

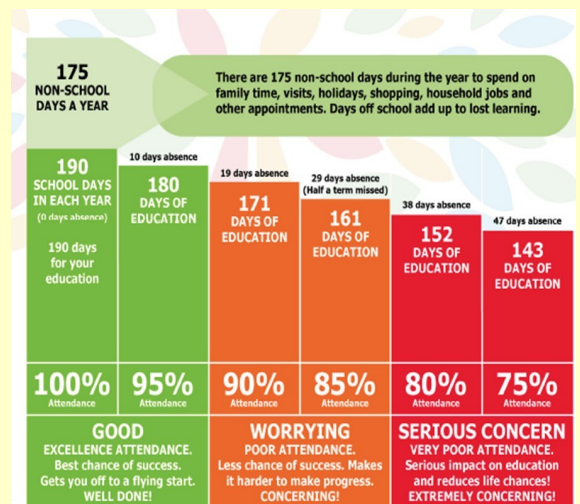
Moorfield News

Responsibility Perseverance Compassion Thankfulness

1 WEEK OF THE SUMMER TERM TO GO

With the final week approaching a reminder of the events we have to look forward to.

- 1) We have our final end of half term achievers assembly on Monday morning for those children who have been chosen. You will have been contacted this week if your child is receiving an award. R/KS1 9.15am, YR3/4 10am, YR5/6 10.30am.
- 2) End of Year reports will be coming home with your child on Monday and will include your child's attendance record for the year along with our attendance poster so you are aware of attendance expectations. For those with children in Reception (EYFS Profile), Year 1 (Phonics), Year 4 (Multiplication Tables and Year 6 (KS2 SATs), you will also receive the statutory examination information from this years testing.
- 3) Sports Day will now take place on Thursday 25th July. KS2 9.30am and R/KS1 1.30pm. We couldn't believe the state of the field on Tuesday and a check on Wednesday confirmed the fear that it would still be flooded. We will do our very best to hold this event next week.
- 4) Year 6 Leavers Assembly will take place on Friday at 9.30am for our Year 6 pupils and parents/ carers. This will take place in the KS1 Hall and parents should enter by the KS1 gate from 9.15am.



Great attendance means being in school at least 97%.

Did you know? A two week holiday in term time means that the highest attendance you can achieve is 94.5%.

SPORTS WEEK

Even though the field was out of action from Tuesday, the weather for Sports Week was good overall. A thank you to John and Dom Lloyd from UK Sports and other local community clubs for supporting us this week including: Hazel Grove United Football Club, Hazel Grove Tennis Club, Scoot Fit and Event Stuff with their golf experience. Hazel Grove United and Bramhall Hockey Club would welcome any children who want to take up these sports outside of school. If you or your child are interested then please get in touch with them. Information on the following page.





Summer Holiday Camps
Have you arranged childcare for the summer!?

Ultimate Football / GK Wars / MultiSports / Dance Indoor & Outdoor facilities. Hazel Grove Sports Centre & Romiley Primary School.

Timings: 8-30am (Early bird) 9am to 3.30pm (standard day) 4pm (Late stay) 4:30pm (Romiley) Ofsted registered childcare provider - we accept childcare vouchers as payment.

Book now: <https://uk-sports-coaching-ltd.classforkids.io/camps> For more information please feel free to contact us: 07891205763 info@uksportscoaching.co.uk www.uksportscoaching.co.uk #uksports #summer #camp #football #multisports #dance #hazelgrove #stockport #quality #assured #compliant

UKSports Coach, Dom Lloyd, delivered amazing hockey sessions to the KS2 children on Wednesday. If any of the children are interested and enthused by hockey please see the local club flyer here:



BRAMHALL HIGH SCHOOL, SEAL ROAD, BRAMHALL, SK7 2JT

JOIN US TODAY!
COME & PLAY



WEBSITE: [HTTPS://STOCKPORTINOHOCKEY.CO.UK](https://stockportinohockey.co.uk)
EMAIL: CONTACT@STOCKPORTINOHOCKEY.CO.UK



