

### **12th January 2024**

# field Nev

Responsibility Perseverance Compassion Thankfulness

8th - 11th January

Classes of the Week: R/KS1: RSL KS2: 5C

House of the Week: Dolphin

Pupils of the Week: R/KS1: Hantang W KS2: Isabella E



#### 8th - 12th January

KM Leo M **KP Thomas B** RS Sofya BD/Isla B

1C Jiannah J 1H Lucas L 21 Felicity H 2GS Amelia D 3B Charlotte T 3H Jerome J 4C Lacy A 4MC Polly N 5C Alica A 5SR Jules C 6G Theo S 6M Oliver L



#### Pen License

Freddie S-L, Polly N, Sienna M, Bailey B, Oliver L, Sera A, Elsa M, Oliver B,





#### Star Bonds

**Moorfield Tables** Abigail O



### 8th - 12th January

Rec 96%, Year 1 98%, Year 2 96%, Year 3 97%, Year 4 96%, Year 5 89%, Year 6 94%





Headteacher Award



### Dear Parents and Carers,

### WELCOME BACK

A Happy New Year to you all and welcome back to school after the Christmas break. I hope you all had a wonderful holiday and are looking forward to the new year ahead. The children have been fantastic this week and have quickly settled back into the school routine.

We welcome some new staff to school including our new Premises Manager, Jamie Wilks. Mr Wilks has joined us from an independent school in Stockport and we wish him all the best in his role at Moorfield. I would like to thank our School Business Manager, Tracey Laforce, for taking on the responsibility for the past 12 months in the absence of a site supervisor, and to Miss Shorrt and Mrs Greaves for supporting me with locking the school every night for a number of months.

#### TURN THE PAGE COUNSELLING

Turn the Page Counselling, who provide our counselling for children within our school, have set up a brand NEW group for primary aged children that's due to start outside of school in the next month. MINDFUL MOMENTS. This is a small-scale group for children aged 7-11 years old all based around mindfulness.

This group would work particularly well for those siblings that often feel the weight of a busy family life, particularly if they have a sibling with any additional needs. Using the mindfulness techniques with a qualified therapist they will explore how to remain calm, discuss difficult feelings, all whilst working on their breathing, visualisation and relaxation strategies. Mindfulness techniques are proven to reduce anxiety and build a child's resilience.

The groups are going to be ran on Mondays at 4.00pm-5.00pm at Moorish Café. See the flyer below for further information. Better still each class is priced at just £7 for the hour per child, or discounted to £12 for two siblings. Parents are welcome to wait in the cafe and have themselves a guiet coffee for the hour.

## MINDFUL MOMENTS GROUP

Mondays 4-5pm at Moorish Cafe,
467 Buxton Rd, Stockport SK2 7HE.
Places are limited
(costs £7 per child or £12 for two siblings)
Coffees available to purchase in
the cafe whilst parents wait.



Bring your child along to learn mindfulness based skills!

This is a relaxing child's workshop that uses breathing,
sensory and visualisation techniques to help reduce your child's anxieties.

Simple enough for your child to be able to go away and apply the strategies themselves.



Contact Joanna on hello@ttpcounselling.com or leave a message on 07746-217-066.



### BETTER EMOTIONAL HEALTH

Stockport Council is providing free access to online courses with the aim of supporting children's emotional health. Please have a look at the flyer below for further information.



In Stockport, we believe in supporting children's emotional health development, and that's why we've invested in online courses in understanding your child for parents. So you can have **FREE ACCESS.** 

By understanding how your child's brain develops and responds emotionally, you can better support their needs as they navigate the big milestones in school.



- Learn to better read and understand behaviour
- Help them to communicate how they feel
- Gain psychologist-informed ideas to support your child



**GO TO INOURPLACE.CO.UK** 

AND ENTER THE CODE REDROCK
FOR EREE ACCESS TO THE ONLINE COURSES

### PARENT CONSULTATION

Parent Consultation Evening bookings were opened on Tuesday for our spring term meetings on Tuesday 16th and Thursday 18th January. Meetings for 3B, 4MC, KT, KM, KP will take place later in the term. Reception and Key Stage 1 classes will have their meetings in the KS1 hall and parents/carers should make their way to the hall via the KS1 playground. Key Stage 2 meetings will take place in the KS2 hall and parents should enter by the main school entrance.

