

Moorfield News

Responsibility Perseverance Compassion Thankfulness

8th March - 14th March

Classes of the Week: R/KS1:2GS KS2: 4MC

House of the Week: Lion

Pupils of the Week: R/KS1: Harrison M KS2: Harriet Y



TRACKIT LIGHTS

11th March - 15th March

KM Adam J	KP Franklin V	REC Oliver T/Leo W	
1C Benjamin C	1H Elijah S	2J Parsa D	2GS Sofia E
3B Holly A	3H Emre B	4C Rhys Mc	4MC Jake G
5C Seb D	5SR Farrukh R	6G Ollie D	6M Harrison B



Pen License



Star Bonds

Harry W
Moorfield Tables
Bella S



11th - 15th March

Rec 98%, Year 1 97%, Year 2 96%, Year 3 98%,
Year 4 92%, Year 5 96%, Year 6 97%



Headteacher Award

KS1 - Grace C Responsibility
Ks2 - Halle G Responsibility



CURRICULUM SHOWCASE

As we've done previously, the end of term brings the opportunity to visit your child's classroom in the mainstream school to see the learning that has taken place this term. Dates are as follows:

- Reception - Monday 25th March
- Year 1 - Wednesday 27th March
- Year 2 - Wednesday 27th March
- Year 3 - Tuesday 26th March
- Year 4 - Tuesday 26th March
- Year 5 - Monday 25th March
- Year 6 - Thursday 21st March

If you would like to attend, please arrive at the school office on the specified date at 3pm.

AUTISM PROJECT

For those families involved in the Autism Project, a date has been pencilled in for the first of the five coffee morning, Wednesday 27th March, at 9.45am.

The sessions will consist of some time to chat and get to know each other, and some time to go through the modules that are being shared with schools. We will let you know the four additional dates soon. They will all be throughout the summer term and will take place at similar time in the morning.

We appreciate that some of you will not be able to attend at this time, so Helen Bulloch, from the Autism Team, has arranged for families to be able to access the online sessions that have been organised for the same project, but with Bramhall High School. These sessions will run from 5.30pm-7.30pm. The link is included which will work for all of these sessions.

Microsoft Teams

Join the meeting now

Meeting ID: 322 695 555 18

Passcode: d4hL8Q

Module 1 -Thursday 21st March

Module 2 - Monday 15th April

Module 3 - Thursday 9th May

Module 4 - Thursday 20th June

Module 5 - Monday 8th July

If any other families would like to be involved then please contact Mr Swire at school.

SCHOOL NURSE (DROP IN) SUPPORT

Our school nurse is in school to spend the morning with us on Thursday 21st of March. If you would like to speak to her, she is offering an informal drop in for the first hour from 9am - 10am, and then scheduled 15 minute slots, for those that would like to make a more formal appointment, between 10am and 12pm. To make a 15 minute appointment, please contact Mrs Robinson in the school office or if you want to drop in then please come to the main reception at 9am on Thursday.

FAMILY HELP COORDINATOR SUPPORT

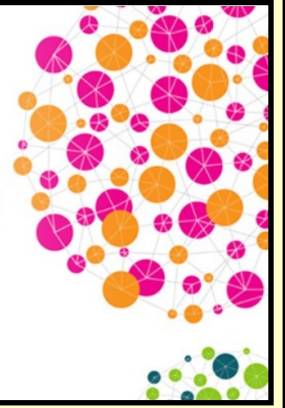
We have our Family Help Coordinator offering a drop in, next Friday 22nd March, with the same schedule - 9am -10am informal drop in and 10am - 12pm scheduled appointments. This service aims to provide support for families who feel they need it, outside the context of school. It may be linked, for example, to supporting parents/carers in meeting the needs of their children within the family home. Again contact Mrs Robinson.

BRITISH SCIENCE WEEK

We have had a range of activities taking place this week to celebrate Science Week and I'm sure teachers have shared some pictures on Class Dojo. Here are a few photos from the week.

8-17 March

British
Science
Week
2024



Reception did a couple of STEM experiments, changing apples and floating boats.



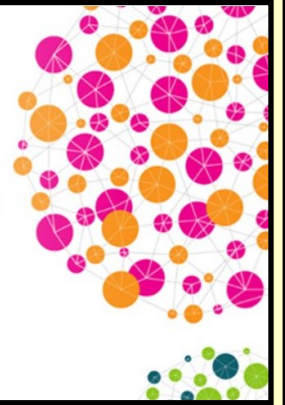
BRITISH SCIENCE WEEK

Year 1 learnt about the seasons and made seasons

wheels. They also did a jelly experiment to see how long different recipes take to set.