WE AT STOCKPORT BRAMHALL HOCKEY CLUB ARE LOOKING FOR NEW PLAYERS OF ALL AGES TO COME AND JOIN OUR ESTABLISHED CLUB! TEAMS INCLUDE:

- 3 MENS TEAMS
- 5 LADIES TEAMS
- MIXED HOCKEY
- U7'S UP TO U16'S



HAZEL GROVE UNITED J.F.C
ACADEMY
EST. 1958

THURSDAY EVENINGS
6PM - 7PM
HAZEL GROVE HIGH SCHOOL ON THE 4G PITCH

CHILDREN AGED 4-7 | BOTH BOYS AND GIRLS WELCOME

1ST SESSION FREE
THEN ONLY £5 A SESSION

For more information:
CALL: Ant - 07850 063 939 / Paul - 07970 076 390
EMAIL: secretary@hgujfc.co.uk

VISIT OUR WEBSITE TO DOWNLOAD A REGISTRATION FORM

www.hgujfc.co.uk



/hazelgroveunited



@HGUJFC

1958 - 2018 CELEBRATING 60 YEARS AT THE HEART OF THE LOCAL COMMUNITY

Hazel Grove United J.F.C is an FA Charter Standard Club



YEAR 4 LOCAL AREA WALK

The children carried out a tally of the different facilities that are available in our local area. The children were particularly excited to walk past the High School and to walk through the park! They then compared results when they got back to school to see how many different businesses and recreational facilities they'd spotted.



YEAR 5 VENTURE OUT

Our Year 5's, as part of their Rivers topic, took a trip down the Mersey last Friday to learn more about our river. A fantastic trip.



ANNUAL POTATO COMPETITION

A disappointing crop this year due to the wet weather but a big well done to 6G who won this year.



SCHOOL CROSSING PATROL

We will be losing Mark, our school crossing patrol person after summer so there is currently an advert online for the post. If you know anyone who would be interested then please share this advert with them.

SCHOOL CROSSING PATROL VACANCY – Hazel Grove

- A rewarding position as an employee of Stockport Council
- A chance to work close to where you live
- A healthy, fresh air environment
- An opportunity to meet and talk with people in the community
- A chance to help to make a safe environment for children who are travelling to and from school.

Location and working hours:-

Lyndhurst Ave/outside Moorfield Primary School

Hours 5:00 pe week

Salary £11:59 per hour

Applicants will be subject to a criminal records check. Full training and uniform are provided.

For further details go to the following website:

<https://stockportjobs.engageats.co.uk>



STOCKPORT
METROPOLITAN BOROUGH COUNCIL

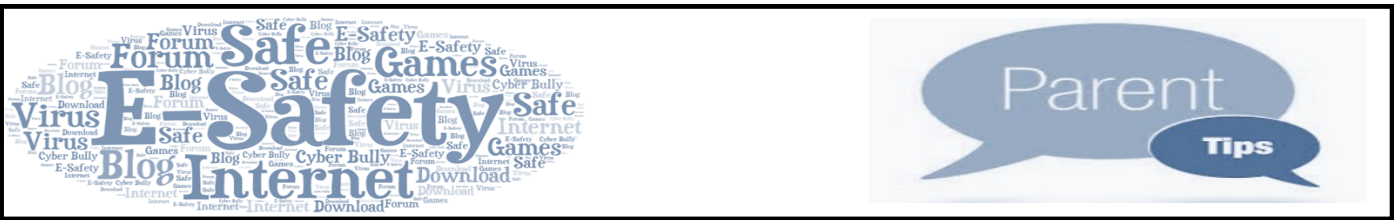
AND FINALLY ...SCHOOL UNIFORM

A reminder that the badge on the school uniform changes from September. The new uniform from our school supplier My Clothing Ltd www.myclothing.com is now providing uniform with the tree logo on. However, we will still allow uniform with the sun blush logo on for the foreseeable future. A reminder, there is no obligation to buy uniform with the school logo on as per our school uniform policy.



Best wishes,

Paul Anderson
Headteacher



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about WORRY AND ANXIETY

Worry and anxiety are common emotions experienced by children, often triggered by uncertainty or fear. While worry involves concern about future events, anxiety is a persistent feeling of dread or apprehension. Current statistics indicate a rising prevalence of anxiety disorders among children, and this guide has some expert advice on understanding and addressing these concerns.