### AND FINALLY...

According to local news and weather reports, we can expect freezing temperatures early next week and an increased possibility of snow. We ask that you send you child to school with a warm coat, hat, scarf and gloves when required. In the event of heavy snowfall, we will inform parents and carers through our usual channels if it is necessary to close the school. Lets hope not!

Have a great weekend.

Best wishes,

Paul Anderson Headteacher









# In the news this week

A study from the University of Valencia, in Spain, found that print reading could boost skills by six to eight times more than digital reading, for example, on an e-reader or tablet. The study, published in the Review of Educational Research, also found that while there is a negative relationship between digital reading and comprehension for primary school pupils, the relationship turns positive for secondary school-aged pupils.

### Things to talk about at home ...

- Do you enjoy reading? If so, what type of books?
- Talk to someone at home about the types of books they like to read.
- Do you think you would prefer to read printed books, or books on an e-reader?
- Do you think that one day, e-readers will replace books?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss









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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This quide focuses on one of many issues which we believe trusted adults should be aware of. Please visit national college comfor further quides, hints and tips for adults.

### What Children & Young People Need to Know about

# FREE VS HATE SPEECH SPEECH

Everyone in the UK has the right of "freedom of expression". That's the right to voice your opinions and share information and ideas with others. It's not the right to say whatever you want without regard for others' feelings and values. We all have a responsibility to use this right properly: being respectful and inclusive to those around us, rather than making offensive and threatening remarks. That's called 'hate speech' and knowing the difference is incredibly important.

Free speech is a person's legal right to share information, opinions and ideas without fear of retaliation, censorship or legal consequences. This freedom of expression is recognised in international human rights legislation, and here's what it does for us in our day-to-day lives ...

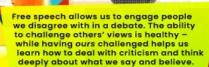
The Human Rights Act 1988 states that everyone has the right to express themselves freely – even if their views are unpopular and might offend others



Freedom of expression encourages listening to others and allowing opposing views to be heard. It's important to respect someone's opinion, even if we disagree with it. Free speech lets us engage in meaningful discussions with people who feel differently.

Any concept could potentially offend someone. Galileo's theories were incredibly offensive to many at the time, while not everyone agrees with Darwin, even today. A frequent exchange of ideas is vitally important for a healthy society.

FREEDUM



Freedom of expression includes the right not to do something, like not standing up for – or singing – the national anthem.
Even though some people would find that offensive, it isn't illegal. By law, nobody can force you to say anything you don't want to.

Free speech is a powerful tool for change, justice and reform. Many modern UK rights – such as women being allowed to vote, decent working conditions or same-sex marriage – couldn't have been achieved without it.

Hate speech refers to any communication — like talking, texting or posting online — that negatively targets a group or an individual because they are perceived to be different in some way. Demonising and dehumanising statements, threats, identity—based insults, offensive name—calling and slurs would all count as hate speech. Here are some common forms it takes...

Targeting people or groups because of a protected characteristic – like race, gender identity, sexuality, nationality, religion or a disability – and verbally abusing them with slurs and name-calling. The Equality Act 2010 has more information on this.

Content that dehumanises people based on the same characteristics: referring to them as if they were animals, objects or other non-human entities, for example. Separating the target from other human beings is usually an attempt to justify the speaker's bigotry.



Calling for violence or hatred against certain people or groups and justifying and glorifying those actions. Suggesting that a certain group should be removed from society could be seen as a call to arms, for example – potentially putting people from that group in danger.

Claiming that specific types of people are physically, mentally or morally inferior (or even that they are criminals) to encourage others to view them in the same way. This kind of thinking is always incorrect – but can be incredibly harmful to the group in question.



Spreading damaging misinformation about a person or group that the speaker views as "different" – essentially, trying to turn others against them by lying. Someone might claim that a recent tragedy is the fault of this entire group, when this is simply not possible.

