

17th April 2020

# Moorfield News

Responsibility Perseverance Compassion Thankfulness

Dear Parents and Carers and the Moorfield children,

I hope you are all well and had relaxing Easter weekend.

I'm sure you are all aware after yesterdays announcement, lockdown will continue to be in force for the next three weeks and as a school, we will continue to support the Moorfield community however we can.

Class teachers will continue to provide learning ideas for the children remotely and an overview for the week will be available on a weekly basis to provide you with flexibility in the activities you want to get involved in. I know you are accessing learning through the VLE or Class Dojo and many of you are interacting with the teachers and keeping in touch. We are here to support in any way we can so please keep in touch and let us know how you are all doing.

Those on free school meals, should receive an email on Sunday (if you haven't received one already) from Edenred who are providing the FSM vouchers. This email should provide a link to the voucher for the week. We have set this up for the half term so you receive an email every Sunday for the next 5 weeks. If there are any problems please contact the school office on Monday morning.

## ADULT AND CHILD WELLBEING

The Stockport council website has some great wellbeing support tools for children which you can look at here if they are finding it difficult being away from school and friends. <https://stockport.fsd.org.uk/kb5/stockport/fsd/localoffer.page>

There is also support for adult wellbeing in Stockport. Stockport Council and Stockport NHS CCG have formally launched three new emotional health, wellbeing and mental health services, which are available to residents of Stockport. Whilst these are all the more relevant during the COVID-19 crisis, these will form part of the council and the CCGs' ongoing offer to residents in relation to emotional wellbeing.

The services are:

- The Big White Wall – [www.bigwhitewall.com/](http://www.bigwhitewall.com/), which offers 24/7 anonymous support via a digital emotional wellbeing and mental health service, offers peer support for anyone over the age of 16 as well as support from trained clinicians alongside a range of helpful tools and resources. To access this, if you are a Stockport resident register by using your own postcode.
- The establishment of the new 24/7 mental health helpline and (currently virtual) safe haven for anyone over the age of 18 in Stockport (0800 138 7276), commissioned by Stockport NHS CCG and provided by the charity Making Space
- An Emotional Wellbeing Hub which provides information, advice, and guidance for anyone up to the age of 25 for emotional wellbeing and mental health concerns. Access to this is through the Multi-Agency Safeguarding and Support Hub (MASSH) – 0161 217 6028 – 8.30am–5pm Mon – Thurs 8.30am–4.30pm on Friday.

More information about looking after your health and wellbeing can also be found at: <http://www.stockport.gov.uk/wellbeingcoronavirus>.

Best wishes,

Mr Anderson

You're not alone

Mental health and emotional wellbeing support available

THREE NEW EMOTIONAL WELLBEING AND MENTAL HEALTH SERVICES LAUNCHED FOR STOCKPORT RESIDENTS

STOCKPORT  
METROPOLITAN BOROUGH COUNCIL



# Picture News

at Home

20<sup>th</sup> April 2020

What's going on this week?



New figures revealed on the 7th April by the Department of Transport show that only a very small proportion of people in the UK are still travelling during the lockdown period that the government have imposed during the COVID-19 outbreak. Visits to shops, museums and cafes in the UK have fallen by 85% since the coronavirus outbreak, according to data shared by Google. The government has supported Google in using data in this way.

*Things to talk about at home...*

- 🤖 Have you used technology to communicate with friends or family outside of your home? If so, do you think you will continue to use this after the lockdown period has ended?
- 🤖 What changes have your family made to reduce the amount you leave your home? Do you think you will continue with any when the restrictions are lifted?

*Please note any interesting thoughts or comments here...*