UNDERSTANDING WORRY AND ANXIETY

Worry and anxiety are emotional responses to stress or uncertainty. Worry is typically associated with potential misfortune, while anxiety is characterised by feelings of fear, apprehension or unease. Both can manifest physically through symptoms such as restlessness, fatigue or muscle tension. Understanding the distinction between worry and anxiety is crucial for effectively addressing these concerns in children.



DIFFERENTIATING WORRY FROM ANXIETY

While worry and anxiety share similarities – in that they both involve concerns about possible trouble – anxiety tends to be more constant and overwhelming. Worry may come and go depending on circumstances, whereas anxiety can linger regardless of the situation. It's essential to recognise when the former crosses into the latter, as anxiety can significantly impact a child's daily functioning and wellbeing.



WHAT ARE THE RISKS?

LONG-TERM CONSEQUENCES

Untreated worry and anxiety in childhood can have potentially lifelong impacts on a person's mental health and wellbeing. Chronic anxiety may increase the risk of developing anxiety disorders, depression or other mental health conditions later in life. Additionally, unresolved worry and anxiety can negatively impact self-esteem, confidence and overall resilience. It's essential to address these concerns proactively and provide appropriate support and intervention.



THE EMOTIONAL TOLL

The emotional impact of worry and anxiety on children can be significant, affecting their overall quality of life and wellbeing. Children experiencing chronic worry or anxiety may feel overwhelmed, irritable or helpless. They may also withdraw from social activities or avoid situations that trigger their anxiety, leading to feelings of isolation or loneliness. Addressing these concerns early can help prevent long-term emotional distress and promote healthy coping strategies.



THE IMPACT ON CHILDREN

Excessive worry and anxiety can have profound effects on children's mental and emotional health. It may interfere with their ability to concentrate, sleep or participate in daily activities. Chronic worry and anxiety can also lead to physical symptoms such as headaches, stomach aches or difficulty breathing. Left unchecked, these concerns can escalate and potentially contribute to the development of anxiety disorders later in life.



ACADEMIC & SOCIAL IMPACTS

Impacts on the academic performance and social interactions of children and young people are very possible. Frequent worry or anxiety may impair concentration, memory and problem-solving skills, making it difficult for children to succeed in education. Anxiety can also hinder social development by causing children and young people to avoid social situations or to struggle with communication and interpersonal relationships, potentially leading to feelings of isolation or exclusion.



Advice for Parents & Educators

ENCOURAGE OPEN COMMUNICATION

Parents and educators can foster a supportive environment by encouraging children to express their worries and anxieties openly. Actively listening and acknowledging young people's emotions can help them feel understood and supported, reducing the situation's intensity. Creating opportunities for regular check-ins and discussions about one's feelings can promote healthy coping strategies and strengthen communication bonds.



CREATE A SUPPORTIVE ENVIRONMENT

Parents and educators play a crucial role in creating a supportive environment that promotes emotional wellbeing. Establishing routines, providing predictability and offering reassurance can help relieve anxiety and create a sense of security for children. Foster a culture of empathy and understanding, where children feel safe enough to express their emotions and seek support when needed.



TEACH COPING STRATEGIES

Empowering children with effective coping strategies is essential for managing worry and anxiety. Encourage the use of relaxation techniques such as deep breathing, mindfulness or progressive muscle relaxation to calm anxious thoughts and promote a sense of composure. Additionally, teaching positive self-talk and problem-solving skills can help children develop resilience and confidence in managing challenging situations.



SEEK PROFESSIONAL HELP

Recognising when to seek professional help is vital for addressing significant or persistent worry and anxiety in children. If worry or anxiety significantly impacts a child's daily functioning, interferes with their relationships or academic performance, or causes significant distress, it may be necessary to consult with a mental health practitioner. Early intervention can prevent long-term consequences and promote positive outcomes for children's psychological wellbeing.



Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penstone Grammar School and works on secondment one day a week for Minds Ahead, which collaborates with schools on improving their mental health provisions.

