

Moorfield News

Responsibility Perseverance Compassion Thankfulness

9th - 13th October

Classes of the Week: KS1: 2J KS2: 4C

House of the Week: Wolf

Pupils of the Week: R/KS1: Martha N 2J KS2: Amelie H 4C



TRACKIT LIGHTS

9th - 13th October

KM Benjamin K	KP Nathan B	RS Elena N/Harper H	
1C Grace H	1H Holly S	2J Lexi B	2CS Dixon F
3B Harriet Y	3H Rowan C	4C Ellen S	4MC Olivia C
5C Sera A	5SR Autumn L	6G Emmy S	6M Zach N



Pen License



Star Bonds

Moorfield Tables

Henry R



2nd - 6th October

Rec 97%, Year 1 98%, Year 2 97%, Year 3 99%,
Year 4 96%, Year 5 97%, Year 6 96%



Headteacher Award

KS1 Cassian S- Perseverance
KS2 Jacob B - Perseverance



Dear Parents and Carers,

HARVEST

We are collecting for Wellspring this year, and if you can, we would welcome donations of tinned and dried food. Please see the list of foods Wellspring are asking for donations of on page 6 of the newsletter. If you are able to donate any of these items, please send them in with your child on Monday morning. Thank you.

More news on next page

HALF TERM EVENTS

There are links on pages 8,9 and 10 of the newsletter to half term events taking place across Stockport. Please follow the QR codes for further information. Any further information we receive regarding half term activities, we will post on the newsletter next week.

AUTUMN 1 ASSEMBLY

If your child has been chosen for our end of half term assembly then you will have been contacted today.

Assembly times are as follows:

R/KS1 - 9.15-9.55am

Yr3/4 - 10.00-10.20am

Yr5/6 - 10.25-10.45am

These three assemblies will take place in the Key Stage 2 hall and focus on basic skills in English and maths, our value this half term of thankfulness and learning at home.

More news on the next page

NAZAL FLU VACCINATION

We have only had 50% of parents/carers respond to this. Please follow the link to confirm whether you are opting in or out of the vaccination.

<https://nhsimms.azurewebsites.net/session/3982dfce>

AND FINALLY...

Tonight we have our Halloween Disco organised by the MHSA. This event will be held in the Key Stage 1 hall and entrance will be through the infant playground and round to the hall doors. Pick up will be from the classroom doors that lead on to the playground.

The Reception and KS1 disco will be from 4.45-5.45pm.

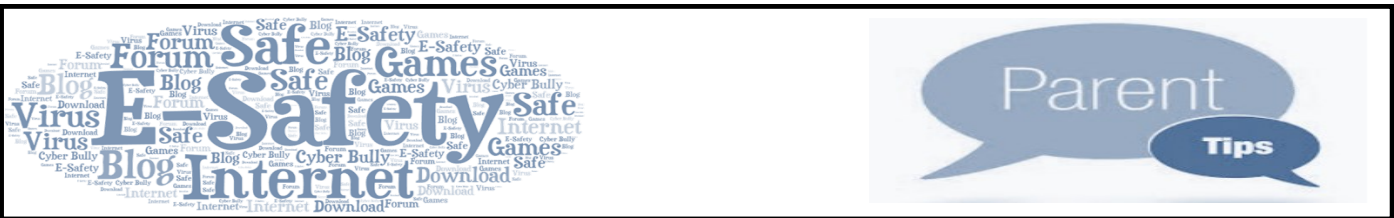
The Key Stage 2 disco will be from 6.15-7.15pm.

A reminder that next week is the final week of the half term before we have a one week break.

Have a lovely weekend.

Best wishes,

Paul Anderson
Headteacher



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



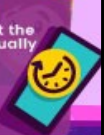
6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.



Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



Sources: <https://www.bbc.com/news/and1047936> | <https://www.theguardian.com/blog/2022/apr/28/supporting-your-child-with-upsetting-content/> | <https://www.nos.org/parenting/how-to-talk-to-your-children-about-conflict-and-war>

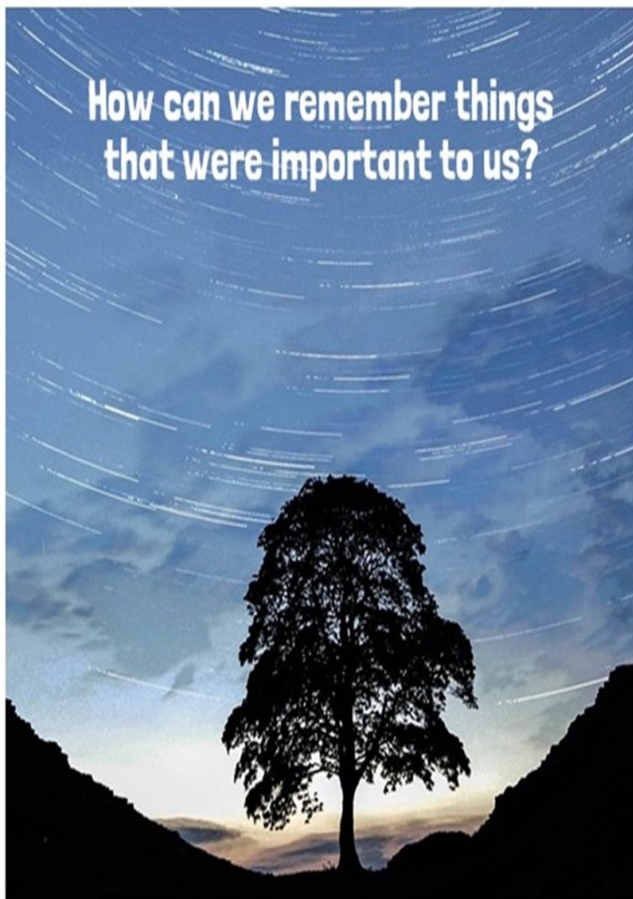




Picture News

TAKE HOME

16 - 22
October



How can we remember things that were important to us?

In the news this week

The tree at the centre of the world-famous 'Sycamore Gap' on Hadrian's Wall, England, has reportedly been deliberately felled on the night of 28th September and was discovered by walkers the next morning. The National Trust said it was 'shocked and saddened' by the felling of the tree, which won English Tree of the Year in 2016.

Things to talk about at home ...

- > Is there a place in your local area that is very special to you? What is it that makes it special?
- > How do you think the people living close to Sycamore Gap will be feeling? How do you believe the legacy of the tree could be remembered?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



© Picture News 2023

HARVEST

A New Recipe for Hope & Change

The way that we help our users has changed so much and the services we deliver always needs new ingredients to make them work. We are currently serving an average of 80 meals across Breakfast, Lunch & Takeaway Snack Packs every single day.

OUR WISH LIST

For main meals:

- Tinned, fresh or frozen meat
- Tinned fresh or frozen vegetables (such as carrots, peas, potatoes)
- Cheddar cheese

For all food sessions:

- Semi skimmed long life milk
- Sugar
- Coffee
- Hot chocolate
- Cordial

For desserts:

- Tinned custard
- Tinned mix fruit (not peaches)
- Rice pudding
- Eggs
- Self raising flour
- Caster sugar
- Cakes

For snack packs:

- Sandwich meats
- Sweet biscuits (individually wrapped)
- Multipacks of crisps

Essentials:

- Ketchup
- Mayonnaise
- Brown sauce
- Gravy granules
- Cooking oil
- Butter/marg
- Pepper

For breakfast:

- Baked beans
- Plum and chopped tinned tomatoes

Don't forget that the main ingredient remains the same... your support!

We work really hard to provide a healthy meal service that tastes good, with a Zero Waste policy in mind. We currently have too many of these items and would love for you to find an alternative from our Wish List.

SOUP PASTA RICE HOT DOGS TUNA TOILETRIES

Scan the code below to sign up to our Mailing List and stay up to date with all we do!



SCHOOL CROSSING PATROLS

Make a difference in your community.



Our school crossing patrol team do vital work in ensuring that our children and young people are kept safe on the roads. It's the perfect part time role for anyone who wants to make a difference in their community. We have vacancies throughout Stockport!



