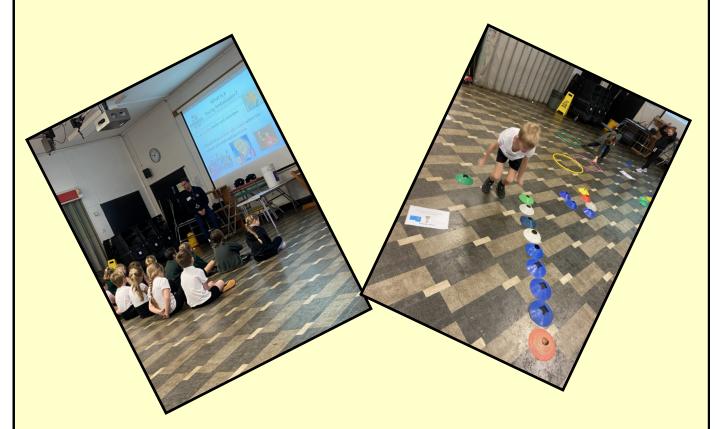
It is Children in Need on Friday and as we do every year we will donate all money to this worthwhile cause. Again we are asking for a £1 donation as this will be a non-uniform day. However, we are also starting our non-uniform days to support the MHSA Christmas Fair, so we are asking that you also donate chocolate on this day to support this.

More news on the next page



YEAR 2 YOUNG AMBASSODORS

We welcomed Year 2 children from other local school to Moorfield this week to take part in 'training' to be a Year 2 Young Ambassadors, alongside some Moorfield pupils in Year 2. The purpose of this is to allow these children the opportunity to lead activities outside at break and lunchtime. Well done to all those who took part.



ANTI-BULLYING WEEK

Anti-bullying week runs from 14th—18th November and the theme this year is 'reach out'. Let's come together and reach out to stop bullying. This is always a fantastic week that reminds us all of the importance of respect to one another. It is important to remember that bullying isn't 'fall outs' and it isn't one off incidents or incidents that are isolated across a child's time in school. This quote from the Anti-Bullying Alliance helps to understand the definition of bullying.

What is bullying?

Bullying is the **repetitive**, **intentional hurting** of one person or group by another person or group, where the relationship involves an **imbalance of power**.

It can happen face to face or online.

Anti-Bullying Alliance agreed definition

More news on the next page

ADULT EDUCATION

Last week I shared with you a couple of leaflets we received from Jennifer Wallwork, Stockport Council's Continuing Education Team. This was in relation to training courses and training to support getting people into or back into employment. The service is funded by the Greater Manchester Combined Authority and the Education (GMCA) and Skills Funding Agency (ESFA). The remit is to reduce barriers to employment for Stockport residents particularly those residents most distant from the labour market, benefit claimants, those residents suffering with mental health, addiction dependency etc. Furthermore, we provide provision for families through our family learning offer and employed residents.

The service works closely with employers to develop course content and specifically with those employers with job vacancies. The purpose of the team is to engage with residents and support them through the pathways programmes with the view to gaining employment.

There are a range of courses to support the local community and these have been sent in a separate email.

Historically, pre-covid, they have worked closely with Stockport schools to develop bespoke packages of learning that best meets the needs of school and it's community e.g. ESOL classes, craft, English, maths, digital, healthy eating, online safety, safeguarding etc. There are many courses available providing you are currently unemployed or earning less than £20000 per year.

There is also information here regarding support and advice around the cost of living increase. <u>https://www.stockport.gov.uk/topic/cost-of-living-support</u> and an interactive map of all the warm spaces set up around Stockport - <u>https://www.stockport.gov.uk/warm-spaces?</u> <u>utm_source=partner&utm_medium=newsletter&utm_campaign=warmspaces</u>

Best wishes,

Paul Anderson Headteacher



At Notional Online Sofety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel It is needed. This addet is the user on one of provide weak which we information to hold an informed conversation about online advects and they feel

What Parents & Carers Need to Know about

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

1. GET CONNECTED

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2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to heip prevent cyber-builying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords bouid always remain secret (even nly connect online now and trust, an iould always rem uld always remain n our best friends)

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3. STAY VIGILANT

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

s they're bringing you up t d, and try not to show any ament or criticism – if they haven't death

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to. Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0808 800 5000

Meet Our Expert

tant, educator and ited anti-bullying and en various academic search for the Australian governme nd sexting behaviour of young peop ale in mparing internet use ar e UK, USA and Australia.



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6. EMPOWER YOUR CHILD

@*#!

Parent

Tips

Depending on their age, your child might not want a parent flighting their battles for them. In that case, talk through their options with them (blockling the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people failing victim to cyberbuilying. Even if they don't fe confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the builying occurred C

9. SEEK EXPERT ADVICE

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

National Online

Safety

#WakeUpWednesday_









In the news this week Pupils in schools should not be unfairly

singled out for having afro hair, the Equality and Human Rights Commission (EHRC) has said in new guidelines for schools. The EHRC reported that rules banning certain styles are likely to be breaking the law. This includes styles such as afros, braids, cornrows, plaits, locks, and head coverings. The new guidance was announced to help schools in England, Scotland and Wales ensure their hair policies are fair.

Things to talk about at home ...

- Have you, or do you know anyone who has, had to change your/their appearance for work or for school?
- Share your thoughts on the new changes, do you think it's important these guidelines are given to workplaces and schools?

Please note any interesting thoughts or comments

our appearance?

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



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Paul Anderson Headteacher