Promoting the segregation of certain groups, or discrimination against them, because of who they are. This has been illegal in the UK for a long time – but some people still try to promote the exclusion of others, which can cause a huge amount of distress.



### Meet Our Expert

The Global Equality Collective is an online community for homes, schoand businesses, a collective of hundreds of subject matter experts in diversity, equality and inclusion, and the organisation behind the GEC area. The world for the result is proposed to the proposed of the proposed GLOBAL EQUALITY COLLECTIVE The National College NOS Online
Safety\*
#WakeUpWednesday









# Half termly virtual sessions

Come and join our Start Well team for a variety of live virtual workshops and information sessions.

These are a great opportunity for you to meet our team, support and enhance your child's development.



### You, Your Baby & Birth with Stockport Community Midwives

Monday AM

Join Sam and Kim in our pre recorded video for you to view in your own time. Sessions cover how you and your baby work together during the different stages of labour.

For parents to be and those supporting parents to be

Pre-recorded video: www.startwellstockport.co.uk/videos/ Tuesday AM

10am - 11am

to 2 years

9.30-11.00am

Amazing Babies

Join our Infant Parent Service to

learn more about how a baby's brain

develops and how we can help to

build it, content of session may vary

For parents and carers conception

There is no session in February but

Join us on Tuesday 16th April at 10am.

Top Tips to Talking

Support your child's speech and

language development with our

Speech and Language Therapists. Tuesday 6th February 2024

#### Wednesday AM

### Join our Early Years Workers for... Little Eaters

9.30am - 10.45am

Advice and tips around introducing solid foods

### No More Nappies

11.30am - 12.45pm Advice and tips for tollet training

### **Emotional Regulation**

Thursday AM

#### 9:30-11:30

Do you struggle when your child has a meltdown?

Join our Parenting Team for advice on how to help your child stay calm and understand why this happens

For parents / carers of children up to 10 years

### Top Tips to Talking

#### 9.30-11.00am

Support your child's speech and language development with our Speech and Language Therapists.

Thursday 18th April 2024

### Sleep seminar

29th February 2024 9:30-12 noon and 2nd May 2024 9:30 - 12 noon

Do you struggle with your child's disrupted sleep? Do you feel exhausted? Join our parenting team for useful information and advice

For parents and carers of children aged 2 - 10 years

### Friday AM



Our sessions are running

Monday - Friday

Week beginning 5th February 2024

Week beginning 15th April 2024



Sessions may vary and new sessions may be added. Please keep your eye on our facebook page and website for updates

"These will be about how YOU can make the difference to your child's learning in their early years and give them the best start in life."



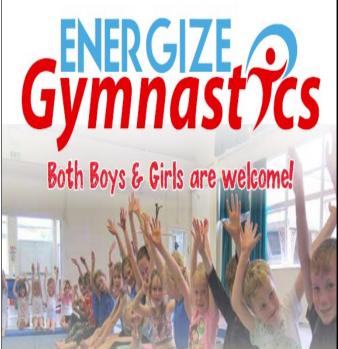












DAY	TIME	AGE/ ABILITY	MONTHLY COST (direct debit)
Wednesday	17:15 - 18:15	4-7	£29.60
	18:15 - 19:30	Advanced	£37.00
Thursday	17:00 - 18:00	4-7	£29.60
	18:00 - 19:00	7+	£29.60
	19:00 - 20:15	Advanced	£37.00
Friday	17:15 - 18:15	4-7	£29.60
	18:15 - 19:30	7+	£29.60
Saturday	10:30 - 11:30	4-7	£29.60
	11:30 - 12:30	7+	£29.60
Parties	12:45 - 14:15	4-14	TBC

- · Contact or book at energizesportscoaching.co.uk
- · Fully qualified Independent **Gymnastics Association**
- No annual membership fees
- · Club events held every year (competitions, fairs, displays & more!)

07858 147484







email: info@energizesportscoaching.co.uk

energizesportscoaching.co.uk

Pownall Green Primary School Bramhall Lane South, Bramhall, Stockport SK7 2EB