8-17 March

British
Science
Week
2024

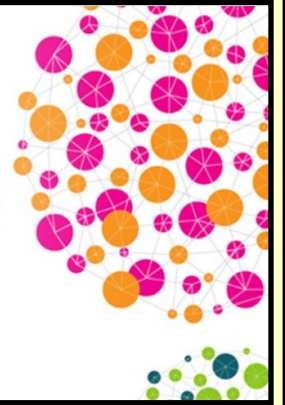


BRITISH SCIENCE WEEK

Year 5 were separating mixtures made of solids and liquids using a sieving process and completing a water timer experiment.

8-17 March

British
Science
Week
2024



ATTENDANCE

We will be sending a letter out to parents and carers early next week with information about school attendance. A hot topic in the news at the moment due to a significant drop in school attendance nationally. Please look out for this letter in your inboxes, as the aim is to support those children and families who are struggling to meet attendance expectations. We will also be informing you of your child's attendance currently and providing a useful aid memoire with what 'good' attendance looks like.

AND FINALLY ...

We are starting to see a number of children on their own waiting at the KS2 gate on a morning from 8.30am. Can I please remind you that these gates open from 8.50am until 9.00am and there is no need to be outside the school grounds so early.

The ten minute window is there to ease congestion and allow a steady flow into school.

Have a great weekend.

Best wishes,

Paul Anderson
Headteacher



Picture News

TAKEHOME 18 - 24 March



What's the best way to handle disappointment?

In the news this week

Many families travelled to Glasgow for an event that claimed to channel the magic of Charlie and the Chocolate Factory. On its website, Willy's Chocolate Experience, guaranteed chocolate fountains, performances by Oompa Loompas, and interactive experiences, with tickets priced at £35 per person. Visitors were greeted by rows of large empty tables and walls of black fabric separating different, almost empty, spaces. Upon facing crowds of disappointed ticketholders, organisers decided to cancel the two-day event after the first morning.

Things to talk about at home ...

- How do you think visitors to the experience might have felt when they realised the experience differed from what they expected?
- Can you think of a time when something didn't go well, even though you tried or thought it would? How did you deal with it?

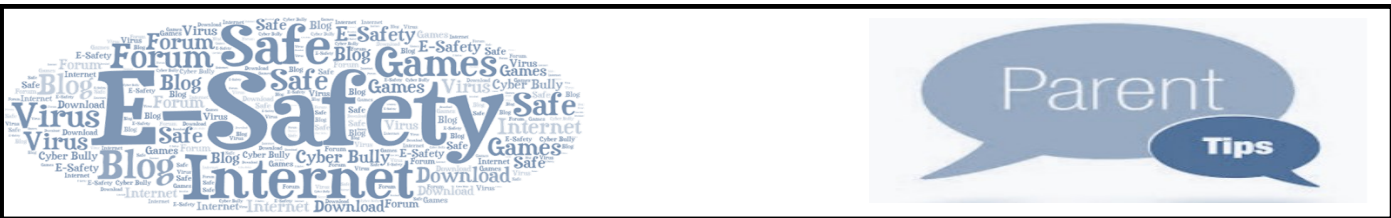
Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators DEVELOPING HEALTHY SLEEP PATTERNS

Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping – potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

1 MINDFUL TECH USE

Encourage a balanced approach to screen time. While phones, laptops, tablets and so on can serve as a helpful means of stress relief, it's advisable to minimise their use right before bed. These devices can keep the mind racing long after they're switched off, impacting how easily and how well a person can sleep.

2 EFFECTIVE SLEEP PRACTICES

Offer practical advice on reinforcing certain habits that have a positive influence on sleeping patterns. Children could start keeping a diary which they add to each evening, for example – or they could use up excess energy by exercising during the day.

3 HYDRATION HABITS

Underline the importance of drinking plenty of water throughout the day, while limiting drinks close to bedtime to prevent disruptions during the night: it's a lot harder to switch off if you keep needing to get out of bed for the toilet. Avoiding caffeinated drinks later in the day also allows the body and brain to slow down naturally, without any chemicals firing them back up.

4 CONSISTENT BEDTIME SCHEDULE

Assist children in developing consistent bedtime routines that tell the body it's time to wind down, promoting a more relaxed state. Establish specific activities for young ones right before going to bed – such as brushing their teeth – to set up an association between that action and falling asleep.

5 OPTIMAL SLEEP ENVIRONMENT

Ensure that the bedroom is comfortable, dark and free from distractions, fostering an ideal space for quality rest. The room's temperature should also be suitable for sleeping – that is, not too hot and not too cold – while rooms should be kept as tidy and free of clutter as possible.

6 RELAXING EVENING ACTIVITIES

Recommend activities that have a calming effect on the mind – such as reading or gentle stretching – in the lead up to bedtime, to prepare the mind for a peaceful night's sleep. Doing something quiet, relaxing and low intensity signals to the brain that it's time to rest and makes falling asleep much easier.