Hazel Grove Library
31st October
2023
11am - 1pm


Bramhall Library
17th October
2023
11am - 1pm




Come along to one of our upcoming recruitment events to find out more about the roles we have on offer and the benefits of being part of #TeamStockport.

Bring your CV along, chat to our friendly team and even bag yourself an interview on the day!

 Stockport Council Jobs

 @JobsAtStockport

 Stockport Council



Mum2mum Market

Stockport Hazel Grove

Good as new sale

Children's Good as new event

new-born-6 years items.

Bargains galore From Potties to

Prams & everything in-between.

Sun. Oct 15th 3-5pm

Hazel Grove High School.

Jacksons Lane. SK7 5JX

Entrance adults £2. Kiddies no charge

Want to sell with us?

Sell your children outgrown 0-6 yrs items

to book a stall go to:

www.mum2mummarket.co.uk



24th - 27th October 2023

9:30am - 3:30pm or 8:00am to 6:00pm

Reception - Year 6

- Skills building- shooting, scoring, tackling
- Mini-games, small-sided matches & tournaments
- Star of the Day & trophies up for grabs



THE FOOTBALL FACTORY

Cheadle Town Football Club

Park Road Stadium, Cheadle
SK8 2AN

£21
a day

Scan to book



www.wearelsc.co.uk/october

0800 032 1806

info@wearelsc.co.uk

@LSCGreaterManchester



Tuesday 24th- Friday 27th October
9:30am - 3:30pm or 8:00am to 6:00pm



Reception - Year 6



Childcare vouchers & tax-free childcare schemes accepted

OCTOBER HALF-TERM HOLIDAY COURSES

Life Lesiure Bramhall

Seal Road, Bramhall
SK7 2JT

£21
a day

Scan to book



www.wearelsc.co.uk/october

0800 032 1806

info@wearelsc.co.uk

@LSCGreaterManchester

BOOK
TODAY

October Half term Swimming Courses

£39.60

23rd - 27th October

(5 day course)



For ages 2 - 12 years



Available at Avondale,
Cheadle, Grand Central,
Romley



Scan the QR code for
more information and
to secure your child's
place.



TURN THE PAGE COUNSELLING



'EMPOWERED PARENTS'

**A Support Group for all parents and carers concerned,
worried or struggling to support their child.**

We know that parents can often feel stressed, alone and like all their efforts aren't quite good enough. As parents and Therapists we believe that meeting other parents with similar worries, and sharing these within a supportive, non-judgmental group could bring some much needed reassurance, off loading and maybe advice or even new tips.

After receiving enquiries from parents and carers wanting to know what could help them to support their children's mental health we have decided to launch 'Empowered Parents' support group.

Parents will be allocated a group that suits theirs and the therapists availability, with a max of 6 parents per group. The groups will run for 1 hour, once a month with a Qualified and experienced Therapist at our Cheadle offices in Stockport.

The best part...the groups are solely run on a DONATION BASIS...so, no pricey therapy fees to pay. Attend a group when you can and feel free to contribute what you can. (That could be from £10, £20. We simply want to involve as many parents as possible).

If your interested and think this could be helpful for you, please get in touch for more details.

Tel: 07746-217-066

Email: Hello@ttpcounselling.com

Website: www.ttpcounselling.com



UNDERSTANDING YOUR CHILD



SOLIHULL APPROACH

NHS



WELCOME BACK TO SCHOOL

*EXCITED, NERVOUS, ANXIOUS?
NOT SURE HOW THEY'RE FEELING?*

EMOTIONAL HEALTH CAN MAKE A BIG DIFFERENCE
TO CHILDREN'S PROSPECTS IN SCHOOL AND BEYOND

In Stockport, we believe in supporting children's emotional health development, and that's why we've invested in online courses in understanding your child for parents.

By understanding how your child's brain develops and responds emotionally, you can better support their needs as they navigate the big milestones in school.



- Learn to better read and understand behaviour
- Help them to communicate how they feel
- Gain psychologist-informed ideas to support your child



GO TO [INOURPLACE.CO.UK](https://www.inourplace.co.uk)

AND ENTER THE CODE REDROCK
FOR FREE ACCESS TO THE ONLINE COURSES