

13th May 2022

# Moorfield News

Responsibility Perseverance Compassion Thankfulness

wc 2nd May 2022

Class of the Week: 3C

House of the Week: Lion

Pupil of the Week: Violet 6M



TRACKIT LIGHTS

Dear Parents and Carers,

I hope you have all had a good week and are looking forward to the weekend.

A big WELL DONE to all of our Year 6 pupils this week for applying themselves so well during the SATs tests. There is still plenty of work to do in Year 6 until the end of the year but a bit more relaxed than the past few months have been. Our MHSA have provided a 'pot' of money for our Year 6 pupils to plan and budget for 'Leavers' events in the last half term so they can decide how they want to end their time with their classmates and teachers before moving on to their respective high schools. I'm sure they will enjoy planning this.



I mentioned last week our Jubilee Day on the last day of this half term and I have more information to share. As well as it being a red, white and blue non-uniform day, our school cook will be creating a picnic bag for each pupil who has a school dinners so we can all enjoy a Jubilee picnic outside. Teachers will be creating a week of Jubilee activities using a book called The Queens Hat by Steve Antony as their inspiration. Let's hope for a dry, warm and sunny week

Finally....good luck to Stockport County in their last league game of the season on Sunday, as they aim to get back into the Football League after a number of years away. I know we have a number of County fans at Moorfield and I hope you all have smiles on your faces when you come into school on Monday morning.

Best wishes,

Paul Anderson  
Headteacher

**Taylor Shaw**  
Seeing food differently

I've been in communication this week with our school meals provider Taylor Shaw, as I've had some of our school community enquiring about the menu and the meals on offer.

I can confirm that we have moved to the new summer 22 menu which has been developed by Taylor Shaw's 'menu development team' then reviewed by their dieticians to ensure the meals meet the school food standard guidelines. Their menus also achieve the bronze Food for Life Standard. The menu for the summer term is included in this newsletter.

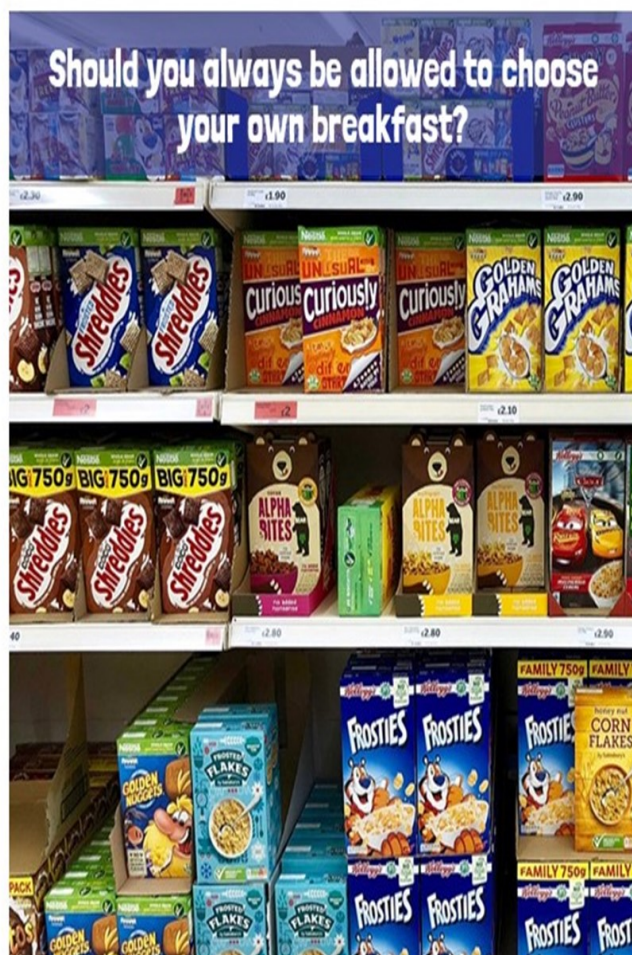
Many of you will be pleased to know the salad bars in both the KS1 and KS2 halls will return from Monday next week to complement the main meal you choose for your child. We will also be posting on the school website more information from Taylor Shaw on the meals they provide.



# Picture News

## TAKE HOME

16 - 22 May



Should you always be allowed to choose your own breakfast?

## In the news this week

Cereal company, Kellogg's, is taking the UK government to court over new rules that would stop some of its cereals being put at the forefront of supermarket shelves, as they have high amounts of sugar. It is challenging rules that are set to come into effect in England in October and would restrict the promotion of food and drink that is high in fat, salt and sugar. Kellogg's has said the new rules don't take into account the nutritional value of milk, which is usually added to the product. The government's new rules, which follow other restrictions previously put in place, aim to encourage people to make healthier food choices.

### Things to talk about at home ...

- Share some of the things you eat for breakfast. Do you often have cereal? Do you have it with milk? How about others in your home?
- Do you always choose your own breakfast? Share some of your favourite choices and why you choose the things you do.

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# ONLINE SAFETY FOR UNDER 5s

## 10 Top Tips for Parents and Carers

According to Ofcom's most recent research, a significant proportion of children are already online by the time they start school, with 17% of 5-year-olds owning their own mobile phone and 50% using messaging platforms. As becoming familiar with technology is generally encouraged in younger children – and has been essential for education during the pandemic – it is crucial that trusted adults recognise both the benefits and the risks of infants and toddlers using digital devices. We've compiled our top tips to help the under-5s start their online safety journey.

### 1 USE DEVICES TOGETHER

This lets you monitor and control what your child is using the device for. It also provides the interaction that supports children's understanding of what they're seeing – allowing them to ask you questions, and so on.

PARENT CODE:  
\*\*\*\*\*

### 6 BLOCK IN-APP PURCHASES

If your child uses a device that's linked to a payment method (such as a bank card), use the parental controls to block buys from app stores, as well as in-app purchases. That will prevent your child from accidentally spending money while on your device.

### 2 ACTIVATE PARENTAL CONTROLS

Most digital devices have built-in parental controls that can limit the type of content children have access to. If your little one uses any device (even borrowing yours), it's a good idea to explore what controls the device has and enable them whenever they have access to it.

### 7 CHOOSE SAFE APPS AND SITES

There are some fantastic apps and platforms that are specifically designed to be safer for children. Always check the PEGI age rating before downloading an app, and test it yourself before allowing your child to use it.

### 3 MANAGE SCREEN TIME

This can be tricky, especially if your child is interested in a certain video, app or game. Try to agree on some ground rules and get your child into a routine which includes certain times of the day when they go without devices.

### 8 INVOLVE THE FAMILY

If your toddler has older siblings, it's likely that their rules for device use will be different – and that they'll access content that isn't appropriate for younger ones (a particular worry if they share devices). Encourage the whole family to be good role models and help little ones stay safe online.

### 4 TALK ABOUT BEING SAFE ONLINE

Just like we teach children about being safe in the real world, we need to educate them about how to stay safe online. Use age-appropriate language to help them understand, and plenty of hand gestures can reinforce what you're telling them.

### 9 IF IN DOUBT, ASK

The easiest way to find out what your child is doing online is usually just to talk about it with them. Developing an open dialogue at an early age helps them grow up feeling able to talk to you about their digital life – providing opportunities to intervene if you're concerned.

### 5 SET A GOOD EXAMPLE

Children often learn by watching and copying those around them, and using digital devices is no exception. When you're around your child, try to follow the same rules that you've set for them. Let them see you balancing your time online with interacting with people in real life, too.

### 10 SUPPORT CREATIVE & ACTIVE PLAY

Physical and creative activities are important for a child's wellbeing, and there are plenty of ways to incorporate technology into that. For example, you could encourage games that require physical movement; dance and sing along to songs your child loves; and follow step-by-step crafting videos.

### Meet Our Expert

Konstantina Moustaka is a professional development and EYFIS coordinator at an 'outstanding' nursery school in London. She has been working as a nursery and early years practitioner, both in the UK and internationally, for the past 16 years.



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#WakeUpWednesday

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Primary Menu Week 1	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Margherita Pizza Slice with Jacket Wedges	Classic Pasta Bolognese & Garlic Bread	Roast of the Day with stuffing & Gravy	Mild Chicken Curry & Mixed Rice	Fish Fingers with Chips & Tomato Sauce
Vegetarian Main Meal	Smoky spiced vegetable stew & rice	Veggie mince pasta Bolognese & garlic bread	Quorn Roast with Stuffing & Gravy	Veggie Burger with Potato Wedges	Vegetable Nuggets with Chips & Tomato Sauce
Vegetable Selection	Green Beans Sweetcorn	Broccoli Fresh Carrots	Cauliflower Seasonal Greens	Sweetcorn Carrots/Mixed Salad	Baked Beans Garden Peas
Jacket potato option	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans
Dessert	Apple Flapjack	Marble Cake & Chocolate Sauce	Vanilla Ice Cream & Bananas	(Ginger) Shortbread Finger & Watermelon Slice	Chocolate Cookie

## Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts

Primary Menu Week 2	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Margherita Pizza with Half Jacket Potato	Chicken & Sweetcorn Meatball Sub with Arrabiata Sauce & Baked Wedges	Roast of the Day with Yorkshire Pudding, Roast Potatoes & Gravy	Chicken Pie & Mash	Classic Friday Fish & Chips with Tomato Sauce
Vegetarian Main Meal	Veggie Chilli & Mixed Rice	Tomato & Basil Pasta	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Creamy Macaroni Cheese	Crispy Bean & Vegetable bake
Vegetable Selection	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Broccoli Sweetcorn	Baked Beans Garden Peas
Jacket Potato option	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans
Dessert	Oaty Crunchy Biscuit	Apple Crumble & Custard	Jelly & Mandarins	Sponge cake & custard	Chocolate Brownie

Primary Menu Week 3	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Margherita Pizza with a half portion of Baby Baked Potatoes	Traditional Sausage & Mash with Gravy	Roast of the Day with Stuffing & Gravy	Chicken enchilada's with wedges	Crispy Breaded Fish Fingers & Chips
Vegetarian Main Meal	Veggie Meatballs with Tomato Sauce & Pasta	Vegetarian SAUSAGE, Mash gravy	Quorn Roast with Stuffing, & Gravy	Veggie mince Bolognese	British Cheese & Onion Quiche & Chips with Tomato Sauce
Vegetable Selection	Mixed Vegetables Garden Salad	Green Beans/Baked Beans Cauliflower	Spring Greens Carrots	Broccoli Sweetcorn	Baked Beans Garden Peas
Jacket Potato option	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans	Jacket potato with Cheese Tuna or Beans
Dessert	Chocolate & Banana Muffin/Cake with Apple Smiles	Flapjack Finger	Jelly & Mandarins	Lemon & Blueberry Cake	Frozen Toffee Yoghurt