7 PRIORITISING ADEQUATE SLEEP

Emphasise the crucial role of sleep in maintaining physical and emotional wellbeing. It's especially important to sustain a healthy sleep pattern during challenging and intensive periods in our lives: during the exam season for children and young people, for instance.

8 NUTRITIONAL BALANCE

Highlight the significance of a healthy, balanced diet – and its role in establishing a more consistent sleep pattern. Try to lean towards preparing meals with plenty of fruit and vegetables, served in reasonable portion sizes: not only is this a lot healthier, but it also reduces the chances of feeling too full to be comfortable in bed.

9 PARENTAL SUPPORT

Parents and carers, of course, are uniquely situated to support their children in establishing and maintaining healthy sleeping habits. Parents can review their own sleep habits (incorporating anything from this list that they don't do already) to model a balanced bedtime routine and reinforce the importance of self-care.

10 MILITARY SLEEP METHOD

Look up 'the military sleep method': it's a technique for falling asleep quickly, which incorporates deep breathing exercises. You could encourage children to try it or even use it yourself. While it can take a good deal of practice to perfect, eventually it will start to feel natural – and the results are often extremely impressive!

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.



Sophie Dees
HOLIDAY
CLUBS

MUSICAL THEATRE

EASTER HOLIDAY CLUBS

2nd-4th April & 9th-11th April
10:00am - 3:30pm
£75.00 for 3 days
Reception age+
Early drop off // Late collection available

DANCE

ACT

SING

CRAFTS

Do you want your child to try a new activity this Easter without having to commit to weekly classes, so that they can have fun exploring a range of fun performing arts classes - even if they have never done any musical theatre before?

We have the PERFECT club for you! We are delighted to announce that we will be offering two Musical Theatre Holiday Clubs this Easter half term!

These will be three fun-filled days of dance, drama, singing and crafts. Each day will be made up of different workshops from film scripts to songs and dances from some of your favourite musicals and so much more!

WEEK ONE: Tues 2nd - Thurs 4th April

WEEK TWO: Tues 9th - Thurs 11th April

* 10:00 - 15:30

* Early drop off option available from 9am for an additional £5

* Late pick up available until 4pm for an additional £3

* Open to all children from Reception age upwards

* £75 per club, per child

<https://www.sophiedeeschoolofdance.co.uk/holiday-clubs/>



Community
Trust

COUNTY CAMPS

County football training holiday camps are back this Easter!
For both boys & girls aged 5 - 12 years old.



Tuesday 2nd - Thursday 4th & Tuesday 9th - Thursday 11th April | £30 per day or £75 three day offer

What's on offer - fun training sessions lead by qualified coaches,
visit from Stockport County players and fun competitions.
Where - Stockport Sports Village, Lambeth Grove, Stockport SK6 1QX

Limited Availability - Sign up now to secure your child's spot! Scan the above QR code to sign up

DOES YOUR CHILD LOVE MUSIC?

bring them to our Infant Music Makers open rehearsal!



Infant Music Makers is centred around the early development of basic musical skills through singing, playing instruments and most importantly, having **fun!**

Children have a choice of beginner instruments to learn: pBuzz or violin alongside percussion and singing activities to develop basic skills and musicianship. They will also take part in a termly performance!

Come for a taster session!

WHEN?

Thursday 18th April 2024

WHERE?

Stockport Music Service, SK6 1DJ

WHO?

Children in Reception, Year 1 or Year 2.


REGISTER YOUR PLACE BY EMAILING
lauren.mcgovern@stockport.gov.uk

Infant Music Makers runs during term time on Thursdays from 4.00pm - 6.00pm!

4.00-4.45 - Singing Session!

4.45-5.00 - Break

5.00-6.00 - Instrumental, percussion & musicianship skills (for children in Y1 & Y2 only)

 **Membership is just £45 per term!**

T: 0161 483 7636

E: lauren.mcgovern@stockport.gov.uk

STOCKPORT
MUSIC
SERVICE





POYNTON
Sports Club

Ever thought OF taking up BOWLS?

Contact Jane for more info or just turn up on the day!

FREE Bowls Taster Day
Saturday 23rd March 2024
10am to 3pm

Free for everyone to come and play and have fun. For all ages. Experienced bowlers will be coaching on the day.

£20
for the
4 week
session

Bowls Coaching
From Saturday 6th April
to Saturday 27th April
10am to 12noon

4 weeks coaching by experienced bowlers



Open to all ages. Flat shoes must be worn.

www.poyntonsports.com

Poynton Sports Club • London Road North

Poynton • Stockport • SK12 1AG

Club Manager - Jane Williams 07984 